

Product Name: KIND Kids, Honey Oat Granola Bar
Manufacturer Code: 570465684
Availability: Walmart, Target

Allergens & Warnings:

CONTAINS: MAY CONTAIN PEANUTS, TREE NUTS, SOY, & SESAME SEEDS



Nutrition Facts	
Serving Size	23 g
Servings Per Container	10
Amount Per Serving	
Calories	90.0 Cal
% Daily Value	
Total Fat 2.5g	3%
Saturated Fat 0.0 g	0.0
Trans Fat 0.0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 1.5 g	
Cholesterol 0.0 mg	0.0
Sodium 55.0 mg	2.0
Potassium 46.0 mg	0.0
Total Carbohydrate 16g	6%
Dietary Fiber 1.0 g	4.0
Sugars 5.0 g	10.0
Protein 1.0 g	
Calcium 0.0	7.0 mg
Iron 0.0	0.0 mg
Vitamin D 0.0	0.0 mcg

Ingredients: OATS, TAPIOCA SYRUP, HONEY, CANOLA OIL, BROWN RICE, CANE SUGAR, BROWN RICE FLOUR, SORGHUM, QUINOA, SEA SALT, CINNAMON, VANILLA EXTRACT, VITAMIN E (TOCOPHEROLS TO MAINTAIN FRESHNESS).

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 **Your product is compliant!**

For future reference and report documentation, enter the brand, product name, and then print.

Brand:

Product:

 Print


Nutrition Facts

Competitive Snack

Whole Grain rich item

A whole grain is not the first ingredient, but the vendor has confirmed that the product is 51% or more whole grain by weight.

Serving Size	23	<input type="radio"/>	Ounces
		<input checked="" type="radio"/>	Grams (Use grams where available)
Servings Per Container	1		
Calories Per Serving	90	Calories from Fat	19
Total Fat (g)	2.5		
Saturated Fat (g)	0		
Trans Fat (g)	0		
Sodium (mg)	55		
Sugars (g)	5		

	Elementary School	Compliant
	Middle/High School	Compliant

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container