

**Product Name:** Goldfish Baked Graham Snacks w/ Whole Grain Honey Grahams  
**Manufacturer Code:** 16676970  
**Availability:** Target, Walmart, Costco

**Allergens & Warnings:**  
**CONTAINS: WHEAT, MILK, AND SOY.**



<b>Nutrition Facts</b>	
Serving size 40 Pieces (30g/1.1oz.)	
About 6 Servings Per Container	
Amount per serving	
<b>Calories 140</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	8%
Saturated Fat 1g	6%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2.5g	
<b>Cholesterol 0mg</b>	0%
<b>Sodium 140mg</b>	6%
<b>Total Carbohydrate 22g</b>	7%
Dietary Fiber 1g	5%
Total Sugars 7g	
<b>Protein 2g</b>	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

**INGREDIENTS**

MADE WITH SMILES AND WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OILS (CANOLA, PALM KERNEL, PALM), SUGAR, CORNSTARCH, HONEY, BROWN SUGAR (SUGAR, INVERT SUGAR, MOLASSES), CONTAINS 2 PERCENT OR LESS OF: UNSULPHURED MOLASSES, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE), NONFAT MILK, SALT, CORN SYRUP SOLIDS, SOY LECITHIN.

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**✔ Your product is compliant!**

For future reference and report documentation, enter the brand, product name, and then print.

Brand:

PEPPERIDGE FARMS

Product:

GOLDFISH BKD HONEY

 Print



## Nutrition Facts

Competitive Snack

Whole Grain rich item

A whole grain is not the first ingredient, but the vendor has confirmed that the product is 51% or more whole grain by weight.

Serving Size	30	<input type="radio"/>	Ounces
		<input checked="" type="radio"/>	Grams (Use grams where available)
Servings Per Container	1		
Calories Per Serving	140	Calories from Fat	45
Total Fat (g)	5		
Saturated Fat (g)	1		
Trans Fat (g)	0		
Sodium (mg)	140		
Sugars (g)	7		

	Elementary School	Compliant
	Middle/High School	Compliant

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container