

Product Name: Menchie's Cookies 'N' Cream Frozen Yogurt
Manufacturer Code: 857628008099
Availability: Menchie's

Allergies & Warnings:

Contains: Milk, Wheat, Soy. Manufactured in a facility that processes tree nuts, eggs, milk, soy and wheat.



Nutrition Facts

1 serving per container
Serving Size 4 fl oz (84g)

Amount per serving
Calories 120

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0.5g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrates 24g	9%
Dietary Fiber 0g	0%
Total Sugar 18g	
Includes 13g Added Sugars	26%

Protein 3g	
Vitamin D 0mcg	0%
Calcium 112mg	10%
Iron less than 1mg	2%
Potassium 182mg	4%

Ingredients:

Vanilla Yogurt (Pasteurized & Cultured Skim Milk, Sugar, Corn Syrup, Whey, Stabilizer & Emulsifier [Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Standardized with Dextrose], Artificial Flavor, Annatto [Color]), Chocolate Cookie (Sugar, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid], Palm Oil, Soybean Oil, Cocoa [Processed with Alkali], Invert Sugar, Contains 2% Or Less of The Following: Corn Flour, Corn Starch, Salt, Baking Soda, Natural Flavor, and Soy Lecithin).

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 **Your product is compliant!**

For future reference and report documentation, enter the brand, product name, and then print.


Brand:

MENCHIE'S

Product:

COOKIES 'N' CREAM

Nutrition Facts

 Print

Competitive Snack
Dairy Food
Other

Serving Size	84	<input type="radio"/>	Ounces
		<input checked="" type="radio"/>	Grams (Use grams where available)
Servings Per Container	1		
Calories Per Serving	120	Calories from Fat	13.5
Total Fat (g)	1.5		
Saturated Fat (g)	0.5		
Trans Fat (g)	0		
Sodium (mg)	90		
Sugars (g)	18		

	Elementary School	Compliant
	Middle/High School	Compliant

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container