



Dear Parent:

As parents, we understand you want your child to be as healthy and happy as possible. Scoliosis, a curving of the spine, affects 2% of girls and 0.5% of boys. It is typically diagnosed between the ages of 10 and 14 years from a routine screening by physician or school nurse.

With the need for this service increasing, we are pleased to inform you that Dayton Children's orthopedic division has begun assisting area schools with scoliosis screening. Molly Depoorter, RN, will be providing screenings to the students at your child's school.

In the near future a postural screening program will be conducted in the school to detect possible spinal problems in students. In other areas where such screening has been done, spinal variations have been detected in ten out of every one hundred students. Two of these ten have required active medical treatment.

The procedure for screening is a simple one in which a trained nurse from Dayton Children's inspects the student's posture as he or she stands and bends forward. If a postural problem is suspected, a referral for further evaluation by your physician, pediatrician or orthopedist will be made.

In order to adequately visualize the student's spine, we ask that the girls wear a sports bra or cami under their shirts.

The purpose of this program is to recognize the problem at its earliest stages so the need for treatment can be determined. Several students at the high school level have needed surgery that could have been prevented had the problem be recognized while the students were in middle school.

If your child is currently under active treatment for a postural problem or if you do not want your child screened, would you please indicate below and return this letter to your child's school nurse.

☐ My child is currently under medical treatment for a postural problem by Dr. _____

☐ I do not wish to have my child participate in the screening program for postural problems.

Student Name _____

Grade _____

Parent Signature _____