

## **Approved Snack List (6th)**

***This list was created for your convenience. It includes foods that do NOT contain peanuts, tree nuts or lentils.\* For the safety of all the children in our classroom, please choose only foods from this list. Thank you!***

### **Snacks**

- NO nut butter (such as peanut, cashew and almond butter)

### **Fruits/Vegetables**

- all fresh fruits and vegetables (no dips or dressings, please)
- plain dried cranberries and/or raisins
- packaged fruits cups (no toppings or mix-ins)
- apple sauce
- fruits snacks or roll-ups

### **Dairy**

- cheese sticks or cottage cheese (plain only)
- yogurt (no toppings or mix-ins, ex: granola, cereal, cookies, candy)

### **Crackers**

- rice cakes
- graham crackers
- Teddy Grahams
- Cheez-Its
- oyster crackers
- Saltine crackers
- Ritz crackers
- Triscuits
- Goldfish
- pretzels (plain only)

### **Cookies**

- Oreos (plain), Mini Oreos, Oreo Thin Crisps
- Fig Newtons
- Nilla Wafers
- Enjoy Life brand cookies/bars/protein bites (all varieties)- NO lentil chips
- Nutrigrain bars

**Chips/Popcorn**

- Cheetos
- Doritos
- Fritos
- Ruffles/Lay's potato chips
- Sun Chips
- Tostitos tortilla chips
- Bugles (original)
- Stacy's pita chips
- Skinny Pop popcorn
- Smartfood

**Drinks**

- bottled water
- juice
- milk (NO nut milks, please)

**\*This list reflects ingredients at this time. Please keep in mind that ingredients may change at any time.**