

***LACS Wellness Policy – Triennial Assessment
February 2019***

According to district policy 5661 Wellness, at least once every three years the District will assess its compliance with this wellness policy. The triennial assessment will provide the following information and measure the implementation of this wellness policy:

The following District official is responsible for managing the District's triennial assessment: *Curriculum Coordinator*

The contact information for this individual is: *315-376-9000*

The District will actively notify the public of the availability of the triennial assessment results. *The public was notified of the availability of the triennial assessment results via the district's website on March 5, 2019 and the March newsletter. Following is the information shared via the website and newsletter:*

District Wellness Policy

Every school district is required to have a wellness policy. The Lowville Health & Wellness Committee recently completed a review of district policy to ensure we are in compliance with all state and federal regulations, as well as a triennial assessment of our progress toward the goals of the policy. The Wellness policy and the results of the triennial assessment can be accessed from the district website by clicking on the District tab > Forms and Publications > District Documents > Wellness Policy. Community members interested in serving on the district's Health & Wellness Committee may contact the District Wellness Coordinator, Marie Western, at 315-376-9000.

This Triennial Assessment was conducted *February 26, 2019 by the district's Health & Wellness Committee.*

Members of this committee are: *Marie Western, Chairperson and District Curriculum Coordinator; Sue Bush, Teacher; Julene Fayle, Teacher; Anna Platz, Lewis County Public Health; Nicole Ortlieb, Teacher; Christopher Riley, Teacher; Steve Fuller, District Food Service Director; Jackie Blunt, School Nurse; Michelle Jones, OT; Sherry Beyer, PT; Joe Widrick, Teacher; Suzanne Schwarting, Teacher; Marcy Petzoldt, Teacher.*

Assessments of the implementation of the wellness policy:

- a) The extent to which schools in the District are in compliance with this wellness policy: *Each of the three schools are in compliance with regulations in our district Wellness policy. The next priority for the Health & Wellness Committee is to develop its implementation plan and to increase the faculty, staff, students, and community familiarity with the district policy to prioritize wellness in their decisions for students.*

Section of the policy	Schools are in compliance – Yes/No
District Wellness Committee	Y
District Wellness Leadership	Y
Wellness Policy Implementation, Monitoring, Accountability, and Community Engagement	Development of an implementation plan is the next order of business for the district's Health & Wellness Committee. Will begin work on this at the June 11, 2019 meeting
Annual Notification of Policy	Y
Triennial Assessments	Y
Revisions and Updating the Policy	Y

Community Involvement, Outreach, and Communications	Y
Recordkeeping	Y
Nutrition	Y
Physical Activity and Education	Y
Other School-Based Activities that Promote Student Wellness	Y

- b) The extent to which this wellness policy compares to model local school wellness policies: *The wellness policy was adopted from a model wellness policy provided by the district's policy service (Erie 1 BOCES) which contains all required elements and recommended language as well as details of local policy and implementation.*
- c) A description of the progress made in attaining the goals of this wellness policy: *At this time, the Health & Wellness Committee identifies our next step in attaining the goals of this policy to be the development of an Implementation Plan. We believe we are in compliance with the district policy and at this time we are ready to move forward in our efforts to encourage and support district and school efforts to enhanced wellness for our students, staff, and community.*