

School Health Updates!

From the District Nurses Christine Drent and Meagan Zindars

Most clinics and doctors' offices are still providing well child visits during these unprecedented times. Please call and get your child's school physical scheduled now. IL State continues to have MANDATORY REQUIREMENTS for school physicals, immunizations, vision, and dental exams for CERTAIN GRADE LEVELS.

Please continue to carefully read this newsletter to see if your student has a requirement to fulfill for the fall 2020/21 school year! The School District will be understanding and flexible given these circumstances that are out of our control and we will all work together to do what's best for you and our students.

***The exam date of the school physical must be within 1YEAR of the start date of the 2020/21 school year.

***Sports physicals are valid for 395 days.

***A SPORTS PHYSICAL DOES NOT MEET THE REQUIREMENT FOR A SCHOOL PHYSICAL!

***However, a SCHOOL PHYSICAL WILL COUNT FOR A SPORTS PHYSICAL!

INCOMING Kindergarten students require:

- School physical & immunization record
- Vision Exam completed by an eye doctor
- Dental Exam

INCOMING 2nd grade students require:

- Dental Exam

INCOMING 6th grade students require:

- School physical & immunization record
- Dental Exam

INCOMING 9th grade students require:

- School physical & immunization record
- Dental Exam

INCOMING 12th grade students require:

- Immunization record
- Needs 2nd meningococcal immunization; if their 1st dose was before their 16th birthday.

Sports Physicals are needed for students playing sports in 5th, 7th, 8th, 10th, 11th, and 12th grade.

*** Remember, a SCHOOL PHYSICAL WILL COUNT FOR A SPORTS PHYSICAL.

Therefore, 6th & 9th graders do not also need a Sports Physical if playing a sport.

IL State School Physical Form

<https://www.dph.illinois.gov/sites/default/files/forms/certificate-of-child-health-examination-03032017.pdf>

IL State Dental Form

<https://www.dph.illinois.gov/sites/default/files/forms/dentalexamform20191022.pdf>

IL State Vision Exam Form

<https://www.dph.illinois.gov/sites/default/files/forms/eye-examination-report-050216.pdf>

IDPH: Minimum Immunization Requirements Entering a School in Illinois

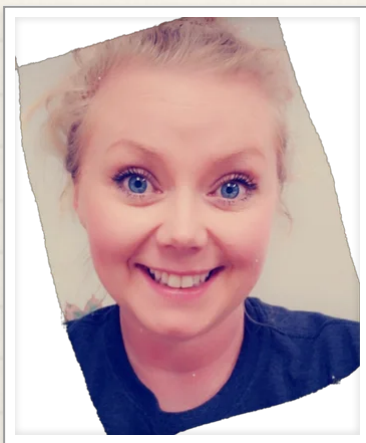
<http://www.dph.illinois.gov/sites/default/files/publications/Minimum%20Immunization%20Requirements.pdf>



The Flu Shot.... not required, however it is HIGHLY RECOMMENDED!

Click the link to learn how to help protect your child from the flu this fall.....not to be confused with COVID-19. Influenza (flu) and COVID-19 are two different viruses.

<https://www.cdc.gov/flu/pdf/freeresources/family/flu-guide-for-parents-2018.pdf>

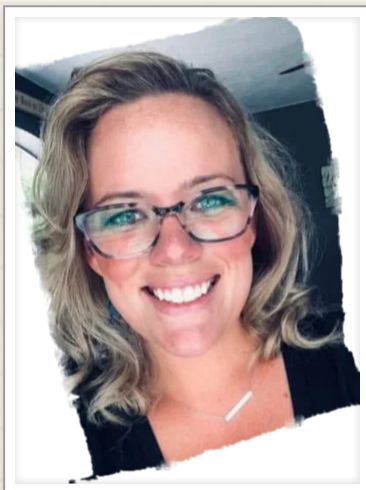


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Please contact either one of us if you have any questions!

We are here for you!

Thank you! Stay safe and healthy!

**#washyourhands #coveryourcough #stayhomeifsick
#socialdistance #missingourstudents**