

Recess Ideas

May 11-15, 2020

By: Mrs. Bethe & Ms. Hunt

Indoor Recess Activities	Outdoor Recess Activities
<p>Masking Tape Challenges - You can create a game of indoor hopscotch or tic-tac-toe, or you can create an obstacle course of straight and zig zag lines your family has to complete by crawling, jumping, walking backwards, and/or while holding something heavy.</p>	<p>TV Tag - First, decide who is "it." When the person who is "it" tags someone, they are frozen in place. To be unfrozen, someone must touch them and yell out the name of a TV show. A TV show name can only be used once. Continue playing until all are frozen. The last person to be tagged is "it" for the next game.</p>
<p>Lunch Doodles with Mo Willems- Get your pens, paper, pencils, crayons, and drawing hands ready. Click on the link below to have a virtual lunch doodle session with children's author Mo Willems. https://www.youtube.com/playlist?list=P_L14hRqd0PELGbKihHuTqx_pbvCLqGbOkF</p>	<p>Outdoor Sketching Scavenger Hunt - Grab some paper and something to write/sketch with. Take a walk with your family and find things with different textures. Make a chart and sketch what you find. (Example: find something rough, smooth, bumpy, etc).</p>
<p>Doggy Doggy - Pick a player to be the doggy. Have this player step out of the room. Then, give a plastic bone or any other object to another player and have him/her hide it. Next, have the doggy return. Once he/she returns, the doggy must decide where the item is. The doggy gets three chances. If he/she chooses correctly then he/she is the doggy again. If he/she chooses incorrectly then another player gets a turn.</p>	<p>Mother, May I?- This game is set up in the same way as Red Light Green Light. One person in the group asks the person in the front, "Mother, may I take steps forward?" The person at the front then says, "Yes, you may" or "No, you may not." You can vary your requests by including options such as taking baby steps, spinning steps, or leaps. The first person to tag the person in the front wins.</p>

