

# Menus

**School:** Unity West

**Meal:** All

**Month:** September 2023

**Academic Year:** 2023-24

September				
M	Tu	W	Th	F
<p>28</p> <p><b>Breakfast:</b> Bagel Cream Cheese or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Taco Meat, Lettuce, Cheese Applesauce Tortilla Chips Milk</p>	<p>29</p> <p><b>Breakfast:</b> Cheese Omelet or Cereal Toast Fruit Milk Juice</p> <p><b>Lunch:</b> Pasta with Meat Sauce Corn Fruit Cocktail Breadstick Milk</p>	<p>30</p> <p><b>Breakfast:</b> French Toast or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Mini Corn Dogs Tater Tots Fruit Milk</p>	<p>31</p> <p><b>Breakfast:</b> Biscuits/Gravy or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Fish Shapes Green Beans Fruit Milk</p>	<p>1</p> <p><b>Breakfast:</b> Glazed Donut or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Pizza Salad Oranges Milk</p>
<p>4</p>	<p>5</p> <p><b>Breakfast:</b> Sausage/Egg/Cheese Biscuit or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Cheeseburger Baked Beans Pears Milk</p>	<p>6</p> <p><b>Breakfast:</b> Waffles or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> BBQ Pork/Bun Potato Salad Applesauce Milk</p>	<p>7</p> <p><b>Breakfast:</b> Breakfast Pizza or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Chicken Nuggets Green Beans Fruit Cocktail Milk</p>	<p>8</p> <p><b>Breakfast:</b> Muffin or Cereal Fruit Juice Milk</p> <p><b>Lunch:</b> Quesadilla Salad Mandarin Oranges Milk</p>
<p>11</p> <p><b>Breakfast:</b> Bagel Cream Cheese or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Grilled Chicken Patty/Bun Baked Beans Pineapple Milk</p>	<p>12</p> <p><b>Breakfast:</b> Cheese Omelet or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Mini Corn Dogs Tater Tots Fruit Milk</p>	<p>13</p> <p><b>Breakfast:</b> French Toast or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Chicken Alfredo Cooked Broccoli Applesauce Milk</p>	<p>14</p> <p><b>Breakfast:</b> Biscuits/Gravy or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Chicken Strips Mashed Potatoes Peaches Milk</p>	<p>15</p> <p><b>Breakfast:</b> Glazed Donut or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Pizza Salad Oranges Milk</p>
<p>18</p> <p><b>Breakfast:</b> Pancake/Sausage on stick or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Chicken Patty Sandwich Green Beans Pineapple Milk</p>	<p>19</p> <p><b>Breakfast:</b> Sausage/Egg/Cheese Biscuit or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Corn Dog Cooked Broccoli Fruit Cocktail Milk</p>	<p>20</p> <p><b>Breakfast:</b> Waffles or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Turkey/Cheese/Bun Baby Carrots Apple Slices Chips Milk</p>	<p>21</p> <p><b>Breakfast:</b> Breakfast Pizza or Cereal Fruit Milk Juice</p> <p><b>Lunch:</b> Cheeseburger Baked Beans Pears Milk</p>	<p>22</p> <p><b>Breakfast:</b> Muffin or Cereal Fruit Juice Milk</p> <p><b>Lunch:</b> Quesadilla Salad Mandarin Oranges Milk</p>
<p>25</p> <p><b>Breakfast:</b> Bagel Cream Cheese or Cereal Fruit Milk</p>	<p>26</p> <p><b>Breakfast:</b> Cheese Omelet or Cereal Fruit Milk</p>	<p>27</p> <p><b>Breakfast:</b> French Toast or Cereal Fruit Milk</p>	<p>28</p> <p><b>Breakfast:</b> Biscuits/Gravy or Cereal Fruit Milk</p>	<p>29</p> <p><b>Breakfast:</b> Glazed Donut or Cereal Fruit Milk</p>

Juice	Juice	Juice	Juice	Juice
<b>Lunch:</b> Rib Patty/Bun Broccoli Applesauce Chips Milk	<b>Lunch:</b> Bosco Sticks Marinara Sauce Carrots Fruit Cocktail Milk	<b>Lunch:</b> Mini Corn Dogs Tater Tots Fruit Milk	<b>Lunch:</b> Cheese Ravioli Green Beans Peaches Breadstick Milk	<b>Lunch:</b>  EARLY DISMISSAL 11:15 AM