

Gopher Matrix for Ophir Students

Be Respectful	Encourage your child to say "please" and "thank you".	Encourage your child to listen and follow directions.	Teach your child to maintain eye contact while talking with others.	Encourage your child to behave in a mature manner.	Teach your child the difference between appropriate and inappropriate language.	Remind your child about the value of their education.	Teach your child to resolve conflicts by using words.	Encourage your child to do their personal best in school.
Be Responsible	Provide your child with a quiet place to complete homework.	Make sure your child's homework is complete.	Encourage your child to focus and complete daily assignments.	Encourage and assist your student to attend scheduled online meetings with their teacher.	Encourage your student to keep their body still, voice off, and to have their eye on the speaker during online meetings.	Communicate with your child's teacher regularly with questions or concerns.	Report progress of your child's work back to the teacher.	Encourage your child to find a buddy in class for study help, information, and questions.
Be Safe	Know where your child is and with whom.	Monitor your child's T.V., video games, and Internet use.	Communicate with the parents of your child's friends.	Learn about and look for signs of losing interest in school.	Talk to your child about their feelings, friendships, and stressors.	Teach your child to say "No" when they are pressured to do something they do not want to do.	Provide your child with the items necessary to stay clean and healthy.	Find time for yourself to refresh and release stress. It will help you to be more centered and ready to help your child be successful each day.

At Ophir School we are Respectful, Responsible, Safe and Kind