



Bremen Elementary/Middle School The First 21 Days of Behavior

Taken from *The Essential 55* by Ron Clark

Day 1	<p>✍ After dining in the cafeteria or elsewhere, be responsible for your trash. After we eat, we will clean up after ourselves. This includes cleaning off the table and making sure we haven't left any trash on the floor or around the eating area.</p>
Day 2	<p>✍ Congratulating a classmate. If you win, do not brag; if you lose, do not show anger.. If someone in the class wins a game or does something well, congratulate that person. If you win or do well at something, do not brag. If you lose, do not show anger. Instead say something like, "Good game" or do not say anything at all.</p>
Day 3	<p>✍ Respect other students' comments, opinions and ideas. During discussions, respect other students' comments, opinions, and ideas. When possible, make statements like, "I agree with John, and I also feel that . . .".</p>
Day 4	<p>✍ Cover your mouth when you sneeze or cough and say excuse me. When you cough or sneeze, or burp, it is appropriate to turn your head away from others and cough or sneeze into your elbow. Afterwards, you should say "excuse me."</p>
Day 5	<p>✍ Always say thank you when given something. Always say thank you when I give you something. When you say thank you, you are showing appreciation, which is very respectful.</p>
Day 6	<p>✍ Subject transitions will be swift, quiet, and orderly. When we are in transition from one subject to another, the change will be swift, quiet, and orderly. We should be able to turn from one activity to another as quickly as possible. This includes moving from one classroom to another.</p>
Day 7	<p>✍ When any staff member is present, all class rules still apply. While you are with a substitute teacher or any</p>

	<p>other staff member, you will obey the same rules that you follow when I am with you.</p>
Day 8	<p> Know other teachers' and staff members names and greet them by their name. Quickly learn the names of other teachers and staff members in the school and greet them by saying things such as, "Good Morning Mr. Yelaska."</p>
Day 9	<p> Keep yourself and the bathrooms clean and germ-free. Flush the toilet and wash your hands after using the restroom. This includes making sure that paper towels, and toilet paper are put away properly.</p>
Day 10	<p> Do not stare at a student who is being reprimanded. If I, or any other teacher in the school, is disciplining a student, do not look at that student. You wouldn't want others looking at you, of you were in trouble. So, do not look at others in that situation. If I am talking to you, do not get angry or fuss at students who are looking at you. Let me know, and I will handle the situation.</p>
Day 11	<p> Make eye contact. When someone is speaking, keep your eyes on him or her. If someone makes a comment, turn and face that person.</p>
Day 12	<p> Hold the door for people rather than letting it close on them. If you approach a door and someone is following you, hold the door.</p>
Day 13	<p> If someone bumps into you say excuse me, even if it was not your fault. If someone bumps into you, even if it was not your fault say excuse me. If you accidentally upset someone, apologize and check to see if they are okay even if it was an accident.</p>
Day 14	<p> During an assembly, do not speak or call out to friends. During an assembly, do not speak and do not look around and try and get the attention of friends in other classes. We must use self-control by entering and leaving the assembly without talking.</p>

<h1>Day 15</h1>	<p>✍ When walking in line, keep your arms at your sides and move quietly. Do not touch the walls.</p> <p>When in a line, walk single file, two to three feet behind that person in front of you, with your arms at your sides. You should face forward at all times. There will be absolutely no talking. Keep to the right of the hallway. You need to keep your hands, feet, and unwanted comments to yourself!</p>
<h1>Day 16</h1>	<p>✍ Never cut in line.</p> <p>If someone cuts in front of you, do not say or do anything about it. Let it happen, but let me know about it. I will handle the situation. If you fuss with someone who has cut in line, you could get in trouble as well. <i>Please handle all disputes with other classmates in the same manner, by coming to me with any problems before you take matters into your own hands.</i></p>
<h1>Day 17</h1>	<p>✍ If anyone is bullying you, let me know.</p> <p>If any child in the school is bothering you, let me know. I am your teacher, and I am here to look after you and protect you. I am not going to let anyone in the school bully you, or make you feel uncomfortable. In return, I ask that you not take matters into your own hands; let me deal with the student.</p>
<h1>Day 18</h1>	<p>✍ Learn from your mistakes and move on.</p> <p>Accept that you are going to make mistakes. Learn from them and move on.</p>
<h1>Day 19</h1>	<p>✍ No matter the circumstances, always be honest.</p> <p>No matter what the circumstances, always be honest. Even if you have done something wrong, it is best to admit it to me because I will respect that.</p>
<h1>Day 20</h1>	<p>✍ Be the best person you can be.</p> <p>Be the best person you can be. Make it a great day or not, the choice is yours!</p>
<h1>Day 21</h1>	<p>✍ When two adults are talking, do not interrupt or walk between them.</p> <p>When you see two adults talking to each other, walk around them. If you need to speak to one of them – wait patiently away from them so you are not listening to their conversation.</p>

