



# **ALICE Training Age Appropriate Information**

## Evacuate

When discussing the EVACUATE strategy with K - 3 students, explain how it is very similar to a fire evacuation drill. The discussions need to include:

- Listening to the adult in the room.
- Following directions.

As K-3 students practice fire evacuation drills you can also discuss that students can EVACUATE for an intruder also.

K-3 students will need to practice with a teacher to EVACUATE the classroom, out of the building, and to the designated rally point.

## Counter

Students must listen to a teacher and follow directions. COUNTER techniques will not be actively taught to K-3 students. K-3 students are NOT taught distraction and swarm techniques.

## Lockdown

K-3 students should be taught to listen to a teacher for instructions during an enhanced LOCKDOWN.

The teacher, will need to barricade the door. As the teacher is barricading, ensure K-3 students stay quiet, listen for instructions, and spread out throughout the classroom.

Ensure K-3 students to stay away from the view of the door and windows. Be sure they know to stay standing so they can move quickly if an intruder gets through the door.



# 4th - 5th

## Evacuate

When discussing the evacuation strategy with 4th -5th grade students, you can start adding to your discussion with students what is expected of them during an EVACUATION. Begin by sharing how they will EVACUATE and how to get to the rally point once they leave the building. Walk your class through an EVACUATION from lining up at the door, leaving the room, exiting the building through the closest exit, and going to the rally point..

## Lockdown

4th - 5th grade students know to listen to adults and instructions. At this age, the students can bring the teacher chairs, desks, or other types of furniture to barricade and control the door. Be sure students spread out within the room and away from view of the doors and windows.

## Counter

Students must listen to a teacher and follow directions. COUNTER techniques will not be actively taught to students in this age group. 4th -5th grade students are NOT taught distraction or swarm techniques.



# 6th - 8th

## Evacuate

Discuss with 6th - 8th grade students what is expected of them during an evacuation. Discuss how they will EVACUATE and how to get to the rally point once they leave the building. Walk your class through an evacuation as they leave the classroom, exit the building through the closest exit and to the rally point.

## Lockdown

During a LOCKDOWN 6th - 8th grade students may be taught to assist the teacher with barricading the door. After barricading, they should be taught to spread out throughout the room away from doors and windows. Students should stand with a book or other object they can use to distract the intruder if they make entry into the classroom. 6th -8th grade students are NOT taught to swarm and control.

## Counter

Students must listen to the teacher and follow directions. Students can be taught to actively respond to the intruder inside of their classroom by moving around the room toward the exit and making noise. Because of age and ability, the addition of COUNTER distraction techniques can be added to their discussion and practice if recommended. 6th -8th grade students are NOT taught to swarm.



# 9th - 12th

## Evacuate

Discuss with 9th - 12th grade students what is expected of them during an evacuation. Discuss how they will EVACUATE and how to get to the rally point once they leave the building. 9th - 12 grade students can discuss safety plans and protocols that are required and how to respond to different emergencies. Walk your class through an evacuation from leaving the classroom, to exiting the building through the closest exit, and going to the rally point.

## Counter

In addition to distraction techniques, 9th -12th grade students can be taught the control (swarm) technique as well. Statistically speaking, the intruder in this age group is most likely to be a peer according to Active Shooter Incidents in the US 2018 by the FBI. This means 9th - 12th grade students are more likely to need to control a peer than an adult. These students are old enough to understand the control technique and have the ability and size to carry it out. Remember, the control technique uses body weight and gravity with size and numbers to control the intruder. Ron Borsch's research showed the sooner the violent intruder is stopped, the less casualties occur. At no point should students be given the instruction or impression that they are expected to act as heroes (i.e., fight, defend, counter,) in a life- threatening situation.

## Lockdown

Students in this age group can be taught to barricade and control the door during a LOCKDOWN. While some students are helping to barricade others should spread out within the room with distraction items. If appropriate and available, and safe to do so, teach students to open windows to prepare to evacuate if safely from inappropriate height (no more than two floors).

