

From the desk of Mrs. Jen Bartlett in the Career Planning Center (A-231), jbartlett@sanford.org

FALL 2022: Opportunities at SRTC with your Career Planning Coordinator

ASVAB Career Exploration- Next test sessions: Wednesdays, October 19th or 26th, and Nov. 21st, AM and PM sessions.

For any SRTC student seeking to explore career skills and interests in any area, you are invited to take the ASVAB (Armed Services Vocational Aptitude Battery) for free here in the Career Planning Center. This federally funded assessment helps you **find your strengths and consider various careers for your future**. There will be a follow-up session to review your results and explore career information including understanding salaries in different states, fields that have predicted growth in job openings, and educational requirements for various jobs. If you are interested in joining the military, you may choose to meet with a recruiter on your own at a different time and share your ASVAB results, though this is not required or expected. Your scores are not shared with recruiters through this SRTC testing. Spots are limited! Sign up soon by emailing jbartlett@sanford.org! (An additional test session will be offered on Thursday, Feb. 2nd, 2023)

Class of 2023; Financial Aid information and free help: Seniors who are applying to or even considering going to college next year should complete the FAFSA (Free application for Federal Student Aid), which is available online **starting October 1st, 2022**. (<https://studentaid.gov/h/apply-for-aid/fafsa>). This is a required form for aid from any college, including Maine's offer of FREE tuition and fees at any Maine community college for the classes of 2020-2023.

Seniors and their parents can receive free personalized assistance completing this important form. FAME (Finance Authority of Maine) will be offering **Virtual FAFSA Help sessions**, with dates posted by early September. These zoom-based sessions will consist of two parts: a short FAFSA overview followed by private virtual help meeting with FAME staff, if needed. Registration link here: <https://www.famemaine.com/affording-education/pay-for-school/get-financial-aid/fafsa/fafsa-help-sessions/>. ALSO: Free in-person help session 10/19 at SRTC. More info on that to come!

College and Career Fair at SRTC: Thursday, November 10th in the Competition Gym.

All SRTC students and all SHS juniors and seniors will participate in this great opportunity to meet with college admissions representatives, industry professionals from a variety of careers, as well as military recruiters at this large fair. You'll be provided with a list of participants and an activity to help you prepare to gain knowledge from these experts. There will be 80 tables with representatives and they look forward to meeting you! Details to come!

On-the-Spot Admissions with YCCC and SMCC for Seniors: December 2022. Meet one-on-one with community college admissions representatives (York County Community College on December 14th and 16th, and SMCC on Dec. 19th and 20th) at SRTC in the Career Planning Center, apply online for free, and receive an answer "on-the-spot"! More information coming soon!

Internships or Apprenticeships: Contact our Career Exploration Coordinator

If you are interested in creating an internship or apprenticeship experience during the school year or summer, set up an appointment with our Career Exploration Coordinator, Mrs. Schindler. Email her at kschindler@sanford.org or stop by her office (D211) for individualized help with setting that up! Let her know your name and your SRTC program and what your interests might be.

Other help: Concurrent Dual Enrollment, Post-secondary Planning, Resumes and Interviews and more:

As your SRTC Career Planning Coordinator, I am available to help you with your future plans. Feel free to contact me for an appointment. (jbartlett@sanford.org) I'm very happy to assist you!!