

Hello Girls,

If you are interested in trying out for volleyball (Even if you have never played before that is ok, These are the dates we are going to be having Summer workouts. Come by and try it out!! All the workouts will be at Sanford High School in the Competition gym. All you will need is gym attire and knee pads.

Wednesday June 22.	5-6 pm
Wednesday June 29.	5-6 pm
Wednesday July 6	5-6 pm
Wednesday July 13	5-6 pm
Wednesday July 20	5-6 pm
Wednesday July 27	5-6 pm

Official practice will start Monday August 15. You can register for Volleyball on Family ID. Thanks and hope to see you this Summer. Any questions you can email me.

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