

Celebrate National School Breakfast Week!

March 6-10, 2023

PARENTS:
Did you know? Your child can **DIG IN** to healthy breakfast options at school!

DIG IN TO SCHOOL BREAKFAST

Be a School Breakfast Builder!

WAFFLE CROSSING

Studies show that students who eat school breakfast are more likely to:

- Reach higher levels of achievement in reading and math
- Score higher on standardized tests
- Have better concentration and memory
- Be more alert
- Maintain a healthy weight

BREAKFAST ZONE

STOP
EAT SCHOOL BREAKFAST

BREAKFAST FUEL STATION

Follow SNA and #NSBW23 on Social Media to learn more about #schoolbreakfast!



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Feeding Bodies. Fueling Minds.™



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