

RSU38 Remote Learning Opportunity Grade K to 5, 4/27-5/15

Objective: These activities are to explore new concepts or reinforce concepts already introduced.

Sample schedule		Important information
Suggested Time Frames	What are you going to learn today?	<ul style="list-style-type: none"> ● These educational opportunities for learning at home are meant to provide parents with resources for student learning to continue at home while our schools are not in session. ● Don't hesitate to contact your classroom teacher by email with questions. ● Students will benefit from engaging with academic materials daily in order to maintain skills. We encourage you to establish routines with kids to maximize this impact. ● Set goals: setting daily goals for what your child will accomplish can help to make tasks meaningful and build confidence for students. ● If your child has access to technology you may also use any of the digital resources as a replacement or expansion of learning. ● For students receiving special education services, please see their distance learning plan and contact their case manager with any questions regarding that plan.
30 min - 45 mins per day Math	<ul style="list-style-type: none"> ❖ We strongly suggest you establish a routine for example 2 to 3 learning activities in the morning? and 2 to 3 learning activities in the afternoon. (Whatever fits your situation.) ❖ Students should be doing a variety of learning tasks. Choose a balance of activities from menus, resources provided virtually by your teachers, and online instructional programs. ❖ This is a suggested time-frame. Your children may do more or less depending on what's appropriate for your child! 	
30 min - 1 hour per day Literacy (reading, writing, speaking/listening)		
15 - 30 mins per day movement activity		
Choose 1 of the following areas to do each day: music, art, science or social studies 15 - 30 mins		
 <p style="font-size: small; margin: 0;">www.letsgo.org</p> <p>Use 5,2,1,0 for balance!</p> <p>5 or more fruits and veggies daily 2 hours or less of screen time daily 1 hour or more of physical activity 0 high sugar drinks</p>		

Literacy



Sight Words	Word Study	Writing About Reading	Read to Understand	Engagement
<p>When picking sight words choose the ones that are tricky for you.</p> <p>Using your sight word list choose ten words to rainbow write.</p> <p>Stretch it! Can you write other connecting words? (<i>and, band, hand, stand, landing</i>)</p>	<p>Make a list of 10 words that are the same in some way. For example, they could all have one of the following blends (bl, st, tr...), digraphs (ch, sh, th...), chunks (-at, -op) or be the same type of word (color, number).</p> <p>Stretch it! Can you add an ending to these words? (ed,ing,es,s,er)</p>	<p>Read a favorite book to yourself or to a pet. Then write about your favorite part. Why is it your favorite part?</p>	<p>Listen to a book/story - then retell it, including important details about the characters and events.</p>	<p>Write a letter or draw a picture for your teacher/family member. Take a picture and email/mail it to your teacher or family member.</p>
<p>Pick a sight word. Look at it and say all the letters. Cover it. Write the word. Check to make sure you are right. Do it one more time! Pick a new word.</p> <p>Stretch it! If you know all the 1st grade words, you may check out the 2nd grade words.</p>	<p>Pick a word. Create a list of other words that belong in that family. (like - spike, bike, hike)</p> <p>Try it again with a new word!</p>	<p>Read a book of your choice and draw, write or tell who the characters are, where the story took place and some details about the story.</p>	<p>Read or listen to a book or story of your choice and draw, write or tell what happened in the beginning, middle and end. Give as many details as you can.</p>	<p>Make your own reading nook! Create a fun/cozy space just for reading, then read a book to yourself, a sibling, or a parent.</p>
<p>Choose five sight words: Write each one in a sentence and draw a picture to match.</p>	<p>Pick a page in a book you have read. Make a list of words you spy with short vowel sounds (<i>pat, check,</i></p>	<p>Read a book of your choice and write a different ending to that book.</p>	<p>Read a book of your choice. What connections can you make? What does this story remind you of?</p>	<p>Pretend you are the teacher. Do a read aloud with your family. Ask them some questions about the</p>

	<p><i>spot</i>) and a list of words with long vowel sounds (<i>like, rain, boat</i>). Save your lists and add to it another day!</p>		Tell a family member about it.	story.
<p>Pick at least 5 or more sight words. Write them on a scrap or regular piece of paper and then cut the letters and mix them up. Try to put the letters back together to make the word. Spell it and read it out loud. If you have magnetic letters you can use them.</p>	<p>Think of some compound words (<i>doghouse, mailbox, sunshine</i>) and pick a choice below.</p> <ol style="list-style-type: none"> 1. Draw a picture and label the compound word. 2. Write or tell a silly sentence using 2 of the compound words. 	<p>Read or listen to a non-fiction book. Write or draw 5 facts that you learned. What was a fact that surprised you? Why?</p>	<p>Read a non-fiction book and make a poster with "cool" facts you learned.</p>	<p>Read to an animal!</p> <p>This could be a stuffed animal or a real animal!</p>

Math

<p>Take a scoop of cheerios (or other small object). Count to see how many you have. Take a second scoop and count. How many cheerios do you have altogether?</p>	<p>Find 2 objects longer, and 2 objects shorter than an unsharpened pencil. Write a sentence that compares each object to the length of the pencil.</p>	<p>Find 2 objects outside in nature that are the same length.</p>	<p>Addition 4 in a Row Add 2-digit to 2-digit Stage 2 Link for Game Board</p>
<p>Find 3 objects around your house. Put them in order from longest to shortest. Then arrange them from shortest to longest.</p>	<p>What do you notice? What do you wonder?</p>  <p>How does pencil B help us compare pencils C and A?</p>	<p>Line A is 15 cubes long. Line B is 9 cubes long. How much longer is line A than line B? Show your thinking using pictures, words or numbers.</p>	<p>Find all of the clocks in your home. How many do you have? How many are digital and how many are analog?</p>
<p>Choose two objects to measure. Choose a length measuring tool (you could use a ruler, tape measure, blocks, paperclips, etc.). Measure the length of each object. Which is longer? How much longer is it?</p>	<p>Choose a small object (cheez its, paperclips, blocks, etc.) that you have several of. Choose a book in your home to measure with those small objects. How long is the book? What do you notice about measuring with the object you chose?</p>	<p>Addition 4 in a Row Add 1-digit to 2-digit Stage 3 Link for Game Board</p>	<p>Take 7 cards. Make two 2-digit numbers. Add. Write an equation. Compare totals with a partner, the largest sum gets 1 point. Choose 4 new cards and play again. The player with the most points wins.</p>
<p>Addition 4 in a Row Add 1-digit to 2-digit number Stage 1 Link for Game Board</p>	<p>Choose a small object (cheez its, paperclips, blocks, etc.) Measure all the hands in your family. Whose hand is the shortest? Whose hand is the longest? Draw a picture of the hands in order from shortest to longest and label them.</p>	<p>Play double compare with a deck of cards with a partner. Deal out all the cards equally between 2 people. Flip 2 cards, add them together. The person with the greater sum keeps the cards. Example: You flip a 7 and a 3. That equals 10. Your partner flips a 6 and a 1. That equals 7. You would keep the cards because your sum is larger.</p>	<p>Addition 4 in a Row Add 2-digit to 2-digit Stage 4 Link for Game Board</p>

Science and Social Studies

Take a walk in the woods and play "I Spy" (describe a plant or animal you see)	Go outside 3 different times on the same day. Stand in the same place. Look for your shadow. How does it change? Why?	Choose something in your yard (a tree or rock). Draw it's shadow in the morning, middle of day, and late in the afternoon.	Pick an item around your house and give 5 facts about it. Sit outside or take a walk. Draw or write what you see, smell and hear around you.
Look up at the night sky and draw a picture of what you see.	Find items around your house and put them into categories (color, size and shape).	Draw or write about the different seasons.	List, draw or write about a community helper. (Policeman, firefighter, mail worker etc.)
Let's think like historians by thinking about one thing used a lot in your house (Ex. phone, vacuum, wood stove) Draw and write about what it's like NOW. Then find out if that thing has changed over time. Ask an older person to describe what it was like when he or she was a child. (THEN)	Draw two living things you saw today. Label each as : plant, animal or people.	Object Identification Have someone put 2 unknown objects in a bag. Just by touching them, try to identify them.	Ask your family to help you find a picture of something from THEN (the past) and something from NOW (the present). How are they the same and different?
Tell someone in your house about someone who is important to you in your life or the community.	Find items around your house that may sink or float. Predict what they may do then test out your thoughts. Write down your predictions and findings.	Imagine you are an animal. Draw or write about your day- what do you do, what is the weather like, what do you see, what other animals do you come across?	Find 5 different types of rocks outside and draw or write what they look like and feel like.
Draw a map of your bedroom.	Draw a map of your front yard and label it.	Draw or write about your favorite place to visit.	List, draw or write about a community helper.

Note: This menu is the same as for the first three weeks of Remote Learning. Teachers hope to focus more on science and social studies when they update again in mid-May. Meanwhile, you may also check out other online resources at the end of this file.

Art, PE, Music, Guidance: Choice Learning Activities - (PK-2)

<p>Art:</p>	<p>Draw yourself as a SuperHero. What powers would you have?</p> 	<p>Find household items and create the color wheel. #colorwheelchallenge</p> 	<p>Draw your favorite toy, or try to design your own new toy. What would it look like?</p> 	<p>Create a scene that you fit in. Maybe draw with chalk on the tar? Take a picture of you "acting it out" Here is an example:</p> 
<p>Music:</p>	<p>Sing a Story! Take out some of your favorite picture books. Can you sing the story instead of saying the story?</p>	<p>Airplane Sounds Make a paper airplane. Throw the plane around your house and follow its path with your singing voice. ("Wooo" or a slide whistle sounds)</p>	<p>Handwashing Sing one of these songs while washing your hands: <i>Mary Had a Little Lamb</i> <i>Happy and You Know It.</i> <i>Row Your Boat</i> <i>The Alphabet Song (2x)</i></p>	<p>Down By The Bay Sing "Down By The Bay" and make up your own rhyming words. (Ex. Have you ever seen a <i>bear</i> combing his <i>hair</i>.)</p>
<p>PE:</p>	<p>Using the superhero you drew in art, become that superhero and act out the super powers.</p>	<p>Take a hike ~Find things in nature. Make something with what you found. ~Collect things that do not occur naturally in nature (use gloves!)</p>	<p>Set up 4 markers in a large square. Pretend to: ~hit a homerun and run the bases. ~dribble a soccer ball ~ride a horse ~use different swim strokes as you travel ~travel like you're playing your favorite sport ~move like your favorite pet/animal.</p>	<p>Using any ball that you have at home, can you ~underhand toss ~overhand throw ~catch ~kick ~strike it with your hand, a paddle, racquet, or bat</p>
<p>Guidance:</p>	<p>Think about someone in</p>	<p>If you are feeling</p>	<p>What is the difference</p>	<p>Game time! Everyone likes to play games and</p>

	<p>your life, or more than one person, who is special to you. What makes that person special? How do they help you or make you feel? Draw that person and share it with whoever it is and let them know why they are so important to you.</p>	<p>upset or worried, you may need to calm your body and mind. Find a quiet place to sit and think about 5 colors you see, 4 shapes you see, 3 soft things you see, 2 people you see and 1 book you see.</p>	<p>between a NEED and a WANT? A <i>need</i> is something we must have to survive; a <i>want</i> is something that makes life more fun. Look around your house and make a list of needs and wants. Is water a need or a want? What about warm boots? Legos? The newest nintendo game?</p>	<p>no one likes to play with a poor sport. Find a game to play with a family member like UNO, Candyland, basketball or a racing contest. Practice being a GOOD sport by doing these things:</p> <ol style="list-style-type: none"> 1. I played the entire game without quitting 2. I used kind and respectful words 3. I kept my body calm 4. I didn't argue 5. I said "good game" and meant it!
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Dear Families,

We want you all to know that we still miss you terribly, and we are looking forward to seeing you again soon. The extended closure of school has thrown a wrench in our plans for spring performances, art shows, and events. At this time, we have not yet made any attempts to reschedule. It's still too soon to make changes, as information and decisions that impact our calendar changes daily. We promise to work with our administrators to find solutions and/or alternatives to our scheduling problems, and will let you all know as soon as possible.

In the meantime, we are working together to provide you with some opportunities to participate in "specials" at home. We believe that music, art, movement, and selfcare can lift our spirits, open our hearts, and bring positivity into your home during challenging times such as this. We have updated the menu of activities and resources for your convenience, and we encourage any and all family members to join in and participate. All of us will be available via email, should you have any questions, concerns, requests, or simply want to share your creations!

Sincerely,

- Mrs. Tripp, Music dorie_tripp@maranacook.com
- Mrs. Shively, Music amanda_shively@maranacook.com
- Mrs. Blake, Art nicole_blake@maranacook.com
- Mrs. Wilson, Art MES rachael_wilson@maranacook.com
- Mrs. Vining, Guidance Becky_vining@maranacook.com
- Ms. Wicks, guidance Tara_wicks@maranacook.com
- Mrs. Godfrey, Barbara, Phys. Ed. Barbara_Godfrey@maranacook.com
- Mrs. Martin, Nancy, Phys. Ed. Nancy_Martin@maranacook.com

Talking Points Sheet

What to say if...

<i>Your child says...</i>	<i>You might say...</i>
I'm bored	Where could you find more ideas? Could you try something new with those materials? Set a timer for 5 more minutes. What happens in that time?
I'm done	Will you start something new with those materials or change what you made?
I can't....	Give it a try! You have done hard things before.
I want you to play with me	Let's set a timer for __ minutes. When that goes off I can play with you for ___ minutes.
I don't know what to do next	Give it a try. Maybe you will invent something new!
Getting frustrated (ex. fighting with sibling)	Use your strategies: <ul style="list-style-type: none">• Take space• Talk it out (I feel __ when __)• Use a tool (a book, a sand timer, etc) to calm down

*This information is credited to Kristi Mraz and retrieved from Kristimraz.com

Instructional Technology

- All RSU #38 grade one students will now have access to an online instructional program for literacy and for mathematics. The programs listed below are those assigned to most students. If you have questions, please check with your child's teacher.
- Individual instructions for how to download apps or access sites will be provided in the links below.
- Your child's classroom teacher will supply you with a username and password information.

Literacy

Lexia: Your child can log on to his/her account using the URL, username and password provided to you by your child's teacher.

What is Lexia and how do I log my child into the program?

URL: www.Lexiacore5.com

Parent information sheet: http://www.lexialearningresources.com/Core5/s2h/Core5_parent.pdf

Daily recommendation: 20 minutes per day, 3 times per week or as recommended by your teachers.

Math

Dreambox: Your child can log on to his/her account using the URL, school code, and username and password provided to you by your child's teacher.

What is Dreambox and what is the recommended usage?

Parent information sheet: <https://bit.ly/2Y9KFm2>

Daily recommendation: 20-30 minutes per day, 5 lessons per week or as recommended by your teachers.

Supplementary Technology sites:

www.wideopenschool.org Wide Open School is a free collection of online events and information for families (more than 25 organizations have come together to provide these resources for families and students through one site).

Literacy

Go Fish Rules: <https://bicyclecards.com/how-to-play/go-fish/>

Memory Rules: <https://www.eduplace.com/ss/act/rules.html>

[Epic](https://www.getepic.com/?utm_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6Alsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw_YTItAexoCPdQQAvD_BwE) (A resource used in most classrooms, so students are accustomed to it. Access to children's books read aloud online - 30daytrial)https://www.getepic.com/?utm_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6Alsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw_YTItAexoCPdQQAvD_BwE

<https://www.starfall.com>

<https://www.raz-kids.com/> - (There is a 14 day trial only)

<https://www.kennedy-center.org/education/mo-willems/> - (This is a link where you can sign up to do Lunch Doodles with Mo Willems.)

<https://sightwords.com/> - (You can edit and create your own sight word games for home.)

[Scholastic Learn at Home](https://classroommagazines.scholastic.com/support/learnathome/grades-1-2.html) : This site for parents has books, short videos and activities to do at home.
<https://classroommagazines.scholastic.com/support/learnathome/grades-1-2.html>

Mathematics:

- Bedtime Math <http://bedtimemath.org/fun-math-at-home/>
- Splat! (Choose from Splat Through 10 and/or Splat Through 20) <https://stevevyborne.com/2017/02/splat/>

Other (Science):

<https://mysteryscience.com/lessons/seasonal/current-events>

<https://mysteryscience.com/mini-lessons/pizza?code=1ff5b80840db4c0add0a9358f357a8ac>

<https://mysteryscience.com/mini-lessons/animals-laugh?code=c0e9d08a82b907d34cef838ac6720634>

<https://mysteryscience.com/mini-lessons/biggest-tree?code=4d4ab28bde6ee9598871b81ff33c5357>

<https://mysteryscience.com/mini-lessons/hiccups?code=d080bde185cab603a93e5b163d557ec1>

<https://mysteryscience.com/mini-lessons/germs?code=e6a6a181e835354f8c7b2dffec020893>

<https://mysteryscience.com/mini-lessons/germs-sanitizer?code=d1220d5754c6fab7c9de53d6654f41d6>

Supplemental Resources for Instructional Technology (Computer Class)

Mrs. Gatti-Fyler's PortaPortal: <https://guest.portaportal.com/fyler>

Ms. Poulin's PortaPortal: <https://guest.portaportal.com/weslab>

Supplemental Websites for Music Exploration:

Chrome Music Lab: <https://musiclab.chromeexperiments.com/>

New York Philharmonic Kids Zone: <https://www.nyphilkids.org/>

Classics for Kids: <https://www.classicsforkids.com/>

Supplemental Websites for Art Exploration:

<https://www.tate.org.uk/kids>

<https://www.moma.org/interactives/destination/#>

<http://toytheater.com/category/art/>

<https://www.youtube.com/artforkidshub>

<https://www.thehomeschoolmom.com/simple-art-activities-for-your-homeschool/>

Supplemental websites for Movement:

Great site for movement videos: <https://www.gonoodle.com>

Yoga for kids: <https://www.cosmickids.com>

Supplemental websites/articles for Guidance:

<https://www.commonsemmedia.org/blog/free-online-events-activities-kids-at-home-coronaviru>

<https://www.centralmaine.com/2020/03/24/maine-voices-families-getting-a-crash-course-in-distance-learning>