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2020-21 TRS-ActiveCare HMOs

The TRS board decided at its April 17, 2020 meeting to adopt contract changes to the health maintenance organizations (HMOs) serving TRS-ActiveCare participants in three regions of the state: West Texas, South Texas and Central/North Texas.

Beginning Sept. 1, 2020, Blue Cross and Blue Shield of Texas (BCBSTX) will offer their HMO option, Blue Essentials Access, in West Texas and South Texas; Baylor Scott & White Health Plans (BSW) will offer their plan in Central/North Texas.

In January 2019, Scott and White Health Plan, part of Baylor Scott & White Health, acquired FirstCare Health Plans which currently serves West Texas. Participants in West Texas who are enrolled in Baylor Scott & White and FirstCare will now have the option to enroll in the Blue Cross and Blue Shield HMO, which offers lower premiums and broader network with similar benefits.

Which HMO is in your county in 2020-21?

