



# KAN Be Healthy (EPSDT) Screening Form

I.D. Number: \_\_\_\_\_

Please note the Mandatory Blood Lead Questionnaire is a separate document. It is required at each screen 6 to 72 months

Name	Date of Birth	Age	Date of Screen
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## PHYSICAL GROWTH

T	Weight _____ (lbs/kg) _____ th%	Weight/Length _____ %	Head Circ (≤ 24 months) _____ cm/in
P	Length (Birth to 36 months): _____ cm/in	Standing Height (2 - 20 years) _____ cm/in	
R	BMI _____ th%		
BP	BMI ≥ 85%: recommend appropriate nutrition input and physical activity.		
Update Growth Chart (required at each screen)			

## BENEFICIARY & FAMILY HISTORY

Refer to completed history form in chart. Present Concern: \_\_\_\_\_

No changes in medical Hx unless indicated. \_\_\_\_\_

Previous Hx reviewed from \_\_\_\_\_ visit. \_\_\_\_\_

Patient currently in Foster care, no previous hx available. \_\_\_\_\_

Medications: \_\_\_\_\_ Serious Illness/Accidents:  No  Yes (date & type)  
(including Hospital or ER visits)

Allergies (food & drug) \_\_\_\_\_

Birth History (Length, weight, complications, etc. - if known) \_\_\_\_\_ Operations:  No  Yes (date & type)

(Circle and indicate the relationship with disease / problem. P-Parent, G-Grandparent, B-Brother, S-Sister, Self)

Allergies (food & drug) _____	Drug or ETOH Abuse _____	Mental Illness _____
Asthma _____	Earaches _____	Obesity _____
Birth defects _____	Epilepsy/Seizures _____	Scoliosis/Arthritis _____
Blood Disorder/ Sickle Cell _____	Headache _____	Speech, Visual, Hearing _____
Cancer _____	High Blood Pressure _____	Ulcers/Colitis _____
Colds/sore throat _____	Kidney/Liver Disease _____	Urinary/Bowel _____
Diabetes _____	Lung Disease _____	Heart Disease/Stroke _____

## BODY SYSTEMS

SYSTEMS	WNL	ABN	Comments (Describe any Abnormal Findings)
General Appearance	<input type="checkbox"/>	<input type="checkbox"/>	
Integumentary	<input type="checkbox"/>	<input type="checkbox"/>	
Head-Neck	<input type="checkbox"/>	<input type="checkbox"/>	
Eyes/Ears/Nose & Throat	<input type="checkbox"/>	<input type="checkbox"/>	
Oral/Dental	<input type="checkbox"/>	<input type="checkbox"/>	
Pulmonary	<input type="checkbox"/>	<input type="checkbox"/>	
Cardiovascular	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen/Gastrointestinal	<input type="checkbox"/>	<input type="checkbox"/>	
Genitourinary	<input type="checkbox"/>	<input type="checkbox"/>	
Trunk / Spine	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	

### Vision Screen

Last eye exam date: \_\_\_\_\_ Eye tracking (< 4 yrs old) Pass  Refer  Comments: \_\_\_\_\_  
 Corneal Light Reflex Present: Yes  No  Distance Acuity(4-20 yrs) Tool used: \_\_\_\_\_ Score: Left \_\_\_\_\_ Right \_\_\_\_\_ Both \_\_\_\_\_  
 Outer Inspection: Normal  Abnormal  Near Acuity(4-20) Tool used: \_\_\_\_\_ Score: Left \_\_\_\_\_ Right \_\_\_\_\_ Both \_\_\_\_\_

### NUTRITION

WIC participant  
 Referred to WIC  
 Breast Feeding  Formula  
 Amount & how often: \_\_\_\_\_  
 Number of Servings per day  
 Bread/Cereal \_\_\_\_\_ Dairy \_\_\_\_\_  
 Fat/Sweet/Sugar \_\_\_\_\_ Fruit \_\_\_\_\_  
 Meat/Bean/Egg \_\_\_\_\_ Vegetable \_\_\_\_\_  
 Fluid Intake: water \_\_\_\_\_ oz. Soda \_\_\_\_\_  
 Milk \_\_\_\_\_ oz. Juice \_\_\_\_\_

### PHYSICAL ACTIVITY

Biking  Basketball  play outside  
 Skating  Walking  other sports  
 How many hours screen time/Day? (i.e. TV, Games, PC)  
 0-1 hr  1-2hr  3-5hrs  5+hrs  
 KBH participant currently pregnant?  Yes  No  
**If "yes", then complete following :**  
 1. Prenatal Record initiated?  Yes  No  
 2. On prenatal vitamins?  Yes  No  
 3. Referred for OB/GYN cares?  Yes  No  
 Referred to: \_\_\_\_\_

### LABORATORY

HGB or HCT (required at 12 mths, start of menses in girls, 11-20 yr in boys)  
 HGB results: \_\_\_\_\_ or HCT results: \_\_\_\_\_ Date obtained: \_\_\_\_\_  
 WIC results?: Yes  No  Date: \_\_\_\_\_ Other Lab? \_\_\_\_\_

### IMMUNIZATIONS

Copy of record in chart  
 Current   
 Behind   
 Unknown   
 Requested from Parent   
 Referred to VFC provider   
 Needs: (circle)  
 HepB. DTaP Flu  
 Hib IPV MMR  
 MCV4 MPSV4 PCV  
 Varicella HepA  
 Other: \_\_\_\_\_

### DEVELOPMENTAL / EMOTIONAL

Developmental Screening Tool: (required for all children < 6 yrs of age)  
 Tool Used (in file): \_\_\_\_\_  
 Results Pass  Delayed   
 Not Screened (Comments Required) \_\_\_\_\_  
 Interpretation of screen: \_\_\_\_\_  
 Referred to : \_\_\_\_\_  
 Developmental Emotional Observations or Tool: \_\_\_\_\_ (Age 6-20 yrs)  
 Sleep Habits \_\_\_\_\_ Tired / overactive? \_\_\_\_\_  
 Discipline: \_\_\_\_\_ Vocational concerns? \_\_\_\_\_  
 Peer Interaction: \_\_\_\_\_  
 Grade Level \_\_\_\_\_ Average Marks \_\_\_\_\_  
 Special Education/Needs: \_\_\_\_\_  
 Any emotional or behavioral problems? \_\_\_\_\_  
 Emotional Observations: \_\_\_\_\_

### DENTAL

Sees Dentist? Yes  No   
 Last dental exam date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 # times brushes/day: \_\_\_\_\_  
 Dental Referral (annually at a minimum 0-20yr)  
 Yes  No

### HEARING SCREEN

Minimally must document completion and findings of paper hearing screen or audiometric sweep screen  
 Hearing Health History  $\geq$  5: Pass  Refer   
 Risk Indicators for Hearing Loss < 5 Pass  Refer   
 Hearing Developmental Scales < 5 Pass  Refer   
 Audiometric Sweep Screen: Left \_\_\_\_\_ Right \_\_\_\_\_

### HEALTH EDUCATION AND ANTICIPATORY GUIDANCE

- Circle Those Reviewed/ Handouts Given
- |                        |                    |                          |                      |
|------------------------|--------------------|--------------------------|----------------------|
| 1. Behavior/Discipline | 5. Family Planning | 9. Parenting             | 13. Self Breast Exam |
| 2. Oral /Dental        | 6. Immunizations   | 10. Safety/Poisons       | 14. Sexuality        |
| 3. Development         | 7. Lifestyle       | 11. Substance Abuse      | 15. Exercise         |
| 4. Physical Activity   | 8. Nutrition       | 12. Self Testicular Exam | 16. Weapon Safety    |
| 17. Other: _____       |                    |                          |                      |

### RESULTS/PLAN OF CARE

Screening Results: \_\_\_\_\_  
 Plan/Referrals (dental, vision, hearing, dietary, etc): \_\_\_\_\_  
 Recommended: \_\_\_\_\_  
 Return Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Parent/caregiver informed of KBH screen findings and verbalizes understanding of teachings.  
 Yes  No   
 Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Screening Providers Signature: \_\_\_\_\_  
 (Licensed Physician, ARNP, PA, or Registered Nurse trained to perform KAN Be Healthy screens)