

## Middle School Course 1

Lesson Name	Lesson Title	Lesson Link
Introduction		
Introduction Lesson	Introduction	<a href="https://7mindsets.h5p.com/content/1290733417634070328">https://7mindsets.h5p.com/content/1290733417634070328</a>
Mindset #1 Everything Is Possible		
Everything Is Possible 1.1	Introduction and Dream Big	<a href="https://7mindsets.h5p.com/content/1290731848033110708">https://7mindsets.h5p.com/content/1290731848033110708</a>
Everything Is Possible 1.2	Embrace Creativity	<a href="https://7mindsets.h5p.com/content/1290732347191215468">https://7mindsets.h5p.com/content/1290732347191215468</a>
Everything Is Possible 1.3	Think Positive	<a href="https://7mindsets.h5p.com/content/1290732392227068528">https://7mindsets.h5p.com/content/1290732392227068528</a>
Everything Is Possible 1.4	Act and Adjust	<a href="https://7mindsets.h5p.com/content/1290732407916782938">https://7mindsets.h5p.com/content/1290732407916782938</a>
Mindset #2 Passion First		
Passion First 2.1	Focus on Strengths	<a href="https://7mindsets.h5p.com/content/1290732437671230948">https://7mindsets.h5p.com/content/1290732437671230948</a>
Passion First 2.2	Explore Your Interests	<a href="https://7mindsets.h5p.com/content/1290732459193992778">https://7mindsets.h5p.com/content/1290732459193992778</a>
Passion First 2.3	Take a Stand	<a href="https://7mindsets.h5p.com/content/1290732471751907658">https://7mindsets.h5p.com/content/1290732471751907658</a>
Passion First 2.4	Be Authentic	<a href="https://7mindsets.h5p.com/content/1290732502050103928">https://7mindsets.h5p.com/content/1290732502050103928</a>
Mindset #3 We are Connected		
We are Connected 3.1	Embrace Everyone	<a href="https://7mindsets.h5p.com/content/1290732517676180618">https://7mindsets.h5p.com/content/1290732517676180618</a>
We are Connected 3.2	Maximize Positive Relationships	<a href="https://7mindsets.h5p.com/content/1290732740382198598">https://7mindsets.h5p.com/content/1290732740382198598</a>
We are Connected 3.3	Build Your Dream Team	<a href="https://7mindsets.h5p.com/content/1290732750298135568">https://7mindsets.h5p.com/content/1290732750298135568</a>
We are Connected 3.4	Lead with Value	<a href="https://7mindsets.h5p.com/content/1290732761287420048">https://7mindsets.h5p.com/content/1290732761287420048</a>
Mindset #4 100% Accountable		
100 % Accountable 4.1	Own Your Life	<a href="https://7mindsets.h5p.com/content/1290732780271260018">https://7mindsets.h5p.com/content/1290732780271260018</a>
100 % Accountable 4.2	Overcoming Limiting Beliefs	<a href="https://7mindsets.h5p.com/content/1290732802611496098">https://7mindsets.h5p.com/content/1290732802611496098</a>
100 % Accountable 4.3	Focus Your Energy	<a href="https://7mindsets.h5p.com/content/1290732847676441428">https://7mindsets.h5p.com/content/1290732847676441428</a>
100 % Accountable 4.4	Grow Through Life	<a href="https://7mindsets.h5p.com/content/1290732859772693748">https://7mindsets.h5p.com/content/1290732859772693748</a>
Mindset #5 Attitude of Gratitude		
Attitude of Gratitude 5.1	Introduction and Treasure Yourself	<a href="https://7mindsets.h5p.com/content/1290732951609716018">https://7mindsets.h5p.com/content/1290732951609716018</a>
Attitude of Gratitude 5.2	Be More Grateful	<a href="https://7mindsets.h5p.com/content/1290732999008828198">https://7mindsets.h5p.com/content/1290732999008828198</a>
Attitude of Gratitude 5.3	Thank It Forward	<a href="https://7mindsets.h5p.com/content/1290733004797178708">https://7mindsets.h5p.com/content/1290733004797178708</a>
Attitude of Gratitude 5.4	Elevate Your Perspective	<a href="https://7mindsets.h5p.com/content/1290733010851576748">https://7mindsets.h5p.com/content/1290733010851576748</a>
Mindset #6 Live to Give		
Live To Give 6.1	Stretch Yourself	<a href="https://7mindsets.h5p.com/content/1290733021732683038">https://7mindsets.h5p.com/content/1290733021732683038</a>
Live To Give 6.2	Make a Difference	<a href="https://7mindsets.h5p.com/content/1290733027948542358">https://7mindsets.h5p.com/content/1290733027948542358</a>
Live To Give 6.3	Receive Gracefully	<a href="https://7mindsets.h5p.com/content/1290733035925648388">https://7mindsets.h5p.com/content/1290733035925648388</a>
Live To Give 6.4	Leave a Legacy	<a href="https://7mindsets.h5p.com/content/1290733043687821048">https://7mindsets.h5p.com/content/1290733043687821048</a>
Mindset #7 The Time is Now		
The Time is Now 7.1	Introduction and Embrace Every Moment	<a href="https://7mindsets.h5p.com/content/1290733388906002538">https://7mindsets.h5p.com/content/1290733388906002538</a>
The Time is Now 7.2	Get in the Zone	<a href="https://7mindsets.h5p.com/content/1290733394588741588">https://7mindsets.h5p.com/content/1290733394588741588</a>
The Time is Now 7.3	Let Yourself be Vulnerable	<a href="https://7mindsets.h5p.com/content/1290733401248356048">https://7mindsets.h5p.com/content/1290733401248356048</a>
The Time is Now 7.4	Act with Purpose	<a href="https://7mindsets.h5p.com/content/1290733405466322568">https://7mindsets.h5p.com/content/1290733405466322568</a>
Conclusion		
Conclusion Lesson	Conclusion	<a href="https://7mindsets.h5p.com/content/1290733410314693968">https://7mindsets.h5p.com/content/1290733410314693968</a>