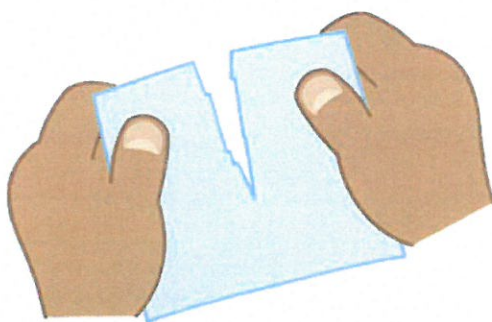


Paper Art

- ☐ Create a collage with torn pieces of paper.
- ☐ Create a collage with tissue paper, wrapped around pencil tip and dipped in glue and pasted.

YOU WILL NEED:

- ☐ Paper
- ☐ Glue

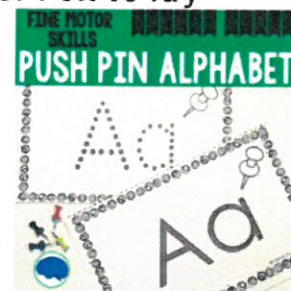


Push Pin

- ☐ Lay the paper on cardboard or felt.
- ☐ Show student how to use push pin or wooden skewer/toothpick to poke holes on line.

YOU WILL NEED:

- ☐ Outlined image
- ☐ Push pin or skewer
- ☐ Cardboard or Felt to lay paper on



Crayons

- ☐ Use 2" broken crayons to color.
- ☐ Make texture rubbings with small crayons.
- ☐ Take the crayon for a walk – keeping it on the paper as long as they can.

YOU WILL NEED:

- ☐ Picture Cards
- ☐ Treasure Box (fancy container that is decorated)
- ☐ Coins

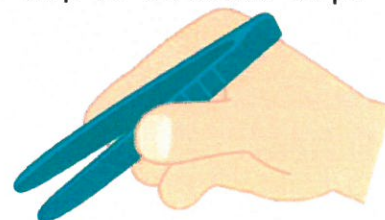


Tweezer

Student will pick up various items and transfer from one pile to another pile using tweezers.

YOU WILL NEED:

- ☐ Tweezers / Tongs
- ☐ Beans, pom poms, rice, etc.
- ☐ VARIATION: Use a eye dropper to transfer water from a cup to another cup.

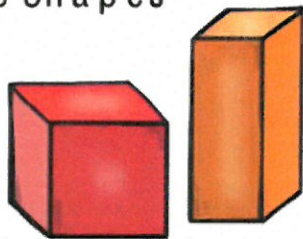


Tactile Perception

Have the student look at the objects and know the names of the items that will go in the bag. With both hands the child should find an object, touch it, and try to guess what it is. If they guess it right, they get to "keep" the item.

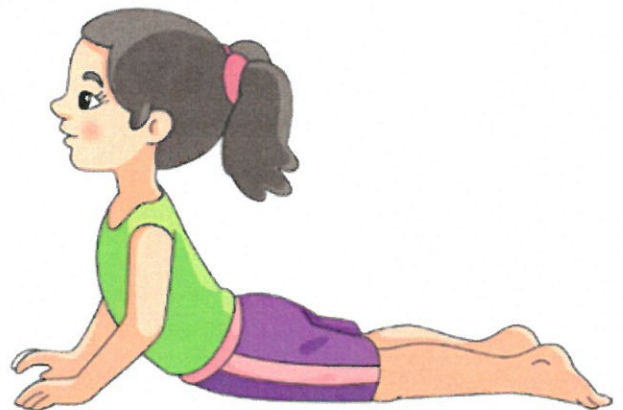
YOU WILL NEED:

- ☐ Fabric bag
- ☐ Themed Objects
- ☐ Geometric Shapes



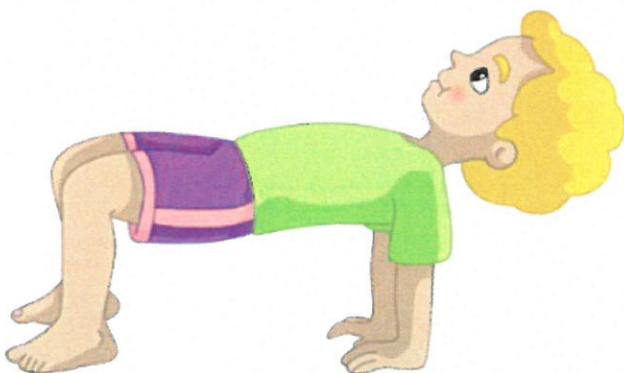
Army Shuffle

To improve shoulder and postural stability have the student lie on their belly and move using only their arms to pull their body forward.



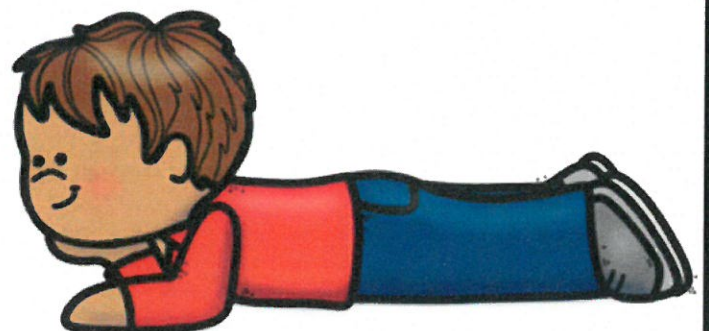
Crab Walk

Sit on the floor, put your hands behind you (thumbs facing outward) and walk around using your arms and legs making sure your bottom is off the floor.



Lie on Belly

Students will lie on stomach and prop up to read or watch. This will strengthen their shoulder and postural stability.



task cards

Fine Motor Skills



Roll the Pencil

Roll a pencil between thumb and fingers without dropping.

First use your thumb and pointer. Then thumb and middle, then use thumb and ring.

YOU WILL NEED:

- ☐ Pencil
- ☐ Your Hand

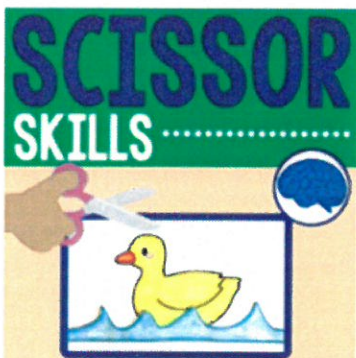


Create Something

Use a hole punch to punch out paper, then glue the pieces on a sheet. Use the scissors to cut out shapes and glue to the page.

YOU WILL NEED:

- ☐ Hole Punch
- ☐ Scissors
- ☐ Glue
- ☐ Papers



Play Dough

- ☐ Roll a large ball with your hands.
- ☐ Roll a sausage using both hands.
- ☐ Make a pinch pot by isolating ring and pinkie with a piece of rolled paper.
- ☐ Make a pinch pot using thumb inside and pointer/middle to form outside.
- ☐ Put rice or beans in the dough and tear apart.

YOU WILL NEED:

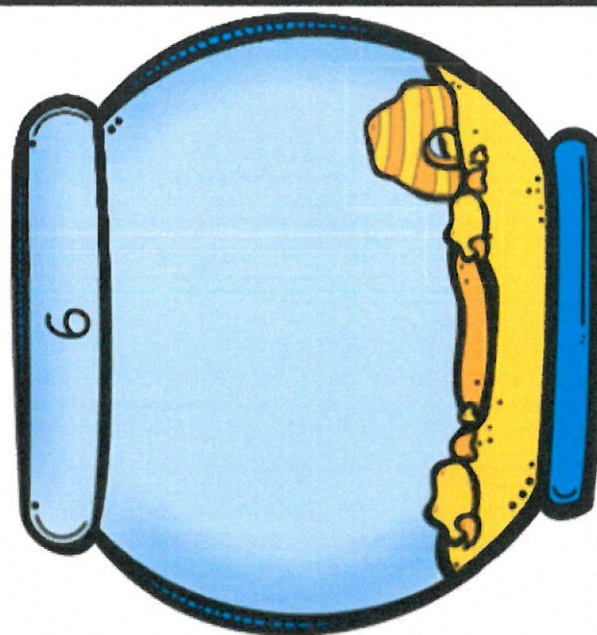
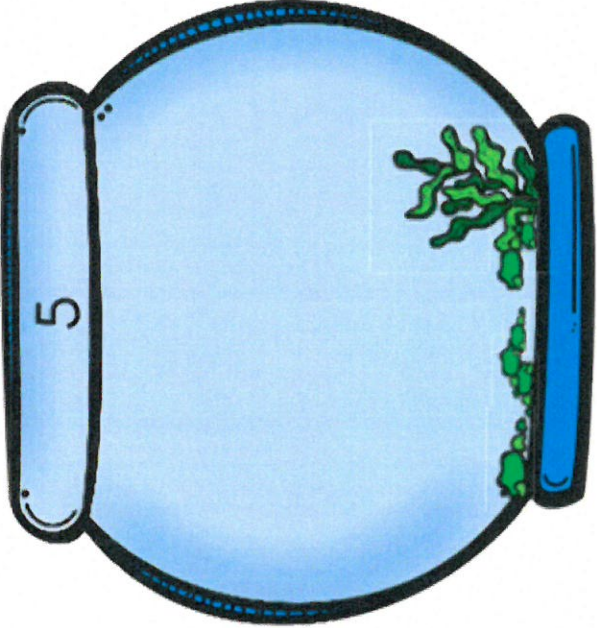
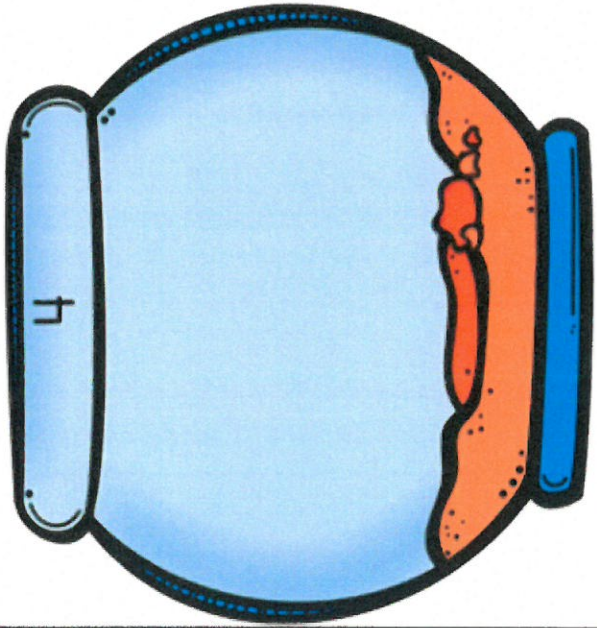
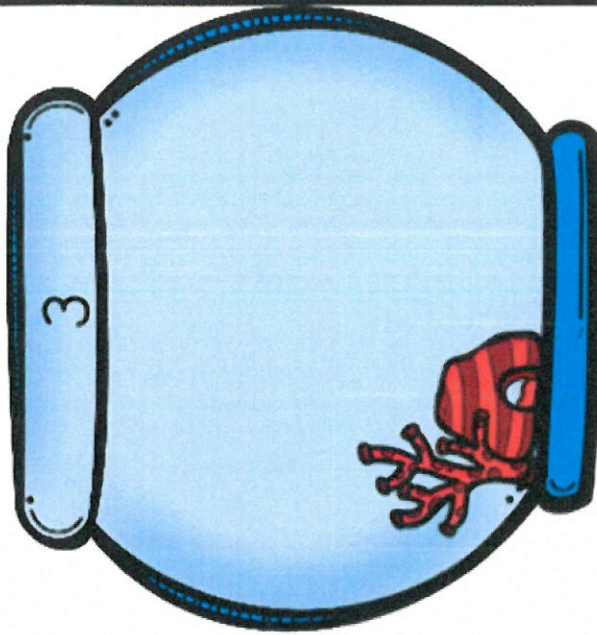
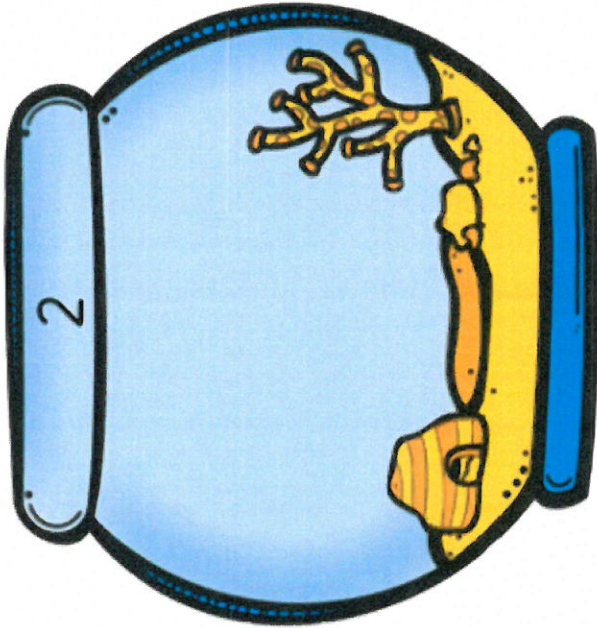
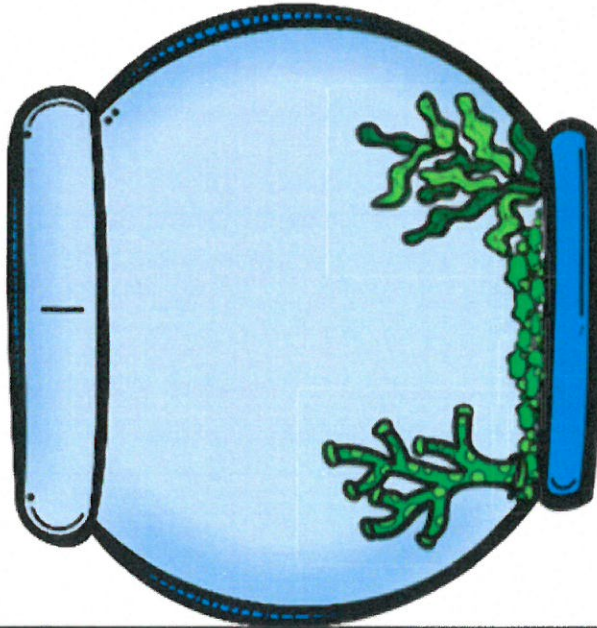
- ☐ Play Dough
- ☐ Rice
- ☐ beans

PLAY DOUGH
COUNTING MATS 1-10



Goldfish Matching

Using Goldfish crackers place the corresponding color and number of fish in each fish bowl below





What has happened and how are you feeling?



What could you do? Write down all the options and code them as a green or red choice.



Choose an option from the box above and think about what would happen if you do it.

Name _____

Check In

This morning I am in the



zone

Today I am looking forward to:

Today I am worried about:

Today my goal is:

Date ____/____/____

Day: M T W Th F

Check Out

This afternoon I am in the



zone

Something I did well today was

Something I will do better tomorrow is

Did you achieve your goal today?
