## School Health Advisory Council (SHAC) Report to RISD School Board May 23, 2022

The School Health Advisory Council is a group of individual representatives of the community which provides advice on Coordinated School Health programs and its impact on students' health and learning. The state requires this committee to meet at least 4 times a year, a parent to be a chairperson, the majority of members to be nonstaff and to report annually to the School Board. Robinson's SHAC was started in September 1996 and currently has 21 members. Meetings were held in September, December, February and April.

## **SHAC Members:**

Parent/Nonstaff Members: Jamie Helpert, Lisa Hoelscher, Kristi Fajardo, Emily Green (Health Department), Pam Stone

Staff Members: Laura Bearden, Tim VanCleave, Abel Sanchez, Kathy Sanders, Brandi Cox, Robin Teichelman, Brian Fuqua, David Wrzesinsk Courtney Baugh, Alternating Brianna Mink, Tamara McNew, Jennifer Mashek, Lindsey Richard, Alma Ramirez, Whitney McMullin, Tiffany Hrabal.

## **Summary of Activities and Accomplishments:**

- Campus safety and traffic were monitored with no accident-related injuries reported.
- Diabetes Training for staff held in August. In-person program was resumed. In-person Region 12 trainings were resumed for staff as well.
- Community Garden Brandi Cox has been working with a volunteer Master Gardener and Robinson 4-H to clean up the garden and plant new flowers and plants.
- SHAC kept updated on COVID, (Tim VanCleave, Laura Bearden), Technology (Bryan Fuqua) and Safety (David Wrzesinski) changes.
- Fitness Gram Scores: scores and report pending.

## Plans for next year include:

- Community Garden for Primary/Elementary...continue to seek assistance from groups such as PALS, Horticulture class, Rockets Reaching Out for approximately 5 hours monthly to maintain the garden; investigate opportunities to utilize the garden more, especially at the Elementary campus.
- FitnessGram...obtain summary report for baseline and yearly comparisons; continue to track progress and usefulness of results.
- Utilize the driving simulator for all ages in high school and consider options for 8<sup>th</sup> graders.

For 2022-23, the meetings will be the second Wednesday in September, November, February, and April in the Junior High Professional Development Room, 4:15-5:15 pm. We welcome any input from RISD, School Board and parents regarding issues for discussion, planning and action.

Jamie Helpert SHAC Committee Chair