

Food Allergy and Anaphylaxis Plan For Connally ISD

Goal: Students with food allergies will be identified as quickly as possible and all measures taken to prevent exposure. Staff will respond with competency if a reaction occurs.

1. All staff and teachers will be required to be trained yearly on food allergies and anaphylaxis.
2. Students with food allergies will be identified by registration paper work at the beginning of school or upon enrolling. The health form will be required to be filled out yearly on each student by the parent or person enrolling the student. This form contains questions pertaining to food allergies and anaphylaxis.
3. The campus health care personnel will assess each health form for indication of food allergies.
4. The parent will be contacted and if the allergy is life threatening, they will be required to have the physician fill out an allergy and anaphylaxis plan (it must be signed by the doctor). The parent will also be required to provide any medication the physician has prescribed.
5. If there is a need for alteration of the school menu, a physician's order will be required. (It can be included in the anaphylaxis plan).
6. Each campus will set up a team to address the individual's needs as it pertains to that campus and age level. The team is to take into account the severity of the student's allergies and their ability to manage it.
7. The team should consist of any or all of the persons listed.
 - a. Nurse
 - b. Administrator
 - c. Counselor
 - d. Teacher
 - e. Food service staff
8. The team will also develop a plan for each student, tailored to meet their individual needs taking into account field trips, class parties and activities as well as grade level.
 - a. Reduce the risk of exposure.
 - b. What to do in the event of exposure
9. The nurse will develop an IHP for the student using the information and planning from the team. A copy will be given to the classroom teacher.
9. Teachers and staff who have students with epipens will be trained in its use by the nurse on that campus.
10. Epipens will be kept in the nurse's office in an unlocked, visibly labeled area or it may be carried on the individual's person which ever is ordered for the individual taking into consideration the age and competence of the student.
11. Epipens will accompany students on all off campus activities
12. Teachers will be provided with the "Action Plan" and will have a copy in the Sub folder.

13. Food service will be notified in writing the student and the food substance to avoid. The nurse/nurse aide will assist food service staff in checking labels if necessary to ensure student does not get exposed to the food item in question. If necessary, an allergy free table can be set up for those students allergic to the same food.
14. Food Service staff will be trained by their employer regarding dealing with food allergies in a school kitchen setting.

(This plan was written according to the guidelines of the commissioner's rule on food allergies and anaphylaxis in schools)

Review and updated by SHAC 04/03/2018

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