

Hello OT students and parent. I hope this finds everyone well. The OT staff has put together some resources for you and your child. Please see the attached links for activities to do at home. Also we plan to add videos to demonstrate fun and functional activities for your child. The OT staff will be reaching out to you weekly to address questions or concerns. Please email us at benitahudsonot@yahoo.com between calls.

Thank you,

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Occupational Therapy Resources for Home

Free Coloring Pages: <https://www.crayola.com/featured/free-coloring-pages/>
<https://www.free-coloring-pages.com/>

Free Cutting Pages: http://fun2write.com/cutting_practice.shtml
<https://www.allkidsnetwork.com/fine-motor-skills/scissor-skills.asp>

Free Handwriting Website that allows customized writing pages: <https://handwritingworksheets.com/>

Fine motor Activities: <http://www.therakids.org/media/pdf/FineMotorActivitiesForHome.pdf>

Gross Motor Exercise Resources: <https://www.ot-mom-learning-activities.com/gross-motor-exercises.html>

Sensory Diet Activities: http://www.therakids.org/media/pdf/Sensory_Diety_Activities_at_home.pdf