



Do you need assistance but are not sure where to call?

The Wyoming County Response Line at **(585) 786-8911** can direct you to the right resource for your needs.



Are you struggling to cope or having a mental health or addiction crisis?  
Help is available 24/7.

Wyoming County Crisis Line  
**(585) 283-5200**



Do you need a caring connection to fight off loneliness and isolation?

**Peers Together Warm Line (585) 786-0080**

Available for your call M – F, 9 am to 2 pm

**Spectrum Emotional Wellness Textline**

**(585) 543-1015** Chat daily from 7 pm to 10 pm