

SUSAN GIERHART, M.Ed., School Counselor, Certified School Psychologist

Jones Middle School

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Google Number: 720-773-0495

Parent Consent for Virtual Counseling Session

If interested in sessions, please read, review, sign, and return to my email, sgierhart@jonesms.k12.ok.us

My goal as a school counselor is to aid in the development of students academically, socially, and emotionally. Meeting with classes, groups, and students individually play an important role in the school counselor/student relationship and in the overall development of the student.

Below are the guidelines and fundamentals to virtual counseling.

All information shared and discussion between the counselor and student are confidential.

Exceptions to confidentiality are

- 1) The student informs me they plan to cause serious harm or death to themselves, and I believe the student has the intent and ability to carry out this threat in the very near future.
- 2) The student tells me they plan to cause serious harm or death to someone else who can be identified, and I believe they have the intent and ability to carry out this threat in the very near future.
- 3) The student informs me they are being abused-physically, sexually or emotionally-or that you have been abused in the past.

With respect to the privacy of the student, I, Susan Gierhart, am willing to have a post counseling debriefing with the parent.

Parental & Student Guidelines:

- 1) I will not record or video any counseling sessions.
- 2) I will give my child respect and privacy when speaking to the counselor online.
- 3) I am willing to participate in counseling in a positive manner as for the benefit of my child.

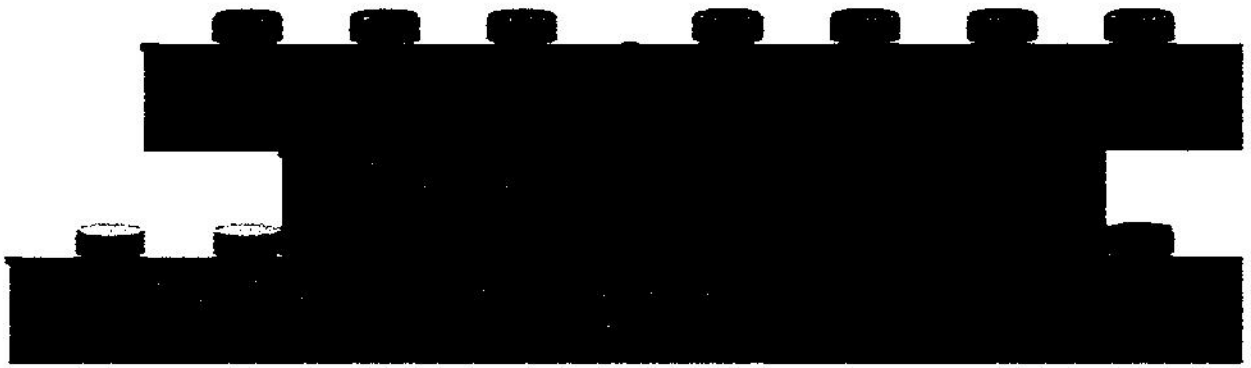
If you agree with the above statements, please sign below. Thank you.

Parent Signature _____ Phone Number _____

Parent Email _____

Student Signature _____ Teacher's Name _____

*If you cannot print this and return this form, please copy and paste these guidelines into an email, type your names and return to me. Thank you.



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Talk to Mrs. Gierhart

Mrs. Gierhart is offering online counseling sessions for Jones Middle School students. Parents need to sign and return a consent form for counseling sessions. Mrs. Gierhart will contact you after the form has been signed and returned to schedule a meeting time. Sessions are confidential. Mrs. Gierhart encourages parents to give students privacy during session. Mrs. Gierhart is willing to debrief with parents/guardians post session without violating student privacy. Students or parents can contact Mrs. Gierhart at either sgierhart@jonesms.k12.ok.us or through Google Voice at 720-773-0495.

Strategies for success

When we lose control in our lives, it is natural to try and regain that control. You may notice that your student is struggling with this. Just as you are feeling overwhelmed during this time, so is your child. Use this time to focus on relationships, reinforce positive behaviors that you see in your child, and enjoy the extra time you get to spend with your child. Establishing routines will help your child to regain some normalcy. You may notice your child regressing emotionally or developmentally. This is normal during times of stress and uncertainty. Finally, don't forget to take care of yourself. If you are in distress, please reach out to someone for help. You can reach out to the Disaster Distress Helpline (SAMSHA) Call 1-800-985-5590 or text TalkWithUs to 66746.