

<p>Butterfly</p> <p>EXAMPLE</p> <p>Your friend is complaining to you about the science test that you have this week. He got a D on the last test and is convinced there's nothing he could do to get a better grade. You believe he's able to get a better grade.</p> <p>You're thinking...</p> <p><i>If ben studies harder, he'll get a better grade on the test.</i></p>	<p>Butterfly</p> <p>EXAMPLE</p> <p>At recess you notice that Barry and Jared are laughing at a joke. Maria walks by and asks them what they're laughing about. Barry won't share the joke because he thinks girls don't like the same jokes as boys do. You think they should share the joke.</p> <p>You're thinking...</p> <p><i>Barry and Jared don't realize girls like jokes, too</i></p>	<p>Butterfly</p> <p>EXAMPLE</p> <p>Your softball team wins a championship game against the Sharks. As your teammates celebrate, a few Shark players are crying. You comment that you feel bad for them, but your teammate thinks they deserve it because they're probably cheaters. You disagree and go up to the Sharks to say "Good game" and shake their hands.</p> <p>You're thinking...</p> <p><i>Good sportsmanship means having good will toward the other team, whether we win or lose</i></p>	

<p>Caterpillar Words</p> <p>Motivate</p>	<p>Caterpillar Words</p> <p>Change</p>	<p>Caterpillar Words</p> <p>Improve</p>	<p>Caterpillar Words</p> <p>Effort</p>
<p>Caterpillar Words</p> <p>Forgive</p>	<p>Caterpillar Words</p> <p>Persistence</p>	<p>Caterpillar Words</p> <p>Challenge</p>	<p>Caterpillar Words</p> <p>Open-minded</p>

<p>Name That Thought</p> <p>If I try harder, I should be able to get a better grade in math</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>I need to work on being more outgoing so I can meet more friends</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>People can change their ways if they're motivated to change</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>Anyone can change their interests by trying out new things</p> <p>Caterpillar Thought</p>
<p>Name That Thought</p> <p>If she keeps practicing, I think she'll be good enough to make the basketball team</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>I need to work on getting along better with my brother</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>I didn't like him the first time I met him, but I think I'll give him another chance.</p> <p>Caterpillar Thought</p>	<p>Name That Thought</p> <p>The more you learn, the smarter you get.</p> <p>Caterpillar Thought</p>

<p>Name That Thought</p> <p>My sister and I will never get along</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>She'll never want to play football with us because girls don't like football</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>I'm not good at science</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>She'll always be a selfish person</p> <p>Worm Thought</p>
<p>Name That Thought</p> <p>People can't change how smart they are</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>There'll never be a day when I'm not in the mood to go shopping</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>I'll always do well in math so I don't need to study for the test</p> <p>Worm Thought</p>	<p>Name That Thought</p> <p>My mom is never interested in coming to my soccer games so I won't even bother telling her about my game on Friday</p> <p>Worm Thought</p>

	<p>Butterfly</p> <p>Your friend calls and asks you to go golfing with his family. You think you're not very good at golf and tell him he would have more fun with someone else. Your friend tells you that you can't get better unless you try, so you decide to join them.</p> <p>You're thinking...</p>	<p>Butterfly</p> <p>Your friend Ben is complaining to you about the science test that you have this week. He got a D on the last test and is convinced there's nothing he could do to get a better grade. You believe he's able to get a better grade</p> <p>You're thinking...</p>	<p>Butterfly</p> <p>You get into an argument with one of your friends because you heard he was talking about you behind your back. HE calls you on the phone the next week and admits that he was wrong. He apologizes and says it won't happen again. You forgive him.</p> <p>You're thinking...</p>
<p>Butterfly</p> <p>You and your friend, Sarah, are playing a game of Frisbee. Roger, a classmate, asks if he can join you. Sarah tells you she saw Roger tease another student earlier that day. You decide to let Roger play the game anyway.</p> <p>You're thinking...</p>	<p>Butterfly</p> <p>Your class is taking a science quiz, and the first question is difficult. You're able to remain calm and work through the first question.</p> <p>You're thinking...</p>	<p>Butterfly</p> <p>Your friend Wendy tells you that she decided not to go to the movies with you because she wants to hang out at Katie's house to swim. You're upset she broke her plans with you. You decide that it's important to tell Wendy she hurt your feelings</p> <p>You're thinking...</p>	<p>Butterfly</p> <p>You and your friend, Diane, are working on a math assignment together. Ryan, a classmate, asks if he can work with you because he needs help on the assignment. You decide to help Ryan with the assignment.</p> <p>You're thinking...</p>

Butterfly

Your friend Ben is complaining to you about the Spelling tests that you have this week. He got a really good grade on it last week and doesn't understand why he has to keep taking the tests if he understands the material. You know it is to check to make sure everyone understands the material.

You're thinking...

Butterfly

You and your friend, Jenny, need to pick a third group member for a social studies assignment. Joey doesn't have a group, but Jenny doesn't want to ask Joey to join because he goofs off sometimes. You want to ask Joey to join your group.

You're thinking...

Butterfly

Your dad wants you to introduce yourself to the new 10-year-old neighbor who moved in next door. You're really shy and feel awkward about knocking on the neighbor's door. You decide to listen to your dad and introduce yourself anyway.

You're thinking...

Butterfly

You're annoyed that your brother keeps coming into your room and borrowing your iPod without asking. Your friend tells you not to bother saying anything because your brother will never listen to you. You decide to talk to your brother about it anyway.

You're thinking...

Butterfly

Karen and Beth are playing jump rope at recess. Karen mentions to Beth that they should invite the new student, Ray, to join them. Beth doesn't think Ray will want to play because boys don't usually like jump rope. You feel they should invite Ray.

You're thinking...

Butterfly

On the bus, Meredith whispers that she thinks the girl in front of you got suspended last week and that the two of you should stay away from her. You tell Meredith you spoke to her in the hallway a few days ago and she seemed like a nice person.

You're thinking...

Butterfly

Your brother asks if he can use your computer, but last week he accidentally deleted something you needed for school. He apologized, but you're worried he'll do something like that again. You give him a chance to use the computer anyway.

You're thinking...

Butterfly

On the first day of school, Bridget, a student you hardly know, asks about your summer. You're surprised because Bridget hangs out with a different crowd at school and has never even spoken to you before. You decide to have a conversation with her.

You're thinking...

	<p>Do You Get Me?</p> <p>When you wake up you find out your school is closed because the electricity went out in the building.</p> <ol style="list-style-type: none"> You're really excited to have a day off from school You're really upset that school is closed because you were looking forward to a special activity You're excited to go back to sleep but disappointed that you won't see your classmates 	<p>Do You Get Me?</p> <p>Your teacher tells the class to have either free time or spend the class period doing homework.</p> <ol style="list-style-type: none"> You decide to do your homework because you don't want to have to do it after school You decide you'd rather have free time and do your homework once you're home You decide to spend half the period doing homework and the other half hanging out with friends 	<p>Do You Get Me?</p> <p>For your birthday present, your parents told you that you could either have tickets to see your favorite musician in concert or tickets to see your favorite basketball team.</p> <ol style="list-style-type: none"> You love music and decided to ask your friend to go to the concert with you. You love basketball and ask your friend to go to the game with you. You didn't want to do either so you asked your parents if you could instead
<p>Do You Get Me?</p> <p>Your teacher asked you to role-play in front of the class?</p> <ol style="list-style-type: none"> You're excited because you enjoy acting and speaking in front of the class You wish your teacher wouldn't ask you because you get nervous speaking in front of the class You're excited to role-play but nervous you may mess up in front of the class. 	<p>Do You Get Me?</p> <p>You miss gym because you forgot to bring sneakers to school</p> <ol style="list-style-type: none"> You're frustrated because you were looking forward to a game the teacher had planned. You're happy because you don't like gym You're both happy and nervous because you want to miss gym but don't want to get into trouble 	<p>Do You Get Me?</p> <p>Your parents ask if you want to attend overnight camp for 2 weeks this summer.</p> <ol style="list-style-type: none"> You're excited to have the chance to go to overnight camp You don't want to go-you're too nervous to be away from home for 2 weeks You're excited and nervous. You think camp will be fun but are nervous that you'll miss home too much. 	<p>Do You Get Me?</p> <p>Your teacher asks you to help organize papers in the classroom during free time.</p> <ol style="list-style-type: none"> You enjoy helping out and are happy your teacher asked you You're annoyed because you were looking forward to hanging out with your friends You're happy to help the teacher but also a little disappointed because you wanted to hang out with friends.

<p>Do You Get Me?</p> <p>The fifth grade teachers are planning an end-of-the-year school trip. You hear that the trip will either be to the zoo or to the baseball game.</p> <ul style="list-style-type: none"> a. You love animals and are hoping for a zoo trip d. You really like baseball and are hoping to go to the game e. You don't like the zoo or baseball so you're planning on missing the trip 	<p>Do You Get Me?</p> <p>While you were in the lunchroom, two of your close friends get in an argument</p> <ul style="list-style-type: none"> a. You feel it's your responsibility to help them work it out so you suggest solutions. b. You think it's none of your business so you stay out of it c. You're not sure what to do about the situation so you ask another of your friends for advice 	<p>Do You Get Me?</p> <p>You get an A on your essay and your teacher reads it in front of the class</p> <ul style="list-style-type: none"> a. You feel proud you're recognized for the hard work you did on your essay. b. You're embarrassed and wish that your teacher asked you before reading it c. You're proud of your grade but wish your teacher didn't read your essay to the class 	<p>Do You Get Me?</p> <p>You saw a classmate take money out of another classmate's desk. Your teacher asked if anyone saw the money.</p> <ul style="list-style-type: none"> a. You believe that you have a responsibility to tell the truth so you told the teacher that you saw a classmate take it. d. You believe that it is none of your business and decided to say nothing e. You told the student who took the money that he/she should return it.
<p>Be Cool</p> <p>You're always the last one picked for team activities during gym class</p>	<p>Be Cool</p> <p>You receive a bad grade on a test you studied really hard for</p>	<p>Do You Get Me?</p> <p>Your friend is upset and wants to talk to you during recess. But you already promised other friends you'd play a game with them</p> <ul style="list-style-type: none"> a. You tell your friends you can't play because you want to make sure your friend is okay b. You don't want to break a promise so you tell your friend you'll talk after school c. You ask your friend to play the game with you and say you'll talk about the problem later. 	<p>Do You Get Me?</p> <p>You're at the mall with your friends. Some of your friends want to go shopping in a clothing store and others want to play video games at the arcade.</p> <ul style="list-style-type: none"> a. You love shopping and decided to go to the store b. You love video games and decided to go to the arcade c. You don't like shopping or video games so you ask one of your friends to get a snack with you.

<p>Be Cool</p> <p>You receive the highest grade in your class on a math test</p>	<p>Be Cool</p> <p>One of your parents is really sick and you're really worried</p>	<p>Be Cool</p> <p>Just before you come to class your favorite pet passes away</p>	<p>Be Cool</p> <p>Your mother won't let you sleep at your friend's house this weekend even though all of your other friends will be there.</p>
<p>Be Cool</p> <p>You won an award at the school assembly</p>	<p>Be Cool</p> <p>You try out for the soccer team and don't make it</p>	<p>Be Cool</p> <p>You find out that you're going on a really fun family vacation this summer</p>	<p>Be Cool</p> <p>You forgot to do your homework and get in trouble in front of the class</p>

Act It Out	Act It Out	Act It Out	Act It Out
Confused	Embarrassed	Afraid	Sad
Act It Out	Act It Out	Act It Out	Act It Out
Uncomfortable	Worried	Proud	Annoyed

Act It Out Surprised	Act It Out	Act It Out	Act It Out
Act It Out Happy	Act It Out Angry	Act It Out Happy	Act It Out Disappointed