Dance Continuing Learning Plan

To continue working on stretching

1. <https://www.youtube.com/watch?v=-VS6jgTTYAQ&t=50s>

2. <https://www.youtube.com/watch?v=qULTwquOuT4>

3. <https://www.youtube.com/watch?v=qZTGgEWPbLk>

4. <https://www.youtube.com/watch?v=L3OqYwdsUnU>

To continue working on ballet technique

1. <https://www.youtube.com/watch?v=Uy67yin1ylI>

2. <https://www.youtube.com/watch?v=b3bawTEPLtA>

3. <https://www.youtube.com/watch?v=_M6jIWe7ERc>

To continue working on jazz/lyrical technique

1. <https://www.youtube.com/watch?v=5Lc-XZaLZWE>

2. <https://www.youtube.com/watch?v=GDHWUqMQpgM>

3. <https://www.youtube.com/watch?v=EGlU79WJ6Dg>

4. <https://www.youtube.com/watch?v=L6Y758ZThKA>

To work on hip-hop technique

1. <https://www.youtube.com/watch?v=n2OxAFYHV0U>

2. <https://www.youtube.com/watch?v=CDMs7Ahsag4>

3. <https://www.youtube.com/watch?v=GDQ4qx5jgTU>

Or students can create 8-12 8-counts of choreography, video it, and email it back to me for feedback.

Also students can learn two tik tok videos a week and send them to me for feedback.