

Unit 2 Lesson:

Lesson 1-Identifying different emotions

Lesson 2-Matching certain emotions to certain situations-emotion match-up

Lesson 3-Predicting how a friend might be feeling based on their behavior

Lesson 4-Empathy and what it means to show it to people

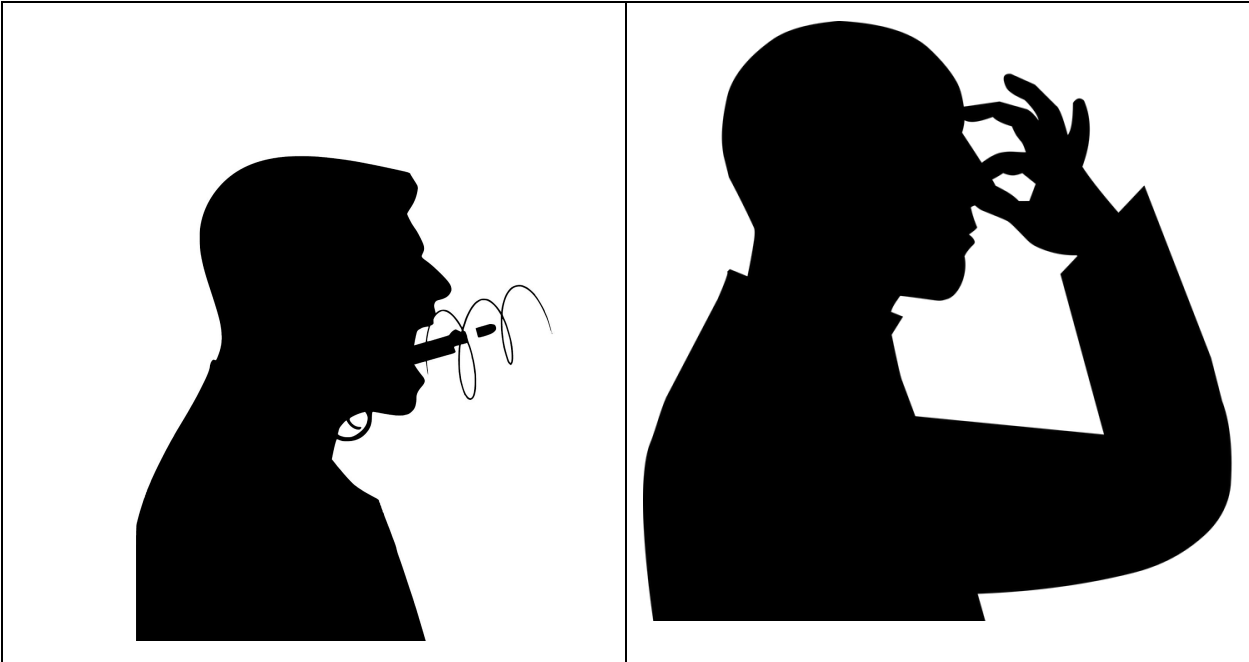
Questions to ask your student before, during, and after the story:

1. Have you and a friend ever had very different feelings about the same thing? Have you ever been surprised by the way someone else reacted to something?
2. In this story, two friends have a hard time getting along because they each react in different ways to a task they are supposed to work on together.
3. What did Kenny think would happen during the dance?
4. If Annie had known Kenny's real thoughts and feelings about the dance, do you think she would still be angry with him? What should she have done instead?

Lesson 1

Emotion	Can Look Like	Can Sound Like	Can Feel Like
Anger			
Disgust			
Embarrassed			

Fear			
Frustration			
Happiness			
Sadness			
Surprise			





Lesson 3-You could use the emotions from the first lesson as what emotions to choose from for this part of the lesson.

<p>The person in front of you in the cafeteria trips and drops his lunch tray all over the floor.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>	<p>A friend tells you that her family is moving to another city next month.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>
<p>During the last few seconds of your soccer game, your goalie misses a shot so your team loses the game.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>	<p>You hear a friend tell the teacher that his dog ran away last night.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>
<p>You see a group of kids laughing at a friend on the playground, and then she walks away with her head down.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>	<p>A friend tells you that she is going to a fun carnival this weekend.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>
<p>A friend tells your class that she made it into the soccer finals.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>	<p>A very quiet friend is called to read out loud in front of the class. You see her hands and lips shaking as she stands up.</p> <p>Has anything like that ever happened to you? How would that person feel? What could you do to be caring?</p>

You see a friend waiting in front of the school building, long after school has ended. He is frowning and keeps looking up and down the street.

Has anything like that ever happened to you?
How would that person feel?
What could you do to be caring?

You see a friend wad up his drawing, throw it down on the desk, and then sit back with a big frown on his face.

Has anything like that ever happened to you?
How would that person feel?
What could you do to be caring?

As teams are being chosen for a game at recess, you see the last person waiting with his head down but no one wants to choose him for their team.

Has anything like that ever happened to you?
How would that person feel?
What could you do to be caring?

You see a friend searching through his backpack after school, and he tells you that he can't find his glasses.

Has anything like that ever happened to you?
How would that person feel?
What could you do to be caring?