

Mental Health Resource List

This page is provided for any families in need of mental health support. If immediate danger is suspected please call 911. For additional guidance and support, our district counselors are available through school email.

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Dial 2-1-1 for immediate access to over 2,000 services available to Jackson County Residents. When you call you are connected to a trained Information and Referral Specialist who can discuss your needs and give you the information and/or referrals you need to find what you are looking for. There is an online directory of available resources as well on the website listed above.

Okay2Say

[Michigan.gov/okay2say/](https://michigan.gov/okay2say/)

A student safety program that allows students to confidentially report potential harm or criminal activity directed at school students, school staff and schools. Tips can be submitted 24 hours a day, 7 days a week. Students can submit tips through phone, email, text message, mobile app or Okay2Say website.

Community Action Agency Jackson, Lenawee & Hillsdale Counties

1214 Greenwood Ave. Jackson, MI. 49203

400 W. South St. Adrian, MI. 49221

55 Barnard St. Hillsdale, MI. 49242

517-784-4800

517-263-7861

517-437-3346

Services: Education, Economic Self-Sufficiency, Housing, Health & Nutrition, and Community Development.

LifeWays CMH

1200 North West Ave. Jackson, MI. 49202

25 Care Drive Hillsdale, MI. 49242

517-789-1200

517-439-2641

Behavioral Health Services in areas such as severe mental issues, intellectual/developmental disability, substance use disorder, and co-occurring disorders.

Family Service & Children's Aid

330 W. Michigan Ave.

Jackson, MI. 49201

517-787-7920

Born Free: Counseling & treatment for females (ages 14+) 12-step recovery program into daily life; Intro to Alcoholics & Narcotics Anonymous and Al-Anon; Families & Schools Together: families attend an 8-week group focusing on family bonding, communication, discipline and nurturing; Other services by referral only: drug screening, counseling (group & individual), First Time Offenders Program, and Breakout Drug Free Education Program in schools (6-12th grade); Child abuse and neglect educational presentations

Lenawee County Community Mental Health

517-263-8905

Behavioral Health Services in areas such as severe mental issues, intellectual/developmental disability, substance use disorder, and co-occurring disorders.

LJ Gallagher PsyD and Associates PLLC

451 Marshall Street

Brooklyn, MI 49230

(517) 414-0697

A Healing Place, LLC

207/209 First St. Jackson, MI. 49201

1218 Greenwood Ave. Jackson, MI. 49201

517-998-4673

Services: Individual Psychotherapy, Psychological Testing, Children/Adolescent Therapy, Family Counseling, Couples Counseling and Group Therapy for Eating Disorders.

Accepted Insurances (Varies by Therapist): BCBS, BCN, Priority Health, HAP, Aetna, Cofinity, PCN/PHP, JHN, Medicare, Magellan, Meridian