

# Coronavirus Information

## Protecting yourself and others

- Avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect frequently touched objects and surfaces
- Stay home when you are sick, except to get medical care
- Wash your hands often with soap and water for at least 20 seconds

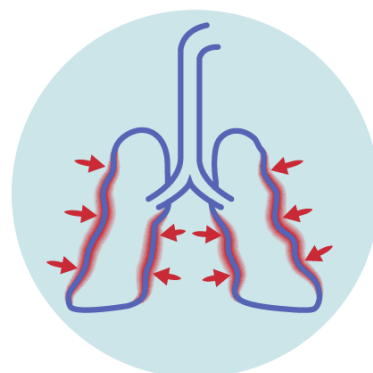


## Watch for symptoms

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

These symptoms may appear **2-14 days after exposure** (based on the incubation period of MERS-CoV viruses).

- Fever
- Cough
- Shortness of breath



## When to Seek Medical Attention

If you develop **emergency warning signs** for COVID-19 get **medical attention immediately**. Emergency warning signs include\*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

(cdc.gov)

- ❖ If you are feeling you may have symptoms of COVID-19 that are not emergent, it is recommended that you contact your primary care physician to discuss your symptoms. Your primary care physician can then direct you to one of the testing site locations in our area.

### Local testing locations

#### Family Practice Center:

- Drive-through location at the Susquehanna Valley Mall, Selinsgrove, by SEARS. The hours of operation are 10am-4pm by appointment.

#### Evangelical Community Hospital:

- Drive-through location at Plaza 15, Lewisburg, behind the McCann School of Business. The hours of operation are 9am-6pm.

#### Geisinger Medical Center:

- Tent behind ER set up for COVID-19 testing at Danville hospital location. Tent is open 24/7. Those experiencing symptoms of COVID-19 are asked to call **570-284-3657** for symptom evaluation and to obtain orders for testing.