

GKHS Families,

We know this is a difficult time and that things are uncertain right now. Our school social worker and counselors are here to support you and offer assistance if needed. We can provide families with resources and address social-emotional needs. We are available from 9:00-3:00 on days school is in attendance to help out students and families. Please feel free to email us or have your student email Shannon Mansfield (Social Worker) at smansfie@gkschools.org, Christy Fraticola (Counselor, A-L) at cfraticola@gkschools.org, and Emily Schiro (Counselor, M-Z) at eschiro@gkschools.org. If your student is in need of support or someone to talk to, an appointment can be scheduled. This appointment will be scheduled through Google Meets and is considered teletherapy. A consent form with directions for completion will be emailed to you prior to the appointment. If an email is sent outside of normal school hours, please allow up to 24 hours for a reply.

If you are in need of support or community resources during this time, assistance is available through the helpline by dialing 2-1-1.

If you are seeking counseling or mental health services, please see the attached list of resources in our community.

Please do not hesitate to reach out. These times are challenging and we are here to help!

Hope all is well!

Shannon Mansfield, Christy Fraticola, & Emily Schiro

Counseling Resources in the Area

Updated 8/28/2019

GK CUSD 424 is providing this information as a courtesy to our families. In doing so, GK CUSD 424 is not endorsing any of the programs listed. Parents should contact the facilities of their choosing to learn more about the services they offer, costs and to determine whether the facility is the right fit for your child/family.

- **Ben Gordon Center** (now KishHealth System Behavioral Health Services)
 - 815-756-4875
 - 12 Health Services Dr., DeKalb, IL 60115
 - www.bengordoncenter.org
 - (will do sliding scale with clients)

- **DeKalb County Youth Service Bureau**
 - 815-748-2010
 - 330 Grove St., DeKalb, IL 60115
 - www.dcysb.com
 - (will do sliding scale with clients)

- **LivingRite, the center for Behavioral Health**
 - 779-777-7335
 - 1625 Bethany Rd. #1, DeKalb, IL 60115
 - <https://livingrite.org/sycamore-office/>

- **Adventure Works of DeKalb County**
 - 815-517-0825
 - 1211 Sycamore Road DeKalb, IL 60115

- **Community Counseling Training Center at Northern Illinois University**
 - 815-753-9312
 - 1425 Lincoln Hwy, DeKalb, IL 60115
 - <https://cedu.niu.edu/cctc/>
 - (free to community members)

- **Associates in Counseling**
 - 815-899-0501
 - 920 West Prairie Drive, Suite F, Sycamore, Illinois 60178
 - www.aic.com

- **Family Service Agency of DeKalb County**
 - 815-758-8616
 - 1325 Sycamore Road DeKalb, Illinois 60115
 - www.fsadekalbcountry.org

- **Kish Health Services**
 - 815-748-8334
 - 760 Foxpoint Drive Sycamore, IL