

## PreK Board

- Students should follow the board daily.
- Place a check on the activities completed and have parent/guardian sign the bottom of the form.
- Students please return this sheet and any additional sheets to your teacher **within two days** of your return to school.

### **Monday, Wednesday, Friday**

Choose at least 5 activities per day

- **Fine Motor Activities**
  - Coloring
  - Drawing
  - Writing letters, shapes, and numbers
  - Cutting if child safe scissors are available
    - Snip paper
    - Cut shapes
    - Cut play-dough
- **Gross Motor**
  - Dance Party
  - Animal Walks
- **Cognitive Skills**
  - Puzzles
  - Board Games
  - Play “I Spy” using color words, vocabulary words (couch, chair, table, etc.), shapes, toys.
- **Expressive/Receptive Language**
  - Read a book. Talk about and/or draw picture related to the story.
  - Ask “wh” questions (what, who, where, why)
- **Creative Play**
  - Stacking blocks or boxes

### **Tuesday, Thursday:**

Choose at least 5 activities per day

- **Fine Motor Activities**
  - Tearing paper into small pieces (no larger than a nickel)
  - Puzzles, if available
  - Lacing cards (you can also use a shoe)
  - Zipping a coat
  - Putting a coat on
  - Buttoning or Snapping clothing items
- **Gross Motor**
  - Stretching
  - Yoga
- **Cognitive Skills**
  - Counting items
  - Counting Aloud
  - Sing the alphabet song
  - Sorting (separate items by color, size, shape, etc)
  - Matching (Go-Fish, matching sounds to objects)
- **Expressive/Receptive Language**
  - Use place words (down, up, above, under, over, next to)
  - Pick out a new word and tell your child what it means. Use it frequently.
- **Creative Play**

○ Measure with blocks

- Compare blocks (bigger, smaller, taller, shorter)
- Create a structure then try to draw it.
- If you have art supplies, create 3-D art structures using recycled materials.

Student Name \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

If you have any questions, please email any of the following teachers.

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