

- **Pre-Participation Athletic Forms:**

Physical Examinations for all sports are valid for one year from date of original examination. However, a Health History update form must be submitted prior to the start of each season.**

Completed forms for all Sports should be returned to the Madison Junior School Nurse, Mary Jane Skordinsky.

All sports physicals must be approved by the school physician prior to the student participating in the sport of his/her choice.

Each year, a Pre-Participation Physical Evaluation Form must be completed by both parents/guardians and the athlete's doctor.

A link to important information and each athletic form is listed below. All of these forms must all be completed and returned to the nurse.

- **Health History Update Questionnaire**

<https://www.state.nj.us/education/students/safety/health/records/HealthHistoryUpdate.pdf>

- **Pre-Participation Physical Evaluation Form**

<https://www.state.nj.us/education/students/safety/health/records/athleticphysicalsform.pdf>

- **Concussion and Head Injury Pamphlet and Sign-Off**

<https://www.nj.gov/education/aps/cccs/chpe/concussions/fact.pdf>

- **Opioid Use and Misuse Educational Fact Sheet**

<https://nj.gov/education/students/safety/behavior/atd/opioid/FactSheet.pdf>

- **Opioid Use and Misuse Sign-Off**

<https://drive.google.com/file/d/0B8MJOMFMMPRIVVptQ0x1NGk5Ti10NklYNV9yWjFYcUNRNF9v/view?usp=sharing>

- **Sudden Cardiac Death Pamphlet**

<https://www.state.nj.us/education/students/safety/health/services/cardiac.pdf>

- **Sudden Cardiac Death Sign-Off Sheet**

<https://www.state.nj.us/education/students/safety/health/services/SuddenCardiacDeathPamphletSignOffSheet.pdf>