



# HEALTHY CHOICES DESERVE HEALTHY DISCOUNTS

## Start saving today with Cigna Healthy Rewards®\*

Just use your Cigna ID card when you pay and let the savings begin.

Get discounts on the health products and programs you use every day for:

- › Nutritional Meal Delivery Service
- › Fitness Memberships and Devices\*\*
- › Vision Care, Lasik Surgery, Hearing Aids
- › Alternative medicine
- › Yoga Products and Virtual Workouts\*\*

### Real brands. Real discounts. Real easy.

Log into **myCigna.com** and navigate to Healthy Rewards Discount Program or call **800.870.3470**.

\* Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. If your health plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your plan benefits. A discount program is NOT insurance, and you must pay the entire discounted charge. All goods, services and discounts offered through Healthy Rewards are provided by third parties who are solely responsible for their products, services and discounts.

\*\* Fitness Membership and Devices along with Yoga Products and Virtual Workouts can only be accessed by login into **myCigna.com** and navigating to Healthy Rewards Discount Program.



For Cigna customers who don't have access to **myCigna.com** and want an Active&Fit Direct™ gym membership:

- › Call **800.870.3470**; and
- › Press 3 to be transferred to a customer service agent.

To view the complete list of the Healthy Rewards programs through **myCigna.com**:

1. Hover over Wellness.
2. Click Wellness & Incentives.
3. Scroll down to Healthy Rewards and Additional Resources.
  - a. Choose from Food, Stress, Sleep, Exercise, Weight, or Prevention.
  - b. Each item you select will give you a list of discounts and descriptions of each. To view all discounts at once, scroll down and click View All Healthy Rewards.

Questions? Click Chat With Us or call the number on your Cigna ID card.

**Together, all the way.®**



**Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.**

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