



COVID-19 Elementary School Counseling Resources

- Food Pantries
 - Housing
 - Applying for Unemployment
- Mental Health Crisis
 - Free Resources

Englewood Food Pantries

Location	Days/Time of Operation:	Additional Information:
St. Cecilia's Office of Concern 55 W. Demarest Ave. Englewood, NJ 07631 201-568-1465	Beginning 3/30/20 20 until possible. Monday, Tuesday & Wednesday 9AM-12PM	<ul style="list-style-type: none"> • Must bring identification (ID) with their home address. If do not have a license, then can bring a piece of mail with home address. • Families can come every week and register with them.
Center for Food Action 192 W. Demarest Ave. #2276 Englewood, NJ 07631	By appointment only.	<ul style="list-style-type: none"> • Families can call 201-569-1804 to set up an appointment.
Community Baptist Church 224 1 st Street Englewood, NJ 07631	Monday, Tuesday, Thursday and Friday 12PM-4PM	
Metro Community Church-Caring Hands Ministry	By appointment only.	<ul style="list-style-type: none"> • Email: Deborah.moore@emetro.org to set up an appointment.

Housing (Rent/Mortgages)

See attached Executive Order (2nd page, 2nd paragraph)

Helpful NJ Government Websites for Housing:

- <https://www.njhousing.gov/dca/hmfa/rentals/>
- <https://www.njhousing.gov/dca/hmfa/foreclosure/>
- https://www.nj.gov/dca/hmfa/media/news/2020/approved/20200319_2.html

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How to File Unemployment Insurance Benefits

<https://myunemployment.nj.gov/before/about/howtoapply/applyonline.shtml>

Crisis Information for Parents

Mobile response stabilization services (MRSS)

PerformCare may authorize mobile response stabilization services (MRSS) to come your home within one hour of notification to provide face-to-face crisis services. The goal is to stabilize behavior and keep your child at home.

Contacting Bergen County Mobile Crisis Unit:

Care Plus NJ Inc @ New Bridge Medical Center Medical Center
230 East Ridgewood Ave
Paramus, NJ 07652

24 Hour Hotline: 201-262-4357

Mobile response is available 24 hours a day, seven days a week, and can offer up to eight weeks of stabilization services.

Additional help:

- National Suicide Prevention Lifeline Opens a new window: 1-800-273-8255.
The Lifeline provides 24/7 free and confidential support for people during emergencies. The Lifeline also helps specific groups, such as youth, loss survivors, veterans, LGBTQ+, and more, cope with suicidal thoughts.
- NJ Hopeline Opens a new window: 1-855-654-6735.
The NJ Hopeline has specialists available 24/7 who offer counseling and support over the phone.
- 2nd Floor Youth Helpline Opens a new window: 1-888-222-2228 (call or text).
2NDFLOOR is a confidential helpline for New Jersey's youth that helps find solutions to problems they face at home, at school, or at play.

Source: www.performcarenj.org/families/emergency-services.aspx

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Miscellaneous Family Resources

Service:	Category :	Website:	Description:
Unemployment	All	https://myunemployment.nj.gov/	Filing Unemployment benefits
NJ SNAP	Food	https://www.nj.gov/humanservices/njsnap/	NJ Supplemental Nutritional Assistance Program
NJ WIC	Food	https://www.state.nj.us/health/fhs/wic/participants/apply-wic/	NJ Women, Infants, & Children
NJ WIC	Food	If need to recertify, call main office in Paterson, NJ (interview will be done by phone and checks will be sent via mail.) 973-754-4730	NJ Women, Infants, & Children
NJ Senior Nutrition Program	Food	https://www.state.nj.us/health/fhs/wic/senior-nutrition/senior-farmers/	Seniors' Nutritional Farmers' Markets
NJ 211 Food Pantries	Food	https://www.nj211.org/resource-search/taxonomy/BD-1800.2000/_/1	List of all food pantries in the state
NJ 211	Human Services	https://www.nj211.org/	List of various human services available throughout the state
NJ Helps	Food, Health & Cash Assistance	https://www.njhelps.org/	Helps determine SNAP, financial, and health insurance assistance
Workfirst NJ	Cash Assistance	https://www.state.nj.us/humanservices/dfd/programs/workfirstnj/	Provides additional financial assistance for families in need
NJ Family Care	Health	http://www.njfamilycare.org/default.aspx	Affordable Healthcare

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Miscellaneous Important Crisis Hotlines

Hotline:	Category:	Telephone Number:
Bergen County Mobile Crisis	Mental Health	201-262-4357
Domestic Violence Hotline	Domestic Violence	(800) 572-7233
Child Abuse Hotline	Child Abuse	(877) 652-2873
Children's System of Care	Children's Services	(877) 652-7624
NJ Mental Health Cares	Mental Health	(866) 202-4357
Crisis Text Line	Crisis	Text "NJ" to 741741
2 nd Floor Support for Youth	Youth Services	(888) 222-2228
Family Helpline	Family Services	(800) 843-5437

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Free Resources for Students and Parents

Babbel:

Though much of the world's travel plans have been put on hold, Babbel is encouraging language lovers to use this time to brush up on their foreign language skills. For three months, students and their parents can access Babbel's app and learning platform in 14 languages as long as they have a valid school email address. Three months should be enough time to learn how to decipher menu items in a restaurant, key words for using public transportation and how to ask for directions to the bathroom in a foreign language.

<https://try.babbel.com/student-discount/>

Scribd:

As the world goes on quarantine due to the COVID-19 pandemic, American e-book and audiobook subscription service Scribd has given free access to its digital library's wide array of contents. While millions of people are staying home to reduce the spread of COVID-19, Scribd is making our digital library of ebooks and audiobooks free for everyone.

<https://www.scribd.com/readfree>

Rosetta Stone:

Thank you for social distancing, an essential measure against the spread of COVID-19. We're right there with you, from our youngest making conference call cameos to our teens announcing mere hours into self-quarantine that they are ready to go back to school.

With free access to Rosetta Stone for Students:

- They'll learn through immersion, making their new language accessible whether they are in kindergarten or prepping for college
- They'll get instant feedback on their pronunciation
- You'll be able to see how they're coming along with progress data and printable reports

Not a student? Not a problem. Begin a free trial (we won't make you flash a student ID or anything!)

<https://www.rosettastone.com/freeforstudents/>

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Audible:

As schools and workplaces are shutting down, kids and parents are all home and it is often quite tough for parents to keep the kids entertained for the entire day without school or classes to keep them busy. It was reported that due to this, Audible is now offering free audiobooks to all kids who are stuck at home. This service was started on Saturday, March 21, 2020. Audible will be offering free streaming for a selected number of children's stories across six languages to keep kids entertained, dreaming, learning, and just being kids. It was reported that this service will be available until the schools are closed.

Which books are available?

The books available through this service have been divided into six categories. These categories are the following:

- Littlest Listeners,
- Elementary
- Tween
- Teen
- Literary Classics
- Folk & Fairy Tales for All

Just go to audible.com/stories to access audiobooks for preschoolers through teens. No catches, no credit cards. Even better? There are stories available in Spanish, French, German, Italian, and Chinese, too. We've rounded up some of our favorite picks below.

<https://stories.audible.com/start-listen>

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Englewood Public Library

NEW! Get your free Digital Library Card today at <https://www.bccls.org/digitalcards.php> !

DIGITAL LIBRARY CARD

Don't have a library card? No problem. BCCLS is offering a free eCard to access all of our eBooks, eAudiobooks and eMagazines.

1. Register online at
<https://www.bccls.org/digitalcards.php>
2. Get instant access to digital collections through at least June 1, 2020
3. Questions? Email circ@englewood.bccls.org



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