

## RSU38 Remote Learning Opportunity Grade Pre-K to 5

**Objective:** These are activities that students can complete independently to maintain skills learned in school.

<b>Sample schedule</b>		<b>Important information</b>
Suggested Time Frames	What are you going to learn today?	<ul style="list-style-type: none"> <li>● These educational opportunities for learning at home are meant to provide parents with resources for student learning to continue at home while our schools are not in session.</li> <li>● Don't hesitate to contact your classroom teacher by email with questions.</li> <li>● Students will benefit from engaging with academic materials daily in order to maintain skills. We encourage you to establish routines with kids to maximize this impact.</li> <li>● Set goals: setting daily goals for what your child will accomplish can help to make tasks meaningful and build confidence for students.</li> <li>● If your child has access to technology you may also use any of the digital resources as a replacement or expansion of learning.</li> <li>● For students receiving special education services, please see their distance learning plan and contact their case manager with any questions regarding that plan.</li> </ul>
<b>15 min - 30 mins per day math activity</b>	<ul style="list-style-type: none"> <li>❖ We strongly suggest you establish a routine for example 2 to 3 learning activities in the morning? and 2 to 3 learning activities in the afternoon. (Whatever fits your situation.)</li> <li>❖ Students should be doing a variety of learning tasks. Use the websites, menus, or resource packet to find something interesting to learn in each category.</li> <li>❖ This is a suggested time-frame. Your child may do more or less depending on what's appropriate for them!</li> </ul>	
<b>15 min - 30 mins per day Reading together</b>		
<b>15 - 30 mins per day Writing</b>		
<b>15 - 30 mins per day movement activity</b>		
<b>Choose 1 of the following areas to do each day: music, art, science or social studies 15 - 30 mins</b>		
<b>Optional activities 15 - 30 mins</b>	Choose an activity from the menu or have your child explore a topic of their interest.	

# Literacy



<p>Read one of your books. Find some sight words that you know.</p>	<p>Read a story to your favorite stuffy.</p>	<p>Write a note to somebody.</p>	<p>Ask someone to read you a fictional story. Practice Retelling the story.</p>
<p>Have someone say Consonant-Vowel-Consonant words ("Cat") to you. Try to segment the sounds and write the words.</p>	<p>Play memory with alphabet or sight word cards.</p>	<p>Find 5 items in your house and clap out syllables. (ti-ger - 2 syllables)</p>	<p>Play "Go Fish" with your alphabet or sight word cards.</p>
<p>Ask someone to read you a story. Draw a picture of a character.</p>	<p>Choose 10 alphabet cards. Tell someone the sound that letter makes. Can you think of a word that begins or ends with that sound?</p>	<p>Clap out how many syllables are in the names of your family members. (Tom: 1 syllable; Car-ter: 2 syllables; Me-liss-a: 3 syllables)</p>	<p>Choose 5 sight word cards. Say a complete sentence using each word.</p>
<p>Choose 10 alphabet cards. Think of a word that begins with each letter.</p>	<p>Ask someone to read you a non-fiction story. Tell what you learned.</p>	<p>Match your uppercase and lowercase alphabet cards.</p>	<p>Read one of your books. Retell the beginning, middle, and end, and tell the setting.</p>

# Writing



Write a note to someone special.	Write 5 words that describe you.	Write all the letters of the alphabet both capital and lowercase in your best handwriting.	Write and/or draw about your favorite place.
Write and/or draw about your favorite animal.	Write a note to your teacher.	Write a story and draw a picture to match.	Cut a picture out of a magazine or use a sticker and write about it.
Write 10 words you find in your house.	Write about your favorite movie.	Go outside and write about what you see.	Write a recipe to make your favorite food.
Write about how to play your favorite game.	Write a list of words that rhyme with cat. yes!	Make a list of your favorite foods.	Write about your favorite part of a book.
Write 3 questions you wonder about..	Write 2 sentences about the weather. Leave spaces and use a period.	Write a word with your finger on someone's back and have them guess it.	Write about your favorite holiday and why.

# Math



Counting Collections <i>(see attached handout for information)</i>	Play "number within 20" go fish with a family member within	What are the different shapes you can think of? Go on a shape hunt around the house or outside. See how many of each shape you can find, then draw them.	Practice writing the numbers from 0 to 20.
Put your number cards in order.	Count how many fingers are in your family. Count by 10s.	Ask someone to tell you a math story problem. Draw a picture to solve.	Play Memory/ Concentration with number cards.
Choose 5 number cards. Count out objects to match each one.	Make a pattern with something in your home.	Go on a stick hunt. Line them up in order by size.	Play a game of "Eye Spy" by describing things by their attributes (color, shape, size).
Count how many steps it takes to walk from your bed to the fridge.	Help someone in your family make a recipe by measuring ingredients.	Ask someone to tell you a math addition or subtraction story problem. Use objects and/or draw to solve it.	Draw a picture and make a puzzle by cutting it to pieces. Sort and count the edge and inside pieces before you do.
Choose a toy (legos, animals, etc.) and sort by an attribute (color, size, shape).	Choose two number cards. Write an addition story and solve it.	Choose a number card. Run around your yard that many times.	Count to 100 with a family member or your favorite stuffy; by 1's and 10's.



## Science and Social Studies



Go for a walk in the woods. See how many living things you can find.	Are there rules for learning at home? What should they be?	Go on a nature scavenger hunt. Find two things that are living in your yard. Write or draw what you think they need to survive.	Draw or write about the different seasons (Winter, Spring, Summer, and Fall).
Draw a map of your bedroom and label it.	Draw and write about the weather today.	Imagine you are an animal. Draw or write about your day - what do you do, what is the weather like, what other animals do you see?	Write a thank you note or draw a picture for someone in the community who helps others..
Make a ramp out of materials you can find around your house.	Make a list of things in your house you pull. Make a list of things in your house you push.	List or draw things you know about community helpers.	Find five different types of rocks outside. Draw or write about each one to show what they look and feel like.
Sit outside or take a walk. Draw or write about what you see, smell, feel around you.	Look up! Draw or write what you see.	Draw or write about your favorite place to visit.	Tell someone in your house about someone important in your life or the community.
Play Animal Riddles Tell your partner one clue at a time about your animal's features (fur or feathers, how many legs, etc)	Object Identification. Have someone put two unknown objects in a bag and by just touching them try to identify.	Find things around your house and put them into categories (color, size, shape).	Find objects around your house. Make predictions about whether they each will float. Put them in water and see if they sink or float.
Pick an item around your house and give five facts about it.	Find things around the house and build an animal home.	Record the weather for the week on the recording sheet.	Build a shelter that you can hide in or keep you out of the sun.

### Art, PE, Music, Guidance: Choice Learning Activities - (PK-2)

Art:	Find one of your favorite books, and create a new cover for it! Color it neatly! (take a picture)	Make shapes with sticks (popsicle sticks, tooth picks, sticks from outside). What shapes can you make? Triangle, Rectangle, Diamond... etc. (Take a picture)	Sit outside (or inside!) and draw examples of patterns and texture you see in nature: like flower petals, pine cone scales, veins on leaves, fur on an animal.	Play "I Spy" with a family member. Start with colors, can you play it with shapes? What about letters or numbers?
Music:	Listen to a song without words. Draw a picture of what the song is about, or how it makes you feel.	Build a musical instrument with items you found inside/ outside.	Tap the beat, while singing a song, on something you found in your house. (ex: pot, chair, sticks, etc)	Write/draw about why music is a special part of your life.
PE:	Make an obstacle course from things outside or inside; rocks, logs, toys. See how fast you can go through it. Try again to see if you improve. Put things back!.	Put a piece of paper on your chest. How far can you travel before it drops? Crunch the paper into a ball. Toss and strike with your hand. Toss and catch. Shoot into a trash can - any target will do! Pick up the paper with your feet and pass to your hands.	Clap to the beat of a song with your hands. Pick a body part to move: your elbows, knees, shoulders, hips, toes, head, left foot, right foot. Can you move two body parts to the beat?	Can you make shapes with your body? Triangle, circle, diamond -others? Make the letters of the alphabet with your body. Use those letters to spell your name.
Guidance:	Create different emotion faces with playdoh. Make the face as you create it. Share a time when you felt this way.	Feeling worried? Draw your worries on paper, tear it up and throw it away!	Practice belly breathing to stay calm: Lie down on your back and place a favorite small stuffie or toy on your belly. When you breathe in, slowly fill your belly and watch the toy rise. When you slowly breathe out it will settle.	Choose Kind: <ol style="list-style-type: none"> <li>1. Say good morning to your family</li> <li>2. Help put away at least 3 things</li> <li>3. Remember the magic words: "please" and "thank-you"</li> <li>4. Take care of your pets</li> </ol>

Dear Families,

We are so excited to finally be able to reach out to you. We want you all to know that we miss you terribly, and we are looking forward to seeing you again soon. The extended closure of school has thrown a wrench in our plans for spring performances, art shows, and events. At this time, we have not yet made any attempts to reschedule. It's still too soon to make changes, as information and decisions that impact our calendar changes daily. We promise to work with our administrators to find solutions and/or alternatives to our scheduling problems, and will let you all know as soon as possible.

In the meantime, we are working together to provide you with some opportunities to participate in "specials" at home. We believe that music, art, movement, and selfcare can lift our spirits, open our hearts, and bring positivity into your home during challenging times such as this. We have created a menu of activities for your convenience, and we encourage any and all family members to join in and participate. All of us will be available via email, should you have any questions, concerns, or requests.

Sincerely,

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## Supplementary Technology sites:

### Literacy

Go Fish Rules: <https://bicyclecards.com/how-to-play/go-fish/>

Memory Rules: <https://www.eduplace.com/ss/act/rules.html>

[Epic](https://www.getepic.com/?utm_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6AIsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw_YTItAexoCPdQQA_VD_BwE) (30day trial)

[https://www.getepic.com/?utm\\_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6AIsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw\\_YTItAexoCPdQQA\\_VD\\_BwE](https://www.getepic.com/?utm_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6AIsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw_YTItAexoCPdQQA_VD_BwE)

<https://www.starfall.com>

<https://www.raz-kids.com/> - (There is a 14 day trial only)

<https://www.kennedy-center.org/education/mo-willems/> - (This is a link where you can sign up to do Lunch Doodles with Mo Willems.)

<https://sightwords.com/> - (You can edit and create your own sight word games for home.)

### Math:

- Bedtime Math <http://bedtimemath.org/fun-math-at-home/>
- Splat! (Choose from Splat Through 10 and/or Splat Through 20) <https://stevevyborne.com/2017/02/splat/>

### Other:

<https://mysteryscience.com/lessons/seasonal/current-events>

<https://mysteryscience.com/mini-lessons/pizza?code=1ff5b80840db4c0add0a9358f357a8ac>

<https://mysteryscience.com/mini-lessons/animals-laugh?code=c0e9d08a82b907d34cef838ac6720634>

<https://mysteryscience.com/mini-lessons/biggest-tree?code=4d4ab28bde6ee9598871b81ff33c5357>

<https://mysteryscience.com/mini-lessons/hiccups?code=d080bde185cab603a93e5b163d557ec1>

<https://mysteryscience.com/mini-lessons/germs?code=e6a6a181e835354f8c7b2dffec020893>

<https://mysteryscience.com/mini-lessons/germs-sanitizer?code=d1220d5754c6fab7c9de53d6654f41d6>

### **Computer Class**

Mrs. Gatti-Fyler's PortaPortal: <https://guest.portaportal.com/fyler>

Ms. Poulin's PortaPortal: <https://guest.portaportal.com/weslab>

#### Supplemental Websites for Music Exploration:

Chrome Music Lab: <https://musiclab.chromeexperiments.com/>

New York Philharmonic Kids Zone: <https://www.nyphilkids.org/>

Classics for Kids: <https://www.classicsforkids.com/>

#### Supplemental Websites for Art Exploration:

Want to make a Koala? <https://www.artsonia.com/teachers/ideas/entry.asp?id=21>

Tye dye name design! <https://www.artsonia.com/teachers/ideas/entry.asp?id=8>

Foil prints! <https://www.artsonia.com/teachers/ideas/entry.asp?id=13>

Toy Theatre: <http://toytheater.com/category/art/>

Art for Kids Hub: <https://www.youtube.com/artforkidshub>

#### Supplemental websites for Movement:

Great site for movement videos: <https://www.gonoodle.com>

Yoga for kids: <https://www.cosmickids.com>

Supplemental websites/articles for Guidance

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronaviru>

<https://www.centralmaine.com/2020/03/24/maine-voices-families-getting-a-crash-course-in-distance-learning>