

RSU38 Remote Learning Opportunity Grade Pre-K to 5

Objective: These are activities that students can complete independently to maintain skills learned in school.

Sample schedule		Important information
Suggested Time Frames	What are you going to learn today?	<ul style="list-style-type: none"> ● These educational opportunities for learning at home are meant to provide parents with resources for student learning to continue at home while our schools are not in session. ● Don't hesitate to contact your classroom teacher by email with questions. ● Students will benefit from engaging with academic materials daily in order to maintain skills. We encourage you to establish routines with kids to maximize this impact. ● Set goals: setting daily goals for what your child will accomplish can help to make tasks meaningful and build confidence for students. ● If your child has access to technology you may also use any of the digital resources as a replacement or expansion of learning. ● For students receiving special education services, please see their distance learning plan and contact their case manager with any questions regarding that plan.
15 min - 30 mins per day math activity	<ul style="list-style-type: none"> ❖ We strongly suggest you establish a routine for example 2 to 3 learning activities in the morning? and 2 to 3 learning activities in the afternoon. (Whatever fits your situation.) ❖ Students should be doing a variety of learning tasks. Use the websites, menus, or resource packet to find something interesting to learn in each category. ❖ This is a suggested time-frame. Your child may do more or less depending on what's appropriate for them! 	
15 min - 30 mins per day Reading together		
15 - 30 mins per day Writing		
15 - 30 mins per day movement activity		
Choose 1 of the following areas to do each day: music, art, science or social studies 15 - 30 mins		
Optional activities 15 - 30 mins	Choose an activity from the menu or have your child explore a topic of their interest.	

Literacy

Write your name.	Read a story to your favorite stuffy.	Write/draw a note to somebody.	After reading your favorite book, retell the story to your grown-up.
Find the letters of your name around your house.	Draw/write in your journal about what you are wondering about.	Draw a picture of your family.	After reading one of your favorite books, turn to a page and see how many letters you can find. (Ex. How many A's can you find)
Use Play-doh, shaving cream, salt, sand, or paint or other materials to make your name.	Draw a picture of a collection in your house. (i.e. pans, spices, toys)	Draw a picture of yourself doing your favorite activity at home.	Act out your favorite story using a puppet you created.
Trace 5 letters with shaving cream. (Or salt, sand, or paint)	Draw a picture of your favorite animal.	Journal Entry: Pick a letter. Make a letter & draw something that begins with that letter.	Dress up like a character in your favorite book and act out a page from the story.
Draw/Write in your journal about the weather	Write about your favorite thing to do with your family and share your writing.	Pick a book and have someone read it to you.	Act out a nursery rhyme that you have learned in school.

Math

Follow a recipe to help your parents make something.	Make a Collection of 3, 5, or 10 objects at your house and tell someone about it.	Go on a shape hunt around the house and see how many of each shape you can find, then draw them.	Do a puzzle.
Play Go Fish	Roll and Write Numbers	Practice Cutting Paper into simple Shapes and share your work.	Play a board game.
Make a pattern with your movement (ex. Clap, stomp, clap, stomp...etc)	Play "Shape Tap" -Someone calls out a shape and you walk around the room and tap objects that are that shape. Look for patterns on clothes	Pick 5 number pairs from a deck of cards. Use them to play a memory game.	Go on a number hunt around your house see if you can find the numerals 0-10
Practice Writing Numerals 0-10 one time each.	Measure your table (or something else in your house with your shoes. How many shoes long is it?	Look for patterns in clothing.	Play Roll and Build. -Roll a die and add the same number of blocks (or other objects) to your tower.
Write numbers 0-5 on post-its, or other slips of paper and put them in order.	Sort some socks in your house by color. Can you make any matches?	Find the objects around your house & trace their shape on a piece of paper. Take them off, mix them up and see if you can match the object with its shape again.	Play "Race to Fill" -Use two of the same size cups, roll a die and race to fill your cup with that same number of objects (cotton balls, rocks, beads etc).

Science and Social Studies

Take a walk in the woods and play "I Spy"	Go for a walk and notice/talk/draw/write about the signs of Spring that you see.	Set up an imaginary ice cream store. What flavors would you have? How much do they cost?	Plant a seed or (a split acorn) and take care of it.
Draw a map of your bedroom	Set up a tea party for you and a friend.	Make an instrument out of recycled materials.	Start a nature journal.
Find some objects around your house and see if they sink or float.	Go Outside Two different times and talk about what is the same and different.	Help your family set the table for dinner.	Play a turn-taking game.
Create your own circle time with stuffed animals.	Gather some of your stuffed animals and teach them the rules of your room. (Ex. Be kind, be gentle, help clean-up)	Show someone in your family one way that you can be kind to one another.	Go on a nature scavenger hunt. Draw/Tell about something you found.
Pretend that there is a treasure in your backyard. Make a treasure map for someone to follow.	What type of Job/jobs do you want to do when you're older? You could write/draw or just tell someone about it.	Make a Shopping List using pictures, letters, or words.	Take a walk with a grown-up outside and look for and talk (make observations) about what you notice about what is happening around your home where snow has melted.

Art, PE, Music, Guidance: Choice Learning Activities - (PK-2)

Art:	Find one of your favorite books, and create a new cover for it! Color it neatly! (take a picture)	Make shapes with sticks (popsicle sticks, tooth picks, sticks from outside). What shapes can you make? Triangle, Rectangle, Diamond... etc. (Take a picture)	Sit outside (or inside!) and draw examples of patterns and texture you see in nature: like flower petals, pine cone scales, veins on leaves, fur on an animal.	Play "I Spy" with a family member. Start with colors, can you play it with shapes? What about letters or numbers?
Music:	Listen to a song without words. Draw a picture of what the song is about, or how it makes you feel.	Build a musical instrument with items you found inside/ outside.	Tap the beat, while singing a song, on something you found in your house. (ex: pot, chair, sticks, etc)	Write/draw about why music is a special part of your life.
PE:	Make an obstacle course from things outside or inside; rocks, logs, toys. See how fast you can go through it. Try again to see if you improve. Put things back!.	Put a piece of paper on your chest. How far can you travel before it drops? Crunch the paper into a ball. Toss and strike with your hand. Toss and catch. Shoot into a trash can - any target will do! Pick up the paper with your feet and pass to your hands.	Clap to the beat of a song with your hands. Pick a body part to move: your elbows, knees, shoulders, hips, toes, head, left foot, right foot. Can you move two body parts to the beat?	Can you make shapes with your body? Triangle, circle, diamond -others? Make the letters of the alphabet with your body. Use those letters to spell your name.
Guidance:	Create different emotion faces with playdoh. Make the face as you create it. Share a time when you felt this way.	Feeling worried? Draw your worries on paper, tear it up and throw it away!	Practice belly breathing to stay calm: Lie down on your back and place a favorite small stuffie or toy on your belly. When you breathe in, slowly fill your belly and watch the toy rise. When you slowly breathe out it will settle.	Choose Kind: <ol style="list-style-type: none"> 1. Say good morning to your family 2. Help put away at least 3 things 3. Remember the magic words: "please" and "thank-you" 4. Take care of your pets

Dear Families,

We are so excited to finally be able to reach out to you. We want you all to know that we miss you terribly, and we are looking forward to seeing you again soon. The extended closure of school has thrown a wrench in our plans for spring performances, art shows, and events. At this time, we have not yet made any attempts to reschedule. It's still too soon to make changes, as information and decisions that impact our calendar changes daily. We promise to work with our administrators to find solutions and/or alternatives to our scheduling problems, and will let you all know as soon as possible.

In the meantime, we are working together to provide you with some opportunities to participate in "specials" at home. We believe that music, art, movement, and selfcare can lift our spirits, open our hearts, and bring positivity into your home during challenging times such as this. We have created a menu of activities for your convenience, and we encourage any and all family members to join in and participate. All of us will be available via email, should you have any questions, concerns, or requests.

Sincerely,

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Mrs. Shively, Music amanda_shively@maranacook.com

Mrs. Blake, Art nicole_blake@maranacook.com

Mrs. Wilson, Art rachael_wilson@maranacook.com

Mrs. Vining, Guidance Becky_vining@maranacook.com

Ms. Wicks, Guidance tara_wicks@maranacook.com

Mrs. Godfrey, Physical Education barbara_godfrey@maranacook.com

Mrs. Martin, Physical Education nancy_martin@maranacook.com

PreK Materials List

Journal

Few crayons

Scissors (If you think they need them)

A Dice?

Supplementary Technology sites

Math: PBS Kids: pbskids.org

Other: Cosmic Kids Yoga- cosmickids.com