

## RSU38 Remote Learning Opportunity Grade Pre-K to 5

**Objective:** These are activities that students can complete independently to maintain skills learned in school.

Sample schedule		Important information
Suggested Time Frames	What are you going to learn today?	<ul style="list-style-type: none"> <li>● These educational opportunities for learning at home are meant to provide parents with resources for student learning to continue at home while our schools are not in session.</li> <li>● Don't hesitate to contact your classroom teacher by email with questions.</li> <li>● Students will benefit from engaging with academic materials daily in order to maintain skills. We encourage you to establish routines with kids to maximize this impact.</li> <li>● Set goals: setting daily goals for what your child will accomplish can help to make tasks meaningful and build confidence for students.</li> <li>● If your child has access to technology you may also use any of the digital resources as a replacement or expansion of learning.</li> <li>● For students receiving special education services, please see their distance learning plan and contact their case manager with any questions regarding that plan.</li> </ul>
<b>15 min - 30 mins per day math activity</b>	<ul style="list-style-type: none"> <li>❖ We strongly suggest you establish a routine for example 2 to 3 learning activities in the morning? and 2 to 3 learning activities in the afternoon. (Whatever fits your situation.)</li> <li>❖ Students should be doing a variety of learning tasks. Use the websites, menus, or resource packet to find something interesting to learn in each category.</li> <li>❖ This is a suggested time-frame. Your child may do more or less depending on what's appropriate for them!</li> </ul>	
<b>15 min - 30 mins per day Reading together</b>		
<b>15 - 30 mins per day Writing</b>		
<b>15 - 30 mins per day movement activity</b>		
<b>Choose 1 of the following areas to do each day: music, art, science or social studies 15 - 30 mins</b>		
<b>Optional activities 15 - 30 mins</b>	Choose an activity from the menu or have your child explore a topic of their interest.	

# Literacy



<p>Make a list of things you want to do tomorrow. Read your list to someone in your family.</p>	<p>Read a book outside.</p>	<p>Write a note to somebody in your family. Read your note to him or her.</p>	<p>Read a story to someone. Share with each other your favorite part of the story. You can do this over the phone or computer too!</p>
<p>Make a list of 10 words that are the same in some way. They could all have a blend (bl, st, tr...), digraph (ch, sh, th...), chunk (-at, -op) or be the same type of word (color, number).</p>	<p>Read a favorite book to yourself or a pet. Then draw a picture of your favorite part. Label it.</p>	<p>Choose 10 sight words and write them in a sentence. Can you use 2 words in the same sentence?</p>	<p>Read a book with a flashlight in the dark, under a blanket or in a fort.</p>
<p>Read a book of your choice and draw, write or tell who the characters are, where the story took place and some details about the story.</p>	<p>Read a nonfiction text. Write down 3 facts that you learned. It could be a book, article, website or video you watched. Draw a realistic picture to match.</p>	<p>Write about what you did today. Write three or more sentences.</p>	<p>Write a fairy tale (include elements like royalty, fairies, talking animals etc.)</p>
<p>Write a letter to your teacher. Take a picture and email it to your teacher (or use snail mail if you prefer).</p>	<p>Have someone read you a story without showing you the pictures. Draw a picture of your favorite part.</p>	<p>Read a story and retell the entire story to a parent/sibling/stuffy. Use words like "In the beginning, then, next, after that, at the end."</p>	<p>Read a story to your favorite stuffy in a comfy spot.</p>
<p>Read a book in a silly voice. Be creative and act out the events in the book.</p>	<p>Make a list of rhyming words.</p>	<p>Look out your window or take a walk outside and write down all the things you see and hear.</p>	<p>Read or have someone else read you a story. Write about whether you liked it or not and why. (opinion)</p>

# Math

<p>Take a scoop of cheerios (or another small object), count and write how many you have. (see counting collections hand out in packet)</p>	<p>Play go fish for ten with a family member. (see packet for directions)</p>	<p>Go on a shape hunt around the house and see how many of each shape you can find, then draw them.</p>	<p>Have someone tell you a math story problem. Write an equation. Explain your thinking using drawings, numbers, or words.</p>
<p>Choose two numbers, write an addition story and solve it.</p>	<p>Play a board game like Candyland or Chutes and Ladders.</p>	<p>Help someone in your family make a recipe by measuring ingredients.</p>	<p>Make a pattern with something in your home.</p>
<p>Count all the shoes in your house and show how many using tally marks, groups of ten, and write some comparison expressions. (Ex. Mom has more shoes than dad. I have 14 shoes and my sister has 10 shoes, <math>14 &gt; 10</math>.)</p>	<p>Look at the egg image (see packet). What are two different ways you could count the eggs? Record your strategy for counting using equations. Ask someone in your house how they would count the eggs!</p>	<p>Play two digit Compare: Using a deck of cards with face cards removed each player selects two cards, builds a two digit number, the player with the largest number wins.</p>	<p>Look at the dot image and explain to someone how you could count them. How would they count the dots? Is there another way to count them?</p>
<p>Go on a nature walk and collect interesting items along the way. Sort your items and create a graph to represent the items you found.</p>	<p>Play a guessing game using tens and ones. (Ex. I am thinking of a number that has a 5 in the tens place and a 3 in the ones place the number is 53.)</p>	<p>Choose two to three word problems from the packet and solve. Draw a picture and write an equation for each.</p>	<p>Think of a number. What comes before? What comes after?</p>
<p>Practice writing numbers 0-150.</p>	<p>Match up socks. Count the pairs by twos.</p>	<p>Count by ones, fives, and tens to 100.</p>	<p>Just count....randomly pick two numbers and add or subtract them. Make sure your answer is correct. :)</p>

## Science and Social Studies

Take a walk in the woods and play "I Spy" (describe a plant or animal you see)	Go outside 3 different times on the same day. Stand in the same place. Look for your shadow. How does it change? Why?	Choose something in your yard ( a tree or rock). Draw it's shadow in the morning, middle of day, and late in the afternoon.	Pick an item around your house and give 5 facts about it. Sit outside or take a walk. Draw or write what you see, smell and hear around you.
Look up at the night sky and draw a picture of what you see.	Find items around your house and put them into categories (color, size and shape).	Draw or write about the different seasons.	List, draw or write about a community helper. (Policeman, firefighter, mail worker etc.)
Let's think like historians by looking at historical settings. This describes where and when something took place. Record the who, what, where, and when of your historical setting. ~WHO is with you? ~WHAT is going on? ~WHERE are you? ~WHEN is it?	Draw two living things you saw today.  Label each as : plant, animal or people.	Object Identification Have someone put 2 unknown objects in a bag. Just by touching them, try to identify them.	Ask your family to help you find a picture of something from THEN (the past) and something from NOW (the present). How are they the same and different?
Tell someone in your house about someone who is important to you in your life or the community.	Find items around your house that may sink or float. Predict what they may do then test out your thoughts. Write down your predictions and findings.	Imagine you are an animal. Draw or write about your day- what do you do, what is the weather like, what do you see, what other animals do you come across?	Find 5 different types of rocks outside and draw or write what they look like and feel like.
Draw a map of your bedroom.	Draw a map of your front yard and label it.	Draw or write about your favorite place to visit.	List, draw or write about a community helper.

## Social Emotional Learning Menu

<i>Share your 3 favorite yoga poses or make up 3 of your own. Share with your family.</i>	<i>Practice Belly Breathing.</i>	<i>Talk about 5 things you are grateful for.</i>	<i>Practice sitting still for 1 minute. Notice the sounds you hear.</i>
<i>Play Red Light Green Light to practice self control.</i>	<i>Tell about a time when you felt happy.</i>	<i>Tell about a time when you felt sad.</i>	<i>Name all the emotions you can think of.</i>
<i>Play some music and color a picture.</i>	<i>Talk, write or draw about a time when you showed or recieved empathy.</i>	<i>Go for a walk with your family.</i>	<i>Play a game with your family.</i>

## Art, PE, Music, Guidance: Choice Learning Activities - (PK-2)

Art:	Find one of your favorite books, and create a new cover for it! Color it neatly! (take a picture)	Make shapes with sticks (popsicle sticks, tooth picks, sticks from outside). What shapes can you make? Triangle, Rectangle, Diamond... etc. (Take a picture)	Sit outside (or inside!) and draw examples of patterns and texture you see in nature: like flower petals, pine cone scales, veins on leaves, fur on an animal.	Play "I Spy" with a family member. Start with colors, can you play it with shapes? What about letters or numbers?
Music:	Listen to a song without words. Draw a picture of what the song is about, or how it makes you feel.	Build a musical instrument with items you found inside/ outside.	Tap the beat, while singing a song, on something you found in your house. (ex: pot, chair, sticks, etc)	Write/draw about why music is a special part of your life.
PE:	Make an obstacle course from things outside or inside; rocks, logs, toys. See how fast you can go through it. Try again to see if you improve. Put things back!.	Put a piece of paper on your chest. How far can you travel before it drops? Crunch the paper into a ball. Toss and strike with your hand. Toss and catch. Shoot into a trash can - any target will do! Pick up the paper with your feet and pass to your hands.	Clap to the beat of a song with your hands. Pick a body part to move: your elbows, knees, shoulders, hips, toes, head, left foot, right foot. Can you move two body parts to the beat?	Can you make shapes with your body? Triangle, circle, diamond -others? Make the letters of the alphabet with your body. Use those letters to spell your name.
Guidance:	Create different emotion faces with playdoh. Make the face as you create it. Share a time when you felt this way.	Feeling worried? Draw your worries on paper, tear it up and throw it away!	Practice belly breathing to stay calm: Lie down on your back and place a favorite small stuffie or toy on your belly. When you breathe in, slowly fill your belly and watch the toy rise. When you slowly breathe out it will settle.	Choose Kind: <ol style="list-style-type: none"> <li>1. Say good morning to your family</li> <li>2. Help put away at least 3 things</li> <li>3. Remember the magic words: "please" and "thank-you"</li> <li>4. Take care of your pets</li> </ol>

Dear Families,

We are so excited to finally be able to reach out to you. We want you all to know that we miss you terribly, and we are looking forward to seeing you again soon. The extended closure of school has thrown a wrench in our plans for spring performances, art shows, and events. At this time, we have not yet made any attempts to reschedule. It's still too soon to make changes, as information and decisions that impact our calendar changes daily. We promise to work with our administrators to find solutions and/or alternatives to our scheduling problems, and will let you all know as soon as possible.

In the meantime, we are working together to provide you with some opportunities to participate in "specials" at home. We believe that music, art, movement, and selfcare can lift our spirits, open our hearts, and bring positivity into your home during challenging times such as this. We have created a menu of activities for your convenience, and we encourage any and all family members to join in and participate. All of us will be available via email, should you have any questions, concerns, or requests.

Sincerely,

Mrs. Tripp, Music [dorie\\_tripp@maranacook.com](mailto:dorie_tripp@maranacook.com)

Mrs. Shively, Music [amanda\\_shively@maranacook.com](mailto:amanda_shively@maranacook.com)

Mrs. Blake, Art [nicole\\_blake@maranacook.com](mailto:nicole_blake@maranacook.com)

Mrs. Wilson, Art [rachael\\_wilson@maranacook.com](mailto:rachael_wilson@maranacook.com)

Mrs. Vining, Guidance [Becky\\_vining@maranacook.com](mailto:Becky_vining@maranacook.com)

Ms. Wicks, Guidance [Tara\\_wicks@maranacook.com](mailto:Tara_wicks@maranacook.com)

Mrs. Godfrey, Physical Education [barbara\\_godfrey@maranacook.com](mailto:barbara_godfrey@maranacook.com)

Mrs. Martin, Physical Education [nancy\\_martin@maranacook.com](mailto:nancy_martin@maranacook.com)

### **Supplementary Technology sites:**

#### **Literacy**

[Epic](#) (30day trial)

[https://www.getepic.com/?utm\\_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6AIsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw\\_YTItAexoCPdQQA\\_VD\\_BwE](https://www.getepic.com/?utm_channel=search&gclid=CjwKCAjwvOHZBRBoEiwA48i6AIsn62fjQ1vO-ZB8hctiLk36CcD54iNveKL54a8L9RFXqw_YTItAexoCPdQQA_VD_BwE)

<https://www.starfall.com>

<https://www.raz-kids.com/> - (There is a 14 day trial only)

<https://www.kennedy-center.org/education/mo-willems/> - (This is a link where you can sign up to do Lunch Doodles with Mo Willems.)

<https://sightwords.com/> - (You can edit and create your own sight word games for home.)

## Math

- Bedtime Math <http://bedtimemath.org/fun-math-at-home/>
- Splat! (Choose from Splat Through 10 and/or Splat Through 20) <https://stevevyborney.com/2017/02/splat/>

## Other

<https://mysteryscience.com/lessons/seasonal/current-events>

<https://mysteryscience.com/mini-lessons/pizza?code=1ff5b80840db4c0add0a9358f357a8ac>

<https://mysteryscience.com/mini-lessons/animals-laugh?code=c0e9d08a82b907d34cef838ac6720634>

## Computer Class

Mrs. Gatti-Fyler's PortaPortal: <https://guest.portaportal.com/fyler>

Ms. Poulin's PortaPortal: <https://guest.portaportal.com/weslab>

### Supplemental Websites for Music Exploration:

Chrome Music Lab: <https://musiclab.chromeexperiments.com/>

New York Philharmonic Kids Zone: <https://www.nyphilkids.org/>

Classics for Kids: <https://www.classicsforkids.com/>

### Supplemental Websites for Art Exploration:

Want to make a Koala? <https://www.artsonia.com/teachers/ideas/entry.asp?id=21>

Tye dye name design! <https://www.artsonia.com/teachers/ideas/entry.asp?id=8>

Foil prints! <https://www.artsonia.com/teachers/ideas/entry.asp?id=13>

Toy Theatre: <http://toytheater.com/category/art/>

Art for Kids Hub: <https://www.youtube.com/artforkidshub>

Supplemental websites for Movement:

Great site for movement videos: <https://www.gonoodle.com>

Yoga for kids: <https://www.cosmickids.com>

Supplemental websites/articles for Guidance

<https://www.common sense media.org/blog/free-online-events-activities-kids-at-home-coronaviru>

<https://www.centralmaine.com/2020/03/24/maine-voices-families-getting-a-crash-course-in-distance-learning>