



# SITUATION REPORT

VOLUME 1, ISSUE 10  
March 30th, 2020

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## Update on the COVID-19 Outbreak

This report provides the most current information on the COVID-19 Outbreak situation that was made available March 30th, 2020:

News Release March 30, 2020:

### Hotline for uninsured established

#### **Will serve individuals needing physician guidance on COVID-19 testing**

**(Oklahoma City)** – The Oklahoma City-County Health Department (OCCHD) and Variety Care have partnered to expand testing access to individuals who are uninsured or don't have a primary care doctor in Oklahoma County. The agencies have established a hotline where individuals can call to receive guidance on whether their symptoms warrant testing for COVID-19. The hotline, available March 30, by calling 405-425-4489, will be staffed Monday through Friday, 8 a.m. to 4:30 p.m. The hotline will also serve as a virtual triage for exposed health care workers, first responders and high-risk individuals (as qualified by the Centers for Disease Control and Prevention (CDC) guidance for testing). Virtual triage services will be handled by OCCHD. Triage services will be available by calling the hotline at 405-425-4489.

Any individual registered as a Variety Care patient should contact them directly.

#### *Current Testing Parameters in Oklahoma County*

OCCHD has partnered with a private lab to test high-risk individuals per CDC guidance: health care workers; first responders; persons over the age of 65 and immunocompromised. OCCHD has stood up a drive-through Medical Referral Site in Oklahoma County at the Oklahoma County Fairgrounds with a limited number of sample kits.

**Tests will only be administered by appointment only to persons who have a doctor's referral. Persons who come to the site without an appointment will not be granted entry. Physicians and hospitals can review the most recent Health Alert Network (HAN) document for information on the referral protocol.**

The OCCHD Medical Referral Site in Oklahoma County continued into its fourth day Monday, March 30th. Drive-through Referral Site total tests collected: 411

- Wednesday 25<sup>th</sup> - 25 tests / 4 positive
- Thursday 26<sup>th</sup> - 87 tests / 15 positive
- Friday 27<sup>th</sup> – 145 tests / 22 positive
- Monday 30<sup>th</sup> – 154 tests

Learn more about the COVID-19 outbreak at <https://www.occhd.org/2019ncov>



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## **WHO COVID-19 - Global**

- 693,224 cases
- 33,106 deaths

## **CDC COVID-19 U.S.<sup>1</sup>**

Jurisdictions reporting cases: 54 (50 states, District of Columbia, Puerto Rico, Guam, and US Virgin Islands)

- 140,904 cases
- 2,405 deaths

## **COVID-19 Oklahoma Test Results<sup>2</sup>**

- 481 positive
- 1,207 negative
- 153 hospitalized
- 17 deaths

## **Oklahoma City – County Area**

- 161 confirmed
- 11 recovered
- 6 deaths

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<sup>1</sup> Data include both confirmed and presumptive positive cases of COVID-19 reported to CDC or tested at CDC since January 21, 2020, with the exception of testing results for persons repatriated to the United States from Wuhan, China and Japan. State and local public health departments are now testing and publicly reporting their cases. In the event of a discrepancy between CDC cases and cases reported by state and local public health officials, data reported by states should be considered the most up to date.

<sup>2</sup> Negative testing results are only from the State Public Health Laboratory and do not include private laboratory negative results.



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The following resources from CDC are available to reduce community spread of COVID-19:

- [Prevention Resources for Households](#)
- [Prevention Resources for Childcare and Schools](#)
- [Prevention Resources for College and Universities](#)
- [Prevention Resources for Healthcare Facilities](#)
- [Prevention Resources for First Responders](#)
- [Prevention Resources of Mass Gatherings and Events](#)
- [Prevention Resources for Public Health Communicators](#)
- [Prevention Resources for Homeless Population Service Providers](#)
- [Prevention Resources for Retirement Communities and Independent Living](#)
- [Prevention Resources for Correctional and Detention Facilities](#)

## COVID-19 Testing Priorities

Per OSDH, individuals that meet the following criteria will be approved for COVID-19 testing through OSDH Public Health Laboratory (PHL) and following movement/monitoring recommendations should be applied

Priority Criteria
<b>Symptomatic</b> individual that are either <b>age ≥65</b> years of age <b>-AND-</b> Illness resulted in hospitalized <b>or</b> associated with specific high-risk settings
<b>Symptomatic</b> individual with a chronic medical condition <b>or</b> immunocompromised <b>-AND-</b> Illness resulted in hospitalization <b>or</b> associated with specific high-risk settings <b>or</b> a close contact to suspected/confirmed COVID-19 case
<b>Symptomatic</b> first responder or health care provider that were directly involved with evaluating/responding to a suspected or confirmed COVID-19 case <b>-AND-</b> Did not wear appropriate PPE

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## Movement and Monitoring Recommendations

Any other individual may not be referred to OSDH PHL for COVID-19 testing. However, the following movement/monitoring recommendations should be applied to reduce the risk of spread.

Exposure Scenario	Monitoring/Movement Recommendations
<b>Symptomatic</b> first responder or health care provider <b>-AND-</b> <b>NO</b> close contact to confirmed case	<b>Self-isolation*</b> . Monitor for change in symptom severity, and <b>additional HCP precautions**</b> .
<b>Symptomatic</b> individual <b>-AND-</b> A close contact to confirmed case	<b>Self-isolation*</b> and monitor for change in symptom severity.
<b>Asymptomatic</b> individual <b>-AND-</b> A close contact to confirmed case	<b>Self-quarantine for 14 days</b> after exposure, self-observe for any respiratory symptoms and report to their health care provider.
<b>Asymptomatic</b> individuals <b>-AND-</b> low/no risk of exposure	<b>Self-observe for 14 days</b> any signs of respiratory illnesses and report to their health care provider.

\*For those that require self-isolation: Self-isolation will be discontinued after at least 3 days (72 hours) have passed since resolution of fever without the use of fever-reducing medications AND improvement in respiratory symptoms (e.g., cough, shortness of breath) AND at least 7 days have passed since symptoms first appeared.

\*\*Upon discontinuation of self-isolation, additional HCP precautions are required for health care providers and first responders as determined by epidemiology staff. For more information, please refer the [CDC's Guidance for Healthcare Professionals](https://www.cdc.gov/media/releases/2020/s0514-guidance-healthcare-professionals.html).

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People who are mildly ill with COVID-19 can recover at home. Unless seeking medical care, please remain home and practice social distancing. Also, please contact your healthcare provider before arriving for medical evaluation. If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include\*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

**This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.**