

Columbia Central

Athletic Code of Conduct



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Columbia School District Athletic Code of Conduct

Mission Statement

It is the purpose of the Columbia School District and Athletic Department to provide and promote interscholastic athletic activities and events to the young persons of Columbia Schools. The Athletic Department is responsible to the Columbia School Districts Board of Education and the Michigan High School Athletic Association.

Philosophy of Athletics

Columbia School District believes athletics are a part of the educational process and an extension of the classrooms. Columbia Central Athletics will continually strive to develop mental, emotional, and social concepts in our student-athletes; opportunities for developing leadership skills and good moral and ethical standards of behavior...qualities necessary for a happy, active life. It is our goal to always strive for excellence; producing competitive teams within the framework of good sportsmanship. The joy of winning fairly and the frustration of losing provide enduring lessons that all should learn. The emphasis must be placed on both winning and losing with "class" and demonstrating self-control and respect for teammates, coaching staff, officials, opponents, and spectators.

Athletic participation is a privilege that carries with it responsibilities to the school, student body, community, team, and to the athletes themselves. As a member of an interscholastic squad or team at Columbia, you have inherited a wonderful tradition; a tradition you are challenged to uphold. Our tradition has been to compete with honor. Such tradition is worthy of the best effort of all concerned.

It is important to emphasize that all athletes are governed by this Athletic Code of Conduct from their first day of involvement through graduation from high school...**all calendar year; in and out of season; on or off school property, 7th through 12th grades**. Student-athletes are also responsible for following the Student Code of Conduct and Columbia School District Board of Education policy.

In order to have an efficient and effective program, certain policies and procedures are established. Any team rules that may differ from the general policy are to be approved by the Athletic Director and Building Principal prior to being established and enforced. These rules are to be presented to the prospective team members in writing at their first squad meeting. These rules may never be less restrictive than the general policy.

Sportsmanship Guidelines

Participant and Team Behavior

Positive sportsman-like behavior is expected at all times. Unsportsmanlike conduct and behavior is governed by the MHSAA and states "a student-athlete or coach will be removed from the present contest and shall miss the next scheduled day of competition." Depending on the severity of the sportsmanlike conduct, the student-athlete from Columbia Central could be declared ineligible for additional competitions by the Athletic Director. If a student-athlete or coach is disqualified from a contest they will be required to complete the NFHS Sportsmanship class prior to being reinstated as required by the MHSAA.

Spectator Behavior

Fans and spectators have the responsibility to demonstrate proper behavior for student-athletes for both teams. Proper behavior is expected for everyone whether the game is going our way or the opponent's way in the contest. Remember all players, coaches and officials are doing their best. Displaying poor spectator behavior by criticizing players, coaches and officials for a perceived bad call or poor play will not be accepted. We should be a "Class Act" in all we do and say. If a spectator or fan acts in an unsportsmanlike manner, he or she will be advised by staff of the behavior. Should the behavior continue the spectator will be asked to leave the event. The athletic department reserves the right to follow up on the unsportsmanlike behavior and apply any necessary discipline. The consequences may include prohibiting that individual from future athletic contest(s).

Responsibilities of the Athlete

There are responsibilities that the student-athlete must impose upon themselves in order for success and competitive athletic traditions to become a reality. You alone will have to choose to live up to the responsibilities and follow the training rules to become a champion. Each and every student-athlete must make a commitment for a championship athletic program.

- Responsibility to Yourself: The student-athlete must broaden and develop strength of character. Your studies, participation in other extra-curricular activities, as well as athletics, assist you in getting the greatest possible gain from your high school experiences, while at the same time preparing you for life.
- Responsibility to your school: Columbia School District will maintain a position as an outstanding high school when you do your best. By participating in athletics to the maximum of your ability, you are contributing to the reputation of Columbia Schools. You automatically assume a leadership role when you are on an athletic team. The student body and citizens of the community know you. The spotlight is on and it is focused on you. Because of this leadership role, you can contribute greatly to our school spirit and community pride. Make your school and community proud by dedicating and devoting your highest performance.
- Responsibility to Your Home: When you know you have lived up to all of the training rules, you have practiced to the best of your ability, and you have played the game "all out" you and your family can be justly proud.
- Responsibility to Your Team: It only takes one teammate to not be willing to work to his/her fullest ability for the squad to weaken in spirit and performance. Stay focused on not only improving yourself but also improving your team.

Living Like A Champion

THESE SIMPLE POINTS OF INTEREST ARE JUST AS IMPORTANT TO AN ATHLETE AS THE SKILLS REQUIRED TO PLAY THE GAME:

- Academics: Do all work efficiently and have all assignments completed and turned in on time.
- Your Attitude: Be positive in your talk and actions, as your opinions influence others' opinion.
- Good Citizen: A member of the Columbia Athletic Program is expected to act appropriately at all times; remember you are always representing your school.
- Good Eating Habits: Eat balanced meals.
- Regular Sleep: Plan your schedule so you obtain a minimum of eight hours of sleep each night.
- Automobiles: Don't get carried away and let the auto become your primary interest. Drive and ride with safety and courtesy.

- Student Body: Respect all fellow students and teachers; give them your best.
- Dress and Appearance: Take pride in your personal appearance. Look good both on and off the field or court.
- Social Life: Social life is an essential part of the maturing process of every person. Dating is only a part of the process and should not become your prime objective.
- Parties: We encourage your participation in school - sponsored parties, social and cultural functions. Participation in parties at privately owned areas may include the temptation to become involved in activities that violate the athletic code of conduct. Please use appropriate judgment when attending private parties.

MHSAA Regulations

(The following are excerpts from the MHSAA handbook. For clarification please see your coach or the Athletic Director.)

- Eligibility: To be eligible, a senior high school student must comply with the following rules:
 - **Enrollment:** Must be enrolled in a high school no later than the fourth Friday after Labor Day (1st semester) or the fourth Friday of February (2nd semester). A student must be enrolled in the school for which he or she competes.
 - **Age:** Be less than nineteen (19) years of age, except a student whose nineteenth (19th) birthday occurs on or after September 1st of a current school year is eligible for the balance of that school year.
 - **Physical Examination:** Have passed a current year physical examination. Records must be on file in the Athletic Office. Current year commences the first day after the school year closes and in the spring for summer vacation. A physician's statement for the current school year is interpreted as any physical examination given on or after April 15th of the previous school year.
 - **Semesters of Competition:** Not have more than four first-semester and four second semester seasons of competition in a sport in a four-year high school, or three first-semester and three second-semester seasons in a three-year high school, including present season. When two seasons leading to a State championship for the same sport are offered, an athlete may participate in only one.
 - **Academic Records:** Students must have received credit for at least the equivalent of 66% (50% for Jr. High) of full class load potential for a full time student in the previous semester/trimester of enrollment, and must be currently receiving credit toward graduation and passing the same on the transcript of the school they represent in competition.
 - **Semester of Enrollment:** Not have been enrolled for more than eight semesters in grades nine to twelve, inclusive. Seventh and eighth semesters must be consecutive. Three weeks enrollment or participation in one or more athletic contests constitutes a semester of enrollment.
 - Undergraduate Standing: Not be a high school graduate.
 - **Transfers:** A student enrolled in grades 9 through 12 who transfers from one high school or junior high/middle school to another high school is not immediately eligible to participate in an interscholastic athletic contest or scrimmage in the school to which the student transfers, UNLESS the student qualifies under one or more of the 15 MHSAA exceptions.
 - **Awards:** Not have accepted any award or merchandise exceeding \$40.00 in value for athletic performance. Athletes accepting memberships, privileges, services, negotiable certificates or money are in violation. For amateur practices, may not have accepted money, merchandise, memberships, privileges, services or other valuable consideration for participating in any form of athletics, sports, or games; or for officiated interscholastic athletic contests; or have signed a professional athletic contract. (Reinstatement will not be considered for one year)

- **Limited Team Membership:** A student who, after practicing with or participating in an athletic contest or scrimmage as a member of a high school athletic team, participates in athletic competition not sponsored by his or her school in the same sport during the same season, shall become ineligible for a minimum of the net three (3) contests/days of competition and maximum of the remainder of that season in that school year. There are exceptions to this MHSAA policy; please see your coach or Athletic Director for clarification.

Academic Athletic Eligibility Guidelines

MHSAA Eligibility Policy

The MHSAA requirements are that an athlete must have passed a minimum of four classes at the conclusion of the last semester of enrollment and continued to pass at least four classes during the season of competition. Students must maintain academic eligibility in order to be eligible to participate in athletics. Students must be passing 66% of their classes. Students ineligible by MHSAA standards at the semester's end will be withheld from athletic competition for sixty days (more than one class failed).

Columbia Eligibility Policy

In addition to the MHSAA state requirements, Columbia School District also requires the following: Academic eligibility for athletes in **grades 6 through 12** is determined by a weekly eligibility check. Current eligibility is determined from the beginning of the marking period to the week in question. Ineligibility will run from the immediately following **Sunday through the next Saturday (7 days)**. The athletic department will check athletes' grades on **Friday** of every week of an athlete's season. Any student who is **failing in two (2) classes** will be notified by the athletic department of their academic ineligibility for the following week. A person receiving no credit due to attendance or any other reason would be considered as failing a class for this section. The weeks of winter holiday or spring break will not be used to meet the one week requirement if determined ineligible. The student-athlete will have to miss the week that school resumes.

Any student-athlete deemed ineligible is expected to attend and participate in practice. If a student-athlete is academically ineligible for three consecutive weeks they may be dismissed from the team.

Parent Consent and Physical Examination

A parental consent form and a physical examination form must be on file at the school in order for the student to participate in athletics (this includes practice and playing in contests). The consent form gives the parents or guardians consent for the named student to participate in athletics, as well as for the student to accompany the team as a member on its out-of-town trips. A medical examination is required by the MHSAA for every athlete. The physical examination is good for one school year and must be taken **on or after April 15** of the previous school year in order for it to be valid for the following school year.

Informed Consent

By its nature, participation in interscholastic athletics includes risk of injury which may range in severity. Columbia Central School District does not carry insurance to cover student athletic injuries and is not responsible for payment of medical services required by an athlete because of injury sustained or illness contracted while participating in any interscholastic sport. It is recommended that all athletes have medical insurance.

Equipment and Lockers

All equipment issued to the student for athletic participation is the property of the Columbia School District.

- Keep all your equipment clean.
- Wash your practice gear every week, if not more frequently.
- Protective pads should also be cleaned on a regular basis.
- Keep your locker clean. This will help keep your equipment aired and also help reduce theft. You are responsible for maintaining the condition of your locker.
- Only uniforms approved by the Athletic Department will be permitted to be worn for contests. An athlete shall dress presentably and appropriately at all times while representing their school, in accordance with the school's dress code.
- The student is financially responsible for all that is issued to them. Any student who fails to turn in his/her equipment at the completion of the season will be prohibited from participating in any sport until said equipment is either turned in, paid for or arrangements made with the Athletic Department.

Training Room

- All athletes are required to report any injury to the athletic trainer.
- The coach and athletic trainer must know if the athlete is taking any type of medication.
- The coach and athletic trainer must know of any medical problems or concerns such as asthma, diabetes, at risk for anaphylaxis or epilepsy, etc.
- When a student-athlete sees a doctor, a progress report is to be given to the athletic trainer indicating practice capabilities.
- Tape and training room supplies are expensive. They are to be used properly and with the permission of the athletic trainer. Put all refuse and used tape in trash containers.
- Take care of your body: shower properly and report any skin infections to the athletic trainer and your coach.

Participation

Students may compete in more than one sport at a time during the same athletic season. Students must fill out a dual sport enrollment form. A student who quits one sport (in good standing) may join another team in the same athletic season, if the change is made prior to the first athletic contest. Coaches must recommend the change to the Athletic Director, who must then act on the transfer.

A student who quits a sport or extracurricular activity may not practice for any sport during the same season without the permission from both coaches, the Athletic Director and the building Principal. A student who quits a sport without his/her coach's permission or in a disrespectful manner must appear before the Athletic Council to be eligible to play another sport. The Athletic Council shall consist of the Superintendent, Building Principal, Athletic Director, 1 Coach (not associated with the situation), and 1 School Board Member. The appearance before the Athletic Council does not necessarily mean the student will be able to participate in another sport or extracurricular activity.

Squad Selection

Student athletes have a right to know the standards upon which participants are selected for a team. All student athletes must have an opportunity (minimum of two days) to demonstrate their skill and abilities before

cuts are made in any sport. The coach (minimum of two) will meet with each individual to inform he/she of their status on the team selection. In accordance with our philosophy of athletics and our desire to see as many as possible participate in our athletic program we encourage coaches to keep as many students as possible on their respective teams. However, time, space, facilities, equipment, and other factors will place limitations on the most effective squad size for any particular sport.

Choosing the members of athletic squads is the responsibility of the coaches with the approval of the Athletic Director. ***All cuts are final and are not subject to appeal.***

Travel

- The standards of good conduct, as established by the coach, are expected at all times while on trips.
- All rules and regulations pertaining to the Columbia bus codes are to be adhered to on athletic trips.
- Appropriate dress, which is established by the coach, is a must on all trips.
- All athletes are to travel to and from athletic events by transportation provided by the school district unless the coach permits and is fully aware of other transportation arrangements AND a transportation release form is signed by parent or guardian prior to.
- If a parent desires to take his/her son or daughter home with him/her after an athletic event, a coaches sign-out sheet or a note from the parent must be approved by the coach and/or school administrator before the student leaves the contest with his or her parent. This practice should be used for special extenuating circumstances only. If this policy is violated, the following penalties will be enforced:
 - First Offense: Suspension from two consecutive contests.
 - Second Offense: Suspension for the remainder of the season.
- Coaches will not provide transportation to individual student-athletes.

Attendance

The athlete must be present at all games and practices as designated by the coach unless absent from school due to personal illness or excused by the coach prior to the absence. The MHSAA mandates the start and end dates for all sports, including Try-out dates. Participation in a sport requires an understanding and commitment to attend all practices and competitions that occur (as mandated by the MHSAA) prior to the first day of the school year (example "football" or "volleyball"), or during winter break (example "basketball" or wrestling") or after the last day of the school year (example "baseball" or "softball"). If extraordinary circumstances (beyond those listed in this Code of Conduct) prevent an athlete from attending the scheduled practices and competitions, they must submit a written request to their coach at least 30 days in advance. The Coach, Athletic Director, and building Principal will review the request for either approval or denial.

The athlete **must be in classroom attendance a half day** (four classes) in order to dress and participate in an athletic contest or practice that day, unless excused by a pre-arranged special excuse. If a student is absent from school, yet plays in a competition, he/she would be withheld from the next competition. Under emergency circumstances, exceptions to this rule may be granted by the Athletic Director or building Principal. The coach is to be notified if a waiver is granted.

A student who is on a school approved, pre-planned family vacation shall not be required to attend a practice session or contest. The student must realize however, that participation in future contests may be dependent on how they maintain their physical fitness and sport skill. This includes practice over Christmas, Easter, summer for sports starting prior to the start of the school year (as mandated by the MHSAA), etc. Should an

athlete miss practice or tryouts during such times and do not have a pre-planned vacation form submitted or approved, the student is subject to suspension or even expulsion from the team.

Absent Policy:

Students in attendance at school who miss a practice or game without personally informing the coach or the Athletic Director shall be assessed an unexcused absence from practice. Absences from a contest and /or practice sessions are excused only for illness, death in family, and other emergencies at the discretion of the coach and Athletic Director. However, due to physically not being at practice playing time may be impacted. For unexcused absences (minimum penalties):

- **First Offense: Coach's discretion, based on team rules**
- **Second Offense: Suspension from one contest**
- **Third Offense: Suspension from team**

Inclement Weather

Practice - If school is canceled prior to the start of school because of inclement weather, all sub-varsity practices are canceled. If weather should permit, the varsity teams may have the possibility of practicing later in the day after receiving authorization from the Athletic Director. If school is canceled during the school day because of inclement weather, all practices will be canceled.

Contest - On days of inclement weather, all Jr. High contests are canceled. The Athletic Director, in consultation with the superintendent, will announce whether high school athletic contests will proceed. All attempts will be made to communicate the decision by noon.

General Training Rules

You are required to live by and abide by the standards set forth in Columbia School District's Student Code of Conduct and Athletic and Extracurricular Code of Conduct. You may not participate in any athletic or extracurricular activities, contests or practices until all school suspensions (including in-school suspensions) have been served for violation against the standards of conduct. You are required to observe the curfews that may be established by your coaches (as approved by the Athletic Director and building Principal). Student-athletes are representing the Columbia School District and must maintain a standard of exemplary conduct, which includes good sportsmanship and citizenship at all times. Failure to do so may be cause for disciplinary action by the coach, Athletic Director, and/or building Principal

Conflict Resolution

Conflict should be resolved, in specific order, through the following channels:

1. 24-Hour Rule (Wait 24 hours before initiating contact)
2. Contact the Coach
3. Contact the Head Coach (if applicable)
4. Contact the Athletic Director
5. Contact the Building Principal
6. Contact the Superintendent
7. Contact the Board of Education

All Athletes and Parents are encouraged to follow this order to resolve conflict. ***Initially, the student-athlete is encouraged to personally attempt to resolve the conflict as part of a life-lesson opportunity.***

Violations and Athletic Suspensions

Athletic Code of Conduct violations may result in dismissal from the team or activity for the duration of the season or permanent removal from athletics or the extracurricular activity. Disciplinary action will be based on the severity of the infraction as determined by the administrator responsible. Any conduct deemed detrimental to Columbia Schools or its Athletic Program is grounds for disciplinary action. Disciplinary action may be taken whether or not legal proceedings or action are pursued outside of school district authority.

Violations

1. Smoking, Chewing, or possession of tobacco, smokeless tobacco or e-cigarettes
2. Use, possession, delivery or sale of alcoholic beverages
3. Use, possession, delivery or sale of any form of substance abuse chemicals, inhalants or look a likes (Marijuana, cocaine, heroin, pills, anabolic steroids, and those substances included within 7212 through 7229, inclusive of the Michigan Substance Abuse Act or any successor thereof, MCLA 333.7212 through 333.7229, inclusive.)
4. Use, possession, delivery, or sale of illegal drugs, volatile substances, banned substances or look alike substances (including, but not limited to...stimulants, anabolic agents, diuretics, peptide hormones, street drugs, look alike drugs, etc.)
5. Use, possession, delivery, or sale of paraphernalia or any similar undeveloped or unmarketed products not currently known.
6. Misuse or sale of prescriptions or over-the-counter drugs medications.

Please Note: Even though many of the banned substances may be sold over the counter, these substances are nevertheless illegal. For a complete list of specific banned substances, go to: www.athletes.com and click on NCAA Banned Substance Lists.

- **If a student is found to have hosted a gathering that included any of the items 1-6 their penalty will be 100% of a season**
- **Upon immediate arrival to a party, if a student observes any Training Rules being violated, they must leave the party immediately. If the student did not drive themselves to the party, it is their responsibility to contact a parent, coach, or other adult and leave immediately.**
- **Law violations will be handled on an individual basis.**
- **Violations of Columbia Central School District Code of Conduct will follow the consequences as noted in that document**

PENALTIES

1. FIRST OFFENSE:

An athlete in violation will not participate in **25%** of the entire season competition dates of the current sport (or next sport if not in-season) in which he/she is participating. If necessary, the remaining portion of the penalty will carry over into the next chosen sport, but no more than 1/4 of the next chosen sport season. Athletes are expected to practice while serving the suspension. Any suspensions must be served in consecutive games or meets. Canceled games

or meets will not count toward fulfilling a number of suspensions. All unfavorable assessments and law violations will be handled on an individual basis.

2. SECOND OFFENSE:

Suspension from athletics for **50%** of the entire season competition dates of the current sport (or next sport if not in-season) in which he/she is participating. If necessary, the remaining portion of the penalty will carry over into the next chosen sport, but no more than 1/2 of the next chosen sport season. Athletes are expected to practice while serving the suspension. Any suspensions must be served in consecutive games or meets. Canceled games or meets will not count toward fulfilling a number of suspensions. All unfavorable assessments and law violations will be handled on an individual basis.

3. THIRD OFFENSE:

Suspension from athletics for **one calendar year** from the date of incident. Athletes will be permitted to practice while serving suspension. Any substance related offense will result in a mandatory referral to an approved treatment provider for an assessment. All unfavorable assessments and law violations will be handled on an individual basis.

4. FOURTH OFFENSE:

Loss of athletic eligibility for the remainder of their **high school career** at Columbia School District. Any substance related offense will result in a mandatory referral to an approved treatment provided for assessment. All unfavorable assessments and law violations will be handled on an individual basis.

Investigation of Training Rules Violations

If a student-athlete is reported in violation of these rules, one or more of the following will investigate the case: the Athletic Director, the Principal, Athletic Council, or those hired or appointed by the same. The Athletic Council shall consist of the Superintendent, Building Principal, Athletic Director, 1 Coach (not associated with the situation), and 1 School Board Member. If the circumstances of the investigation do not substantiate the accusations, the source of the accusation will be notified and the case will be dropped. If the circumstances of the investigation substantiate the accusations, the following process will take place:

- The student-athlete/parents will be notified of the accusation.
- The student-athlete/parents may present information or evidence regarding the accusations.
- The student-athlete/parents and the coach will be notified of the decision and any disciplinary action.
- All student athletes are subject to the Student Code of Conduct, Athletic and Extracurricular Code of Conduct, Athletic Agreement, and Training Rules for twelve months out of the year. This is a career agreement to last through the athlete's entire school experience. This applies to student athletes or extracurricular participation in or out of season. Reports of alleged violations will be accepted from Columbia coaches, teachers, administrators, police reports or admissions by a student athlete or a student athlete's parents or guardians.

Appeal Process

A student-athlete may appeal the Training Rules Violation decision. The appeal will require the following:

- A written appeal must be presented to the Athletic Director within five days of the initial ruling.
- The student shall have the privilege of representation.

- The Athletic Council shall render a decision within five days, in writing, to the student and his/her parents or guardian.

No student should gain any participation simply by appealing. Therefore the following will take place should a student appeal:

If a Student Wins the Appeal: He/she will become immediately eligible with all athletic privileges reinstated. The time spent in the appeals process will have no adverse effect on the student's playing time or participation after the completion of the appeal.

If a Student Loses the Appeal: For **underclassmen**, should the number of events the student "gains" (during the appeals process) still remain in the current season, the students will be suspended for that number of events that season. Should the number of events "gained" not remain in the current season, the suspensions will carry over to that sport the following year. For **seniors**, should the number of events the student "gains" still remain in the current season, the student will be suspended for that number of events that season. Should the number of events "gained" not remain in the current season, the suspensions will carry over to the next sport of which the student is a team member.

Should a senior "gain" events during a spring sport, and there are not enough events remaining to fulfill the suspension, that senior shall not receive a varsity award for that season.

Behavior Unbecoming to an Athlete

All athletes shall conduct themselves in a manner becoming of an athlete from the first athletic participation until the conclusion of the athlete's school career. This expectation will apply **'In' season, 'Out' of season, and over the summer.**

If any offense results in an issued ticket by law enforcement, it is the athlete's responsibility to notify the Athletic Director, Building Principal and his/her coach regarding this infraction. Failure to do so will result in a more severe penalty. In the above cases, plus cases of conduct which discredit the team, the school, or the community, determination of disciplinary action shall be decided by the Athletic Director, Building Principal and Athletic Council.

Awards

- All awards symbolic of athletic achievement are to be approved by the Athletic Director.
- All school purchased awards are to be presented at school functions or functions approved by the Athletic Director.
- Any awards presented by an outside organization must be approved in advance by the Athletic Director.
- The MVP, MIP, and Coaches' Awards are only presented to High School Varsity level sports.
 - (MVP – Most Valuable Player; MIP – Most Improved Player)
- High School Senior Athlete of the Year Award: A male and female athlete of the year award will be presented as recommended by all current year coaches.

- Awards to individuals:
 - High School Varsity Awards will be granted to the athlete who has completed the season as a squad member in good standing AND has been recommended by the head coach.
 - High School Junior Varsity and Middle School Awards will be granted to the athlete who successfully completes an athletic season for a particular sport in good standing and is recommended by the coach.

- Summary of Athletic Awards:
 - First Year High School Varsity Awards -- Varsity "C" with appropriate sport designation
 - Second Year High School Varsity Awards – Bar Insert
 - Third Year High School Varsity Awards -- Trophy
 - Fourth Year High School Varsity Awards – Plaque
 - High School Junior Varsity Awards – Certificate
 - Middle School Awards – Certificate of Participation

**Columbia School District
Athletic Participation Agreement**

The Columbia Central School District will not assume any responsibility or liability relative to doctor or hospital expenses. You need to fully understand and appreciate the risk of personal injury associated with participation in the athletic program offered at Columbia Central Schools. Participation in athletics is a calculated risk. Athletics are a voluntary program in which the student may participate if he/she so desires, but he/she does so at his/her own risk of injury.

A PHYSICAL EXAMINATION AND PARENT’S CONSENT FORM IS REQUIRED OF EVERY STUDENT BEFORE HE OR SHE IS ALLOWED TO PARTICIPATE IN PRACTICE SESSIONS OR GAMES.

Student/Athletes Printed Name	Sport	Grade
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ATHLETE:

I have read the Columbia Central Athletic Handbook and agree to abide by the sportsmanship rules, academic eligibility, attendance eligibility and training rules stated. I hereby agree to participate at my own risk.

I UNDERSTAND THAT ALL ATHLETIC HANDBOOK RULES AND TRAINING RULES REGARDING ALCOHOL, DRUGS, AND TOBACCO ARE IN EFFECT FOR ME 24 HOURS PER DAY, 7 DAYS PER WEEK, AND 365 DAYS PER YEAR.

Student/Athlete Signature	Date
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PARENT OR GUARDIAN:

I have read the Columbia Central Athletic Handbook and agree to abide by the sportsmanship rules, academic eligibility, attendance eligibility and training rules stated which I understand to be in effect 24 hours per day, 7 days per week, and 365 days a year. My son/daughter hereby agrees to participate at his/her own risk.

Parent or Guardian Signature	Date
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Please supply parent contact information so the Athletic Department can notify you of changes in schedules and send information concerning upcoming events. The Boosters Club may also use this information to contact you regarding your volunteering to help at the concession stand or fundraising events.

Your Student/Athlete needs your support!

Name (print) _____	Email _____
Daytime Phone _____	Cell _____

THIS FORM MUST BE SIGNED AND RETURNED TO THE COACH OF EACH SPORT IN WHICH YOU PARTICIPATE PRIOR TO THE FIRST CONTEST DATE.

I give Columbia Central School District my permission to post my student athlete’s picture on the school’s website as well as social media.

Student (18 or older) Signature	Parent or Guardian Signature
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