



Questions & Answers

1. What is the National School Lunch Program? The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or no-cost lunches to children each school day.

2. Why follow the nutrition requirements for NSLP? All NSLP lunches must meet Federal requirements. Schools that meet The USDA requirements receive cash subsidies (reimbursement rates for student meals) and USDA Foods from U.S. department of agriculture. Schools on the NSLP also offer free and reduced applications. This all helps to keep costs down for parents while serving healthy meals.

3. Why does my student need ½ cup veggie or fruit to be charged a reimbursable meal? 5-12th grade students are offer verses serve. This means they can refuse some of the components of the meal, but have to have at least of ½ cup veggie or fruit to be charged a meal. This is a USDA requirement.

If a 5-6th grade student does not have ½ cup on their tray they will be asked to go back to the salad bar and make another choice. If a 7-12th grade student does not have the ½ cup they will be charged ala cart prices.

Our salad bars offer 2-3 fruit choices and 4-5 veggie choices every day. Your student can have several choices out of the salad bar, but has to have at least one choice of a ½ cup to be charged a meal price.

4. If we are on a free application why do I receive low balance calls? Maybe your student is picking up ala cart items. A free or reduced application covers the cost of the reimbursable meal. It does not cover double entrees, extra milks, or any other ala cart items. Ala cart is the household's responsibility.

5. If we qualify for a free or reduced app when does it take effect? The day we receive the app is the day it takes effect. Any charges made on your account before we receive the app is the household's responsibility.

6. How long is the free or reduced app good for? If you qualify for free or reduced meals you are covered for the current year. A new application needs to be done for the next year.

7. Can a guest have lunch with a student? Yes, you are encouraged to eat a meal with your student. Guests of all ages pay \$3.75 for a meal and please bring cash. We cannot charge your students account for the guest meal. The government does not reimburse us for a guest meal. This is why you are charged more then a student to cover the cost of the meal. Please make sure to let the office know by 9am that you'll be eating with your student.

8. Why do you sell chocolate rice Krispy bars, muffins, potato chips, does this fit in the guidelines? Manufactures have made many improvements in the products that schools purchase to help us meet

the USDA guidelines. Our products are whole grain, baked Lay's chips, 100% Juice, low sodium and low fat, individual wrapped in serving sizes. Schools were the first to omit trans-fat!

9. Why do I have to get low balance calls? This is the best way for us to communicate to parents they're low on funds for their lunch account. We have the call go out when your account is at \$15.00

10. What happens to my positive lunch account at the end of the year? It will stay in your account for the following year. If your last student in your family graduates or you leave the district. We will refund your money at your request. If you only have a couple of dollars some students choose to buy a snack or beverage to zero it out.

11. How can I track what my student is spending or if or when a payment was posted? The parent and student have access to your lunch account. On the Lennox website home page. There is a black bar at the top, choose parent, on the drop-down menu click on the parent portal. It is here you can log onto campus to see your lunch account and make online payments.

12. My student has diet restrictions can they still have a school meal? Yes, we accommodated students with diet restrictions. We need to have the parent fill out the diet form and have your Physician fill out their section and sign it. We need a new form filled out every year.

13. Our student is diabetic; how do we find carbs for meals? Lennox has NuriSlice Menus on the food service web page. It lists nutrition and allergen information. There is also a free app to view menus on your smart phone. Students can also use this to see the allergens or to see what is for lunch!

Additional Information:

K-6th grades are given one entrée.

7-8 grade are giving two hot entrees and three cold entrees to choose from.

9-12th grades are given three hot entrées and three cold entrees to choose from.

K-6th grade kitchens get a count from the office how many kids are eating school lunch that day.

7-12th grade kitchens do not get a count, this age group has many entrée choices, and can buy doubles. We go by past production records to help predict the amounts needed for each hot entrée. I like to give the older kids more choices, but can not guarantee that all three hot entrees will last till the last student is served. If one entrée is gone the student needs to make another choice.

Please ask if you have any questions.

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