

# THE “WHOLE” IN ONE

Campbell Elementary School  
Distance Learning Edition  
Week of March 29, 2020

Edward C. Porowski, Principal  
Brooke Kirschner, Assistant Principal



Dear Campbell Families,

It's somewhat unbelievable that we have not physically been in the school building for two full weeks. While the building is closed, school is definitely *not* closed. A fellow educator commented, “If you listen closely, you can hear the hum of hard-working teachers, administrators, and support staff preparing to save the day in ways and means never seen before. Yes, we are brokenhearted, but these broken hearts will lead.” This statement is so true. Now, more than ever, our parent-teacher connection has become a lifeline to supporting our students and families. Please know that we are working hard, doing our best, and finding creative ways to ‘virtually move mountains’ and we know that you are, too. Thank you for your continued support.

I am highlighting some important information below, so please take a few minutes to review.

- As previously stated in last week's parent newsletter, as an alternate approach to conferences, teachers will continue to communicate with you directly throughout these weeks of distance learning to discuss your child's progress, instructional needs, and social emotional growth. If at any time you have questions or need some additional time to discuss concerns, please reach out to your child's teacher(s) and they will contact you directly.
- Second trimester report cards will be available on Friday, April 3, 2020 at 4:00pm in the Genesis Portal.
- Governor Murphy said, “The decision to reopen school districts rests with me. We will not be prepared to revisit the closure until at least April 17<sup>th</sup>, at the very earliest.” With this message, please note that **Campbell School is definitely closed through at least April 17<sup>th</sup>**, if not later. Please monitor reports from Governor Murphy for additional information. I will do my best to relay information as I am made aware, too.
- New Jersey State Testing for students in grades 3 and 4 is canceled for this school year.
- Each day, the Campbell teachers post their instructional plans on their website. This includes all special subject area teachers. Please remember the expectations delineated in my first broadcast about distance learning:
  - Students should select one or two of the following specials subjects to accomplish, each day:
    - Library with Mrs. Derer (first and second grade students)
    - Science Lab with Mr. Nolde (third and fourth grade students)
    - Instrumental Music with Mr. Flynn and Mrs. Thomas (fourth grade band/orchestra students)
    - Physical Education with Mrs. Keers-Nolde and Mr. Tzetzos (all grades)
    - Art with Ms. Brusca (all grades)
    - General Music with Mr. Flynn or Mrs. Thomas (all grades)
    - Spanish with Mrs. Williams (all grades)
    - Technology with Mr. Fitzgibbon (fourth grade students)
    - Technology with Mrs. Williams (first, second, and third grade students)
- **Spring Break is scheduled for April 6-13.** We will be returning to distance learning sessions starting on April 14<sup>th</sup>.

Thank you for your continued patience, support, and teamwork throughout this time. Your support is appreciated and valued. The African proverb, “It takes a village to raise a child,” is thriving in Metuchen solely because of our partnership.

Continue to take good care of yourself and your loved ones. Say hello to your children for me – I miss them all!

As always,

😊 Mr. Porowski



CAMPBELL ELEMENTARY SCHOOL  
WEEKLY CALENDAR  
MARCH 29 - APRIL 4, 2020

MARCH 29	<p><b>National Mom and Pop Business Owners Day</b> Find out what "Mom and Pop Business Owner" means. Do you have a favorite Mom and Pop Business in Metuchen? Find a way to show your appreciation!</p>	
MARCH 30	<p><b>National Doctors Day</b> Draw a picture and post it on a window to show others that you appreciate doctors and the work that they do for all of us!</p>	<p><b>School Spirit Day -</b> Wear White in honor of our Doctors and Nurses</p>
MARCH 31	<p><b>National Crayon Day</b> Take out some crayons and draw a picture of something that makes you happy!</p>	<p><b>School Spirit Day -</b> Wear your favorite color</p>
APRIL 1	<p><b>April Fool's Day, but more importantly it is National Walking Day</b> We're not fooling - today's a great day to take a walk!</p>	<p><b>School Spirit Day -</b> Dress Up Day - No Fooling!</p>
APRIL 2	<p><b>World Autism Awareness Day</b> Wear blue today to celebrate this day! If you have Disney+, watch the Pixar short film "Loop" and/or the short film "Float" with your parent/guardian to learn a little more about autism.</p>	<p><b>School Spirit Day -</b> Wear Blue to Celebrate World Autism Awareness Day</p>
APRIL 3	<p><b>National Chocolate Mousse Day</b> Do some research and find out how mousse is different from pudding.</p>	<p><b>School Spirit Day -</b> Wear Campbell Colors or Campbell Gear <b>Report Cards Available 4pm</b></p>
APRIL 4	<p><b>National School Librarian Day</b> Draw a picture, write a card, or have your parent write an email to Mrs. Derer to let her know how much you appreciate her!</p>	



# HIGHLIGHTS FROM THE TWITTERVERSE

Join us to see and learn more!

**Ed Porowski** @CESPrncipl

This artwork from a 3AZ student really speaks to me and makes my heart full. It reminds me that we are all in this together and must do our part. Thank you for sharing this, 3AZ. What a beautiful message for everyone! ❤️

**Mayor Jonathan M. Busch** · 22h

It's tough for many right now. For those on the front lines, it's especially tough. With "Feeding the Front Lines", you could help feed Metuchen's 1st responders & those on the front lines of this crisis while supporting some small businesses. Visit: [downtownmetuchen.org/feeding-the-fr...](http://downtownmetuchen.org/feeding-the-fr...)

**Margie Thomas** @Margi... · 3/19/20

I am crying right now, to know that they are doing this. #CantStopTheMusic #MetuchenMusic @CESPrncipl @CES\_AP\_Kirsch @ajayeart @MSD\_Caputo

**Ed Porowski** @CESPrncipl · 7h

Awesome job, Todd!!!! Thanks for sharing!!!!

**Teresa** @tkaltenbach12 · 8h

@CESPrncipl Todd completed the hunt!!!

**CES Music** @ces\_music · 2d

P E R F E C T @PrideOfMetuchen @MrFlynnCESBand @Vivaldi\_MHS @EMS\_Guitar @CESPrncipl @CES\_AP\_Kirsch @MSD\_Caputo @ajayeart @NAME @njmea @ASTAstrings

**Sofia Lopes** @MissSLOpes · 1d

Thank you @CES\_AP\_Kirsch and to her son for resding to us and joining our hangout today! Her sons also gave us some great would you rather questions!

**Raquel Williams** @raquelwillia... · 1d

My students!! Do not miss it! Una gran fiesta con Pedrito on Fr...

**Vincent Caputo** @MSD\_Caputo · 2d

Governor Phil Murphy today announced that the State of New Jersey is cancelling all statewide student assessments for the spring 2020 testing window.

**Lisa Levin** @CES\_Levin2Teach · 2d

I really need to do that... and maybe see if I still know how to stand up, walk, and eat something. 😊😊😊

**Ed Porowski** @CESPrncipl · 2d

Have you taken the time to participate in your mindfulness break yet? If not, it's a good time to start!!!! 🧘

**Alex** @AlexPerlin5 · 3/17/20

Replying to @CESPrncipl

Perlin brothers listening to bedtime story. Daily ritual. Thank you so much for doing this!

**CES Band** @MrFlynnCESBand

Looks a little different than room 26B at Campbell School, but I am getting used to my new workstation and getting ready to hear some Campbell musicians in a whole new way! #distancelearning #workfromhome #musedchat @CESPrncipl @ajayeart @PrideOfMetuchen @ces\_music

**Ed Porowski** @CESPrncipl · 4d

Are you a Harry Potter fan? Check out this virtual escape room that you can do with your family at home! (Warning: there's some math involved in this - bring your math brain with you...and maybe a calculator!) Hogwarts Digital Escape Room [docs.google.com](https://docs.google.com)

**CES\_ART25** @CES\_ART25

Let's spread some positivity this week by creating a kindness poster! Choose a medium and a phrase, write it in some fun lettering, and add some symbols for positivity! Parents, students, teachers and community members are invited to participate! @CESPrncipl @ajayeart @MSD\_Caputo

**Mrs Kerry blaze** @BlazeMrs · 6d

Online math lesson and chatting about wax museum. Might be biased but these Metuchen teachers are amazing

**CES\_ART25** @CES\_ART25 · 6d

Loving all of the artwork that is coming in! It's so great seeing what everyone is working on at home. [photos.app.goo.gl/BJfGaizpwmF7p5...](https://photos.app.goo.gl/BJfGaizpwmF7p5...)

**NAMI** @NAMICo... · 3/13/20

The #COVID19 outbreak is leaving many feeling anxious, angry, sad, or scared. If you need to talk to someone, text NAMI to 741741 or call the NAMI Helpline at 1-800-950-NAMI (6264).

For our tips for people with mental illness, click here: [bit.ly/39Nayer](http://bit.ly/39Nayer)

**KINDNESS POSTER**

LETTERING IDEAS

ABC ABC ABC ABC

## Campbell Cooking Corner – Southwestern Chicken

Noticing that you’ve already rotated through your best recipes? This week, I took a deep dive into my recipe book and found a forgotten Porowski favorite, courtesy of my mother-in-law. As the primary cook of the house, I find this recipe to be pretty easy to follow. There’s a little bit of prep time, but the results are always great, plates are cleared, and there are no leftovers. If interested, give this recipe a try! 😊

### Ingredients

Olive Oil

2-3 cloves of garlic, chopped or minced

1 medium onion, chopped

1 green pepper, chopped

1 red pepper, chopped

6 boneless chicken breasts (or make-ahead chicken cutlets)

Hidden Valley Southwest Ranch Dressing  
bread crumbs

1 container of favorite salsa

Shredded Monterey Jack Cheese

1 Tbsp brown sugar

1 Tbsp white wine

Favorite box of pasta (Farfalle is our favorite)

### Method

1. Heat oven to 350 degrees.
2. Chop garlic, onion, green pepper, and red pepper. Set aside.
3. Make chicken cutlets. (I prepare them by dipping them in the dressing, covering them with breadcrumbs, and then sauté them in the
4. Make chicken cutlets. (I prepare them by dipping them in the dressing, covering them with breadcrumbs, and then sauté them in the skillet in olive oil until golden brown. You could also get premade chicken cutlets, if simplifying).
5. In a 9x13 glass baker, spread a layer of salsa. Place the cooked chicken cutlets on top. Heat in oven until salsa is hot.
6. Mix the glaze ingredients (brown sugar and white wine) and set aside.
7. Sauté garlic, onion, green and red peppers in olive oil.
8. Once salsa is hot, take the baker out of the oven and spoon the sautéed vegetables on top of the chicken. Spoon the glaze on top of the chicken and vegetables. Sprinkle the entire baker with Monterey Jack cheese.
9. Return the baker to the oven and heat until cheese is melted. (10-15 minutes).
10. Prepare pasta, as directed.
11. Plate the pasta serving and then spoon the vegetable-topped chicken and salsa on top.

I hope you enjoy the recipe as much as my family does!

## Some Ideas to Combat “I’m Bored”

At one point or another, our children all make the announcement that “I’m BORED.” Parents have a lot of tricks up their sleeves to help combat being bored, but there are only so many things that can be done before even the most creative parent is ‘tapped out’ of resources. Here are a few additional ideas for your consideration:

- ♥ Visit [San Diego Zoo](#) and their live cameras!



“A GREAT PLACE TO LEARN”

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[www.metuchenschools.org](http://www.metuchenschools.org)

- ♥ Visit the [Georgia Aquarium](#) live feed.
- ♥ Grab some chalk (sometimes a rock works, too) and draw a hopscotch design on the pavement. Teach your child how to play, if they don’t know how! Click [here](#) for directions.
- ♥ Pull out your sidewalk chalk and write positive messages for people to read when they’re walking in front of your house. Or, walk to a friend’s house and draw a picture/ write a motivational message for them to see on their sidewalk. 😊
- ♥ Visit the [Harry Potter Virtual Escape Room](#). (This will take about 10-15 minutes, but hey – it’s something different!)
- ♥ Watch [Disney’s Nighttime Spectacular, Fantasmic!](#) Or, you can watch [Disney World’s Happily Ever After Fireworks!](#)
- ♥ Select a [Virtual Concert](#) from the listing to watch. There are lots of options – choose one that is appropriate for you and your family.
- ♥ Take a walk together, using [an idea from this listing](#) to make it ‘different’.