

Friday, May 5 Say Thank You to your Chartwells Lunch People













serving up happy & healthy



# Secondary Lunch Menu- May

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1	2	3	4	5
Buffalo Ranch Chickendipity Sandwich Local Herb Roasted Potato Wedges	Macaroni & Cheese Bar Featuring BBQ Diced Chicken, BBQ Ground Beef, Roasted Peppers & Onions Dinner Roll	China  Sweet & Sour Chicken  Vegetable Fried Rice  Garlic Soy Green Beans	May the 4th Be with You!  Death Star Meatball Sub Princess Leia Salad	Local Beef Nachos Local Narragansett Creamery Cheese, Local Gotham Greens, Fresh Pico de Gallo, Guac, Fresh Scallions, Fresh Tomatoes
8	9	10 INDIA	11	12
General Tso Chicken Lucky Fried Rice	Veg Out Hot Roasted Italian-Style Vegetable Wrap Crinkle Fries	India Chicken Tikka Masala Basmati Rice Roasted Broccoli	Pizza Casserole Local Spinach, Craisins, and Bacon Bits Salad Warm Honey Mustard Dressing	Chicken Gyro Flatbread Baked Fries
15	16	17	18	19
Buffalo Chicken Calzone Roasted Local Cauliflower	NATIONAL BBQ DAY BBQ Chicken Drumstick Roasted Carrot Sticks w/Dipping Sauce Jalapeno Cornbread	Rotini with Chicken & Broccoli Alfredo Citrus Basil Roasted Vegetables Garlic Breadstick	Austin Beef Twister BBQ Ground Beef & Shredded Cheddar on a Wrap Gotham Greens Local Lettuce Caesar Salad	Chicken Teriyaki Noodle Bowl Crunchy Asian Topping Roasted Asian-style Vegetable
22	23	24	25	26
Chili Turkey Dog Buttermilk Cole Slaw	Breakfast for Lunch Breakfast Burrito Egg, Sausage, Shredded Cheddar on a Tortilla Fresh Wrap Pico de Gallo Hash Brown Patty	Mexico Pork Carnitas Quesadilla Cilantro Lime Rice Elotes Style Corn	Sweet & Sour Meatballs Vegetable Lo Mein Roasted Sesame Green Beans	Pasta Bar Bolognese Sauce, Alfredo Sauce, Diced Chicken Roasted Broccoli, Roasted Red Peppers Garlic Breadsticks
29	30	31		
MEMORIAL DAY	Beef Tacos Pico de Gallo Shredded Cheddar, Shredded Lettuce	Ready for Summer Fun Southwest Burger Cheddar Cheese, Guacamole, Southwest BBQ Sauce, Shredded Lettuce, Pico de Gallo Roasted Potato Wedges		Any questions, please contact the Director of Dining Services, or at Brian.Tweedie@c ompass-usa.com

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available. All meals are served with milk (1% low fat white or fat free chocolate.

Menu is subject to change.

This institution is an equal opportunity provider.



#### Available daily:

Fresh Baked Pizzas. Calzones and Flatbreads Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit

## **Daily Specials:**

Monday – Beef Taco Pizza Tuesday – Cheeseburger Pizza Wednesday - Garlic Chicken Pizza Thursday - Pepper & Onion Pizza Friday – Meat Lover's Pizza

Cheese & Pepperoni Pizza available Daily



### Available daily:

Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Patty Chicken Tenders or Chicken Nuggets Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit

# Vegetarian Options Monday – Yogurt Parfait

ruesday - Roasted Veggie & Cheese Wrap Wednesday - Grilled Cheese Thursday – Hummus, Carrots, Celery,

Tortilla Chips Friday - Veggie Burger



Assorted pre-packaged entrée salads, deli sandwiches, and yogurt parfaits offered with fruits, vegetables, and milk.

#### Daily Specials may include:

Assorted, Buffalo Chicken Salad, Chicken Caesar Wrap or Salad, Turkey & Cheese Pretzel Roll, Veggie Wrap, Italian Sub