



Secondary Lunch Menu - March



Plant Power, our promotion for the month, is a celebration of plant-based, fresh, seasonal, and local foods. Each Thursday of March we will feature a vegetarian main entree.

Any questions, please contact the Director of Dining Services, or at Brian.tweedie@compass-usa.com		1	2	3
		BBQ Chicken Drumstick Roasted Local Potatoes Roasted Carrot Sticks w/Dipping Sauce	Veggie Sushi Bowl	Austin Hot Beef Twister Ground Beef, BBQ Sauce, and Cheddar Cheese in a WG Wrap Local Herb Roasted Potato Wedges
6	7	8	9	10
Buffalo Chicken Calzone Roasted Broccoli	Chicken Vegetable Stir Fry Brown Rice	Breakfast for Lunch Ham, Egg, & Cheese on a Bagel Roasted Local Potatoes	Sweet Potato & Bean Chili Shredded Cheddar Cheese Homemade Cornbread	Breakfast Burrito Egg, Sausage, Cheese, and Salsa on a Tortilla Wrap Tater Tots
13	14	15	16	17
National Chicken Soup Day Homemade Chicken Noodle Soup Toasty Grilled Cheese Sandwich (Narragansett Creamery Cheese)	Chicken Tacos Pico de Gallo Shredded Cheddar, Lettuce Mexican Street Corn	Macaroni & Cheese Bar Featuring Pulled Pork, Beef Taco Meat, Roasted Peppers, BBQ Sauce, Salsa	Southwest Sweet Potato Grain Bowl	Shepherd's Pie Dinner Roll
20	21	22	23	24
1 st Day of Spring Hot Chickendipity Sweet Pineapple Wrap Roasted Green Beans	Homemade Meatloaf & Gravy Roasted Local Potato Wedges Roasted Carrots	Chicken Teriyaki Noodle Bowl Crunchy Asian Topping Roasted Asian-style Vegetable	Hot Roasted Italian-style Vegetable Wrap Crinkle Cut Fries	Pasta Bar Bolognese Sauce, Alfredo Sauce, Diced Chicken Roasted Broccoli, Roasted Red Peppers Garlic Breadsticks
27	28	29	30	31
General Tso Chicken Lucky Fried Rice	Beef Nachos Cheddar Cheese Sauce, Pico de Gallo Shredded Lettuce Guacamole Corn & Black Bean Salsa	Burger Bar American, Cheddar, Provolone Cheese, Bacon, Lettuce, Tomato, Onions Sauteed Mushrooms Baked French Fries	Baked Potato Bar Vegetarian Chili, Roasted Broccoli, Caramelized Onions, Shredded Cheddar, Sour Cream Dinner Roll	National Farmer's Day Build Your Own Salad Gotham Greens (Local) Diced Grilled Chicken, Beef Taco Meat, Tomatoes, Onions, Cucumbers, Peppers, Mozzarella Cheese



Available daily:
Fresh Baked Pizzas,
Calzones and Flatbreads
Served with Your Choice of Fries, Fresh Hot or
Cold Vegetables, Salad, and Fruit

Daily Specials:
Monday – Beef Taco Pizza
Tuesday – Meatball Calzone
Wednesday – Garlic Chicken Pizza
Thursday – Veggie Pizza
Friday – Hawaiian Pizza

Cheese & Pepperoni Pizza available Daily



Available daily:
Hamburger, Cheeseburger, Chicken
Patty, Buffalo Chicken Patty
Chicken Tenders or Chicken Nuggets
Served with Your Choice of Fries, Fresh Hot or
Cold Vegetables, Salad, and Fruit



Monday – Yogurt Parfait
Tuesday – Roasted Veggie & Cheese
Wrap
Wednesday – Grilled Cheese
Thursday – Hummus, Carrots, Celery,
Tortilla Chips
Friday – Veggie Burger



Assorted pre-packaged entrée salads,
deli sandwiches, and yogurt parfaits
offered with fruits, vegetables and milk.

Daily Specials may include:
Assorted, Buffalo Chicken Salad, Chicken
Caesar Wrap or Salad, Turkey & Cheese
Pretzel Roll, Veggie Wrap, Italian Sub

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available.

All meals are served with milk (1% low fat white or fat free chocolate).

Menu is subject to change.

This institution is an equal opportunity provider.