








# chartwells

serving up happy & healthy

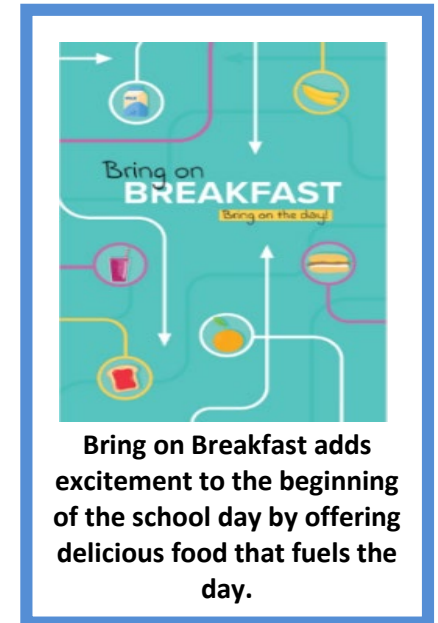
## Elementary Breakfast Menu - March



Any questions, please contact the Director of Dining Services, or at @compass-usa.com		1	2	3
		Blueberry Breakfast Yogurt Parfait with Granola	Pancakes Breakfast Syrup	Bagel Sunbutter or Cream Cheese
6	7	8	9	10
Egg & Cheese Quesadilla Orange Wedges	French Toast Warm Cinnamon Bananas Breakfast Syrup	Strawberry Breakfast Yogurt Parfait with Granola	Ham, Egg, & Cheese On an English Muffin Mixed Fresh Fruit Cup	Pancakes Hashbrown Patty Strawberries Whipped Topping
13	14	15	16	17
 Apple Muffin	Sausage, Egg, & Cheese on a Biscuit	Blueberry Breakfast Yogurt Parfait with Granola	Waffles Breakfast Syrup	Bagel Sunbutter or Cream Cheese 
 20	21	22	23	24
 Cranberry Orange Muffin	Ham, Egg, & Cheese on an English Muffin	Very Berry Breakfast Yogurt Parfait with Granola	Mini Maple Pancakes	Bagel Sunbutter or Cream Cheese
27	28	29	30	31
 Blueberry Muffin	Egg & Cheese on a Bagel	Strawberry Breakfast Yogurt Parfait with Granola	French Toast Sticks Breakfast Syrup	Bagel Sunbutter or Cream Cheese



**Daily Options:**  
Assorted Cereals  
Fresh Fruit  
100% Fruit Juice



All items are made with whole grains.  
All meals are served with a variety of fruits and vegetables, local when available.  
All meals are served with milk (1% low fat white or fat free chocolate)  
Menu is subject to change.  
This institution is an equal opportunity provider.