




2023



Elementary Lunch Menu - January



The Great American Roadtrip allows students to experience this great country through the power of food!! Go on a journey through the quadrants of the US, where you will learn about local favorites of each region.

2 	3 Bacon Cheeseburger Garlic Parmesan Roasted Local Potatoes	4 Mac & Cheese Roasted Green Beans	 5 Toasty Grilled Cheese Sandwich (Narragansett Creamery Cheese) Creamy Tomato Soup	6 Cheese or Pepperoni Pizza Romaine & Kale Caesar Salad
9  Chicken & Cheese Quesadilla Roasted Local Butternut Squash	10 Beef & Cheese Nachos Corn & Black Bean Salsa	11 Italian Style Chicken Parmesan Sandwich Baked Crinkle Fries	12 Homemade Shepherd's Pie (Local Mashed Potatoes) Dinner Roll	13 Cheese or Pepperoni Pizza Tossed Salad
16  MARTIN LUTHER KING JR. DAY I HAVE A DREAM	17 Pancakes, Chicken Sausage, & Tater Tots Breakfast Syrup	18 Popcorn Chicken Bowl Homemade Mashed Local Potatoes Corn Savory Gravy	 19 "New England" Crispy Fish Sticks Confetti Cole Slaw Tartar Sauce	20 Cheese or Pepperoni Pizza Roasted Broccoli
23 Orange Chicken, Vegetable Noodle Bowl	 24 Chicago Style Beef Hot Dog Herb Roasted Local Potato Wedges	25 Chicken & Vegetable Fajita Bowl	26 Asian BBQ Pulled Pork Sandwich with Buttermilk Cole Slaw	27 Cheese or Pepperoni Pizza Romaine & Kale Caesar Salad
30 General Tso Chicken Vegetable Dumplings Lucky Fried Rice	 31 Tex Mex Chicken Tacos		Any questions, please contact the Director of Dining Services, or at brian.tweedie@com pass-usa.com	

Daily Alternate Options:

- 1/3-1/7: Cheese Quesadilla 
Cereal Fun Lunch 
- 1/10-1/14: Crispy Chicken Patty 
Sandwich 
Sunbutter & Jelly Fun 
Lunch
- 1/17-1/21: Breaded Mozzarella Sticks 
with Marinara 
Nacho Fun Lunch 
- 1/24-1/28: Beef Taco Salad 
Hummus Fun Lunch 
- 1/31-2/4: Chicken Nuggets 
Yogurt Fun Lunch 

 Extra Extra

- Monday:** Broccoli, Baby Carrots, Apple, Orange Wedges
- Tuesday:** Beans, Celery Sticks, Apple, Red/Green Grapes
- Wednesday:** Grape Tomatoes, Green Bell Pepper Strips, Apple Slices, Bananas
- Thursday:** Corn Salad, Baby Carrots, Apple, Orange Wedges
- Friday:** Cucumbers, Grape Tomatoes, Apple, Red/Green Grapes

 Vegetarian

All items are made with whole grains.
All meals are served with a variety of fruits and vegetables--local when available.
All meals are served with milk (1% low fat white or fat free chocolate).
Menu is subject to change.
This institution is an equal opportunity provider.

