

Secondary Lunch Menu - December



A variety of fresh, local, vegetables are offered monthly.

> Any questions, please contact the executive chef, Reece.lavacca@c ompass-usa.com

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Spids	Spice It Up is a celebration of internal recipes that are proven to raise the bathe spice rack empowering students to in cooking with various spices that are to spice up any meal with their family.		aise the bar of students to join es that are sure	Spice It Up Thai Pineapple Chicken Fried Rice Roasted Broccoli	Chicken Drumstick BBQ Dipping Sauce Roasted Zucchini Cornbread
	5	6	7	8	9
	Nashville Chicken Sandwich Baked Crinkle Fries	Local Poutine-Style Bar Cheddar Cheese, Sour Cream, Roasted Broccoli, Bacon, Chili Dinner Roll	Burger Bar American, Cheddar, Provolone Sauteed Mushrooms & Onions, Bacon Local Roasted Potatoes	Homemade Mac & Cheese Bar Buffalo Chicken, Bacon, Roasted Green & Red Peppers, Salsa, Dinner Roll	Beef Nachos Shredded Cheddar, Shredded Lettuce, Fresh Pico de Gallo, Guacamole, Sour Cream
	12	13	14	15	16
	Austin Hot Beef Twister Ground Beef, BBQ Sauce, and Cheddar Cheese in a WG Wrap Local Herb Roasted Potato Wedges	Local Butternut Squash and Spinach Vindaloo Seasoned Brown Rice	Beef & Refried Bean Burrito Cuban Rice Spice It Up	General Tso Chicken Asian Brown Rice Roasted Broccoli	Creamy Tomato Soup Texas Style Grilled Cheese
	19	20	21	22	23
	Breakfast for Lunch Breakfast Burrito with Ham, Egg, and Cheese Local Home Fried Potatoes	Taco Bar Chicken Taco Shredded Cheddar, Shredded Lettuce, Fresh Pico de Gallo, Guacamole, Sour Cream	Baked Cheese Pasta Roasted Green Beans Dinner Roll	Spice It Up Local Butternut Squash, Black Bean & Cheddar Tostada	No School
	26	27	28	29	30
			Harey Holoays		

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available.

All meals are served with milk (1% low fat white or fat free chocolate)

Menu is subject to change.

This institution is an equal opportunity provider.



Available daily:

Fresh Baked Pizzas Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit

Daily Specials:

Monday - Chicken Fajita Pizza Tuesday - Beef Taco Pizza Wednesday - Garlic Pizza Thursday - Chicken Alfredo Pizza Friday - Primavera Pizza

Cheese & Pepperoni Pizza available Daily



Available daily:

Hamburger, Cheeseburger, Chicken Patty, Buffalo Chicken Patty Chicken Tenders or Chicken Nuggets Served with Your Choice of Fries, Fresh Hot or Cold Vegetables, Salad, and Fruit



Vegetarian Options

Monday – Yogurt Parfait Tuesday – Sunbutter & Jelly Sandwich Wednesday – Grilled Cheese Sandwich Thursday – Hummus Bento Box Friday – Veggie Burger



Assorted pre-packaged entrée salads, deli sandwiches, and yogurt parfaits offered with fruits, vegetables and milk.

Daily Specials may include:

Assorted, Buffalo Chicken Salad, Chicken Caesar Wrap or Salad, Turkey & Cheese Pretzel Roll, Veggie Wrap, Italian Sub