

**RSU 38/Maranacook Area Schools**  
**Parent Guide to Remote Learning**  
**March 26, 2020**

**1. District Covid-19 Information**

All the information the district has sent, including this handbook, is available at <https://www.maranacook.org/o/rsu-38/page/covid-19-updates--39>.  
Check the website for any future updates.

**2. Communication**

- a. We will use our website, our app, emergency alerts and email to continue to communicate with you regularly on matters of school closure.
- b. We encourage families to communicate with teachers or administrators through whichever means that works best including email, phone, or video conferencing if available.
- c. Please reach out with any needs you or your family may have. We will work with you to make sure you have what you need.

**3. Breakfast and Lunch**

- a. We will continue to provide breakfast and lunch at Mount Vernon Elementary School from 7:00 to 9:00 am on Monday and Wednesdays. Two breakfast and lunch meals will be provided on Monday and three breakfast and lunch meals will be provided on Wednesday. This will continue through the duration of the school closure including during the week of April vacation.
- b. The food pantry will distribute food at the high school on Fridays from 3:00 to 5:00 pm. If you have questions please reach out to Dr. Dwayne Conway via email at [dwayne\\_conway@maranacook.org](mailto:dwayne_conway@maranacook.org).
- c. If specific changes to either meal delivery or the food pantry are needed we notify families through our alert system as well as post on our website: [maranacook.org](http://maranacook.org).

**4. Educational Expectations**

We recognize that all of our families will be in situations that may make remote learning uniquely challenging. Please look at the information we are providing as a guide to offer learning opportunities that encourage students to engage in tasks that are meaningful, consistent with normal classroom routines, and can be completed based on your family's unique situation. What follows is a suggested schedule for grade spans Pre-K to 5 and grades 6 to 12. Based on your child's needs, which you know best, they may be able to do more or less.

## RSU38 Remote Learning Opportunity Grade Pre-K to 5

**Objective:** These are activities that students can complete independently to maintain skills learned in school.

| <b>Sample schedule</b>  |  | <b>Important information</b>   |
|---|--|--|
| <b>Suggested Time Frames</b>  | <b>What are you going to learn today?</b>  | <ul style="list-style-type: none"> <li>• These educational opportunities for learning at home are meant to provide parents with resources for student learning to continue at home while our schools are not in session.</li> <li>• Don't hesitate to contact your classroom teacher by email with questions.</li> <li>• Students will benefit from engaging with academic materials daily in order to maintain skills. We encourage you to establish routines with kids to maximize this impact.</li> <li>• Set goals: setting daily goals for what your child will accomplish can help to make tasks meaningful and build confidence for students.</li> <li>• If your child has access to technology you may also use any of the digital resources as a replacement or expansion of learning.</li> <li>• For students receiving special education services, please see their distance learning plan and contact their case manager with any questions</li> </ul> |
| <b>15 - 30 mins per day math activity</b>   | <ul style="list-style-type: none"> <li>❖ We strongly suggest you establish a routine; for example 2 to 3 learning activities in the morning? and 2 to 3 learning activities in the afternoon. (Whatever fits your situation.)</li> <li>❖ Students should be doing a variety of learning tasks. Use the websites, menus, or resource packet to find something interesting to learn in each category.</li> <li>❖ This is a suggested time-frame. Your child may do more or less depending on what's appropriate for them!</li> </ul> |  |
| <b>15 - 30 mins per day Reading together</b>  |  |  |
| <b>15 - 30 mins per day Writing</b>   |  |  |
| <b>15 - 30 mins per day movement activity</b>   |  |  |
| <b>Choose 1 of the following areas to do each day: music, art, science or social studies 15 - 30 mins</b> |  |  |
| <b>Optional activities 15 - 30 mins</b>   | Choose an activity from the menu or have your child explore a topic of their interest.   |  |

## RSU38 Remote Learning Opportunity Grades 6 - 12

**Objective:** These are activities that students can complete independently to maintain skills learned in school.

| Sample schedule                                  |  | Important information   |
|--|--|---|
| <b>Suggested Time Frames:</b>                    | <b>How and what will students learn today?</b>   | <b>For students:</b> <ul style="list-style-type: none"> <li>● Follow our established Black/Gold day rotation.</li> <li>● Don't hesitate to contact your classroom teacher by email with questions.</li> <li>● Check in with your advisor weekly through established procedures. (Your advisor will communicate this with you.)</li> <li>● Establish a routine that works for you and your needs and be consistent.</li> <li>● If you struggle with a deadline please communicate directly with the teacher about flexibility.</li> <li>● For students receiving special education services, please see their distance learning plan and contact their case manager with any questions regarding that plan.</li> </ul> |
| <b>30 - 45 mins per day Black day class</b>      | <ul style="list-style-type: none"> <li>❖ We strongly suggest you establish a routine. For example 2 classes in the morning and 2 classes in the afternoon. (Tailor the routine to fit your needs.)</li> <li>❖ Assignments can be found in the teachers google classroom.</li> <li>❖ These are suggested time-frames. Your child may do more or less depending on what's appropriate for them!</li> </ul> |   |
| <b>30 - 45 mins per day Black day class</b>      |  |   |
| <b>30 - 45 mins per day Black day class</b>      |  |   |
| <b>30 - 45 mins per day Black day class</b>      |  |   |
| <b><i>The pattern repeats for Gold days.</i></b> |  |   |

## 5. Contacting Professional Staff

The following is information to assist in communication with our professional staff:

- A. **All teachers** are available 9:00 am to 2:00 pm via email. Questions outside that time will be returned within 24 hours unless it is the weekend. In grades 6 - 12 teachers may offer online office hours through google classroom.
- i. We have asked advisors at grades 6 thru 12 to reach out to their advisees at least once weekly to offer support. This may be done through email, phone calls, or google classrooms.
  - ii. Elementary level (PreK to Gr 5) teachers will reach out through established procedures which may include phone or email and may include digital platforms such as class dojo or seesaw.
- B. **School Counselors** can be reached by email between the hours of 9am and 2pm. Questions outside that time will be returned within 24 hours unless it is the weekend. Online platforms will be used for individual meetings that are appropriate for the grade level. Elementary Counselors will reach out to parents prior to a meeting. Any parent who would like to opt their child out of participation in virtual counseling through Google Hangout/Meet should notify their school's principal. Google Classroom will be used by middle School and high School Counselors. If a student is in crisis, parents or students should call the crisis hotline at 1-888-561-1112 or 911. All mandated reporting protocols will be followed.
- C. **Counseling through KBH or Health Affiliates Maine:** If your child has been receiving in school counseling with a therapist through KBH or Health Affiliates Maine, please contact your child's therapist to discuss options for continuing that service through the school closure.
- D. **School nurses** can be reached by email between the hours of 9am and 2pm. Outside of those times, any medical questions should be directed to your child's primary care provider or if an emergency, call 911.
- E. **Special Education** - Please reach out to your child's case manager, related service provider or classroom teacher with specific learning plan questions. If you have other questions regarding meetings, district plans or anything else related to special education, please contact Nicole Fyfe or Ryan Meserve at the Special Education Office (685-3336x6, [nicole\\_fyfe@maranacook.com](mailto:nicole_fyfe@maranacook.com) or [ryan\\_meserve@maranacook.com](mailto:ryan_meserve@maranacook.com)). Email is the preferred method of contact at this time.
- F. **Literacy and Math Interventionists and Teachers for Gifted and Talented** are also planning ways to support students and their families. These teachers are an important part of students' learning support system at school and want to provide assistance in whatever way will work for each student. Interventionist and GT teachers are available via email. In addition, teachers may contact families directly to assist with support for the student.

## 6. Internet resources to support remote learning

*If your family qualifies for free and reduced lunch:*

- OTT/Otelco is providing free home internet access for 60 days for PK-12 students who qualify under the National School Lunch Program for free or reduced meals.
- To request this service, complete [the form on Otelco's website](#) or call OTT/Otelco at 1-833-OTELCO1.

*If you have a PK-12 student or teacher in your household:*

- Spectrum is providing free home internet and WiFi for 60 days for any household with a PK-12 student or teacher that has not subscribed to Spectrum internet in the last 30 days.
- To request this service, call Spectrum at 1-855-243-8892.

*If you currently have Verizon Wireless as a cell phone service provider:*

- Verizon is offering 15GB additional Mobile Hotspot data to nearly all plans, to be used between 3/25/20-4/30/20.
- Please refer [here](#) to learn more.

*If you currently have T-Mobile as a cell phone service provider:*

- All T-Mobile customers as of March 13, 2020 who have plans with data will automatically have unlimited smartphone data through May 13 (excluding roaming). No action required.
- T-Mobile postpaid and Metro customers on plans with HotSpot data can add 20GB (10 GB / month for two months) of Smartphone Mobile HotSpot at no extra charge. (excludes Prepaid T-Mobile Connect)
- Please refer [here](#) to learn more

*If you currently have Sprint as a cell phone service provider:*

- Current customers can receive unlimited data for 60 days with metered data plans.
- They are providing 20GB of Mobile Hotspot data free to customers with hotspot-capable devices.
- Please refer [here](#) to learn more

*Study from car initiative:*

- Many school districts in Maine are providing internet access from the parking lot. School districts have created guests networks that can be accessed from the parking lot.
- Please refer [here](#) to learn more

*If you are concerned about being able to make internet payments during this pandemic:*

- The Federal Communications Commission (FCC) has issued guidance for providers limiting or eliminating service termination, late fees, and other access supports.
- Read full guidelines [here](#)