



# JISD INSTRUCTIONAL OFFERING

## 7th Grade- Week of March 30

During this time of school closure, JISD educators have compiled a weekly offering of activities. These are not required and will not be graded, but something to keep your child actively engaged educationally. We also have resources posted on our webpage. [www.jourdantonisd.net](http://www.jourdantonisd.net)

<b>MATH</b>	<p>Create a crossword puzzle with definitions as clues using any 7th grade math vocabulary you have used in the math classroom this year. Use at least 10-15 words to have a challenging puzzle.</p> <p>Don't forget to create an answer key!</p>
<b>ELAR</b>	<p>Hellen Keller was an American author, political activist, lecturer, and was the first deaf-blind person to earn a Bachelor of Arts degree. She once wrote, "Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."</p> <p>Think about Helen's words. Obviously, she inspired thousands of people through her great attitude and hope, while experiencing enormous, physical handicaps.</p> <p>Write an essay in which you explain why being an optimistic person during difficult times is very important.</p> <p>Be sure to create a webbing/outline and introduction, body, and conclusion paragraphs. Remember to write complete simple, compound, or complex sentences, use correct spelling and punctuation, and correct English usage.</p>

# SCIENCE

## Explore and Learn!

Go on a nature scavenger hunt with your family! Try to find all the items on the list. You can even collect them in a bag and bring them home to analyze.

### Nature Hunt List:

fern  
Pinecone  
flowers  
berries  
jagged leaf  
spiderweb  
tree with moss  
mushroom  
earth worm  
acorn  
smooth stone  
animal tracks  
flying insect  
fallen branch  
solid leaf  
tree stump  
bird's nest  
squirrel  
puddle  
snail shell  
weed  
treasure  
feather  
litter  
sunshine

Write a journal entry (5 to 7 sentences) about how your nature hunt went. What did you find? Were there other objects you saw along the way that interested you? Think about the plants and animals, what type of ecosystem do they fall under. Can you think of any other plants and animals that could also fall under these categories?

<p><b>HISTORY</b></p>	<p>Access a current event/news article about COVID-19 and write a summary distinguishing the difference between fact and opinion in the event. The television news, internet, or newspaper are good resources!</p>
<p><b>PE/ATHLETICS</b></p>	<p>RAMP Dynamic (stretch) : 10 min.</p> <p>All are done twice!!</p> <p>Forward lunges x 10 yds  Backward lunges x 10 yds  Lateral lunges x 10 yds  Frankenstiens x 10 yds</p> <p>Fwd. Bunny hops x 10 yds  Lat. Rt. Bunny Hops x 10 yds  Lat. Lt. Bunny Hops x 10 yds  Bckwd. Bunny Hops x 10 yds</p> <p>High knees x 10 yds  Butt kicks x 10 yds  Shuffle x 10 yds  Skip x 10 yds  Backpedal x 10 yds</p> <p>Half speed sprint x 20 yds  Full speed sprint x 20 yds</p>
<p><b>ELECTIVES</b></p>	<p><b>Activity Options:</b></p> <p>Keyboarding-Access Typing Instructor program from the JISD website. Complete 3-5 activities.</p> <p>OR</p> <p>Journal Prompt:  How has the current quarantine affected your use of digital media? What are some things that you personally are doing to try and balance your online activities and your offline activities?</p>
<p><b>BAND</b></p>	<p>Students should listen to music via any form of media available to them (internet, CD, radio, TV, movie soundtrack, video game soundtrack, etc.) for a minimum of fifteen minutes. While listening to the music, we encourage the students to find the beat and perform along with it by either tapping their foot or hand, nodding their head, dancing, or any other means of demonstrating the beat.</p>
