



**Public Health**  
Prevent. Promote. Protect.

**NORTH CENTRAL PUBLIC HEALTH DISTRICT**

*“Caring For Our Communities”*

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## PSA

**Date:** March 25  
**To:** All Media  
**From:** Teri Thalhoffer RN, BSN, Director  
North Central Public Health District  
**Subject:** **Additional service changes at North Central Public Health District**

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To help implement Governor Kate Brown’s order to “stay home, save lives,” in response to the COVID-19 pandemic, North Central Public Health District is asking all clinic clients to call first before coming to the clinic, since many services can be provided over the phone.

The clinic is still open to provide certain services, such as STD testing, birth control and immunizations. However, clients are asked to call 541-506-2600 and ask to talk to a nurse, who can determine whether an in-person visit is needed.

This “phone-first” request applies to both the walk-in clinic and those with appointments.

The health district earlier switched to providing home visiting and WIC appointments via phone. This latest step is a further effort to help people stay home to avoid spread of COVID-19.

Brown issued her “stay home, save lives” executive order March 23, ordering Oregonians to stay home as much as possible to slow transmission of COVID-19, protect vulnerable populations and avoid overwhelming the healthcare system with a surge of those sick with COVID.

COVID-19 is a respiratory illness whose most common symptoms are fever, cough and shortness of breath.

For more information, visit the Oregon Health Authority’s COVID-19 response page [here](#), or visit local Facebook page “Wasco County, Oregon –COVID 19 Information Center.”

NCPHD is not currently testing for COVID-19. Please reach out to your primary care provider for guidance.

(For more information, please contact North Central Public Health District at 541-506-2600 or visit us on the web at [www.ncphd.org](http://www.ncphd.org) or our Facebook page at <https://www.facebook.com/NorthCentralPublicHealth/>.)

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